Training/Sextortion/Hope for ACES



## February 2018 DIBBLE NEWS

• Coming to the UK! Relationship Smarts PLUS Training

## THE LATEST

- Fewer Teens Are Having Sex
- Only Half Teen Moms Have a High School Diploma
- Mental Well-Being Differences in Cohabitation and Marriage
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## NEWS YOU CAN USE

- Promoting Social and Emotional Learning
- <u>Sextortion of Minors</u>
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- Internet Warning Signs and Safety Rules-of-Thumb
- I Teach Middle School Sex-Ed. Here's What Kids Ask Me.
- Healthy Dating Leads To Healthy Marriage Webinar

### **SECOND WEDNESDAY WEBINAR - February 14, 2017**

Daddy Don't Go:

Dismantling the "deadbeat dad" stereotype

FUNDING STREAMS



## Coming to the UK! Relationship Smarts PLUS Training

Now that sex and relationships education is statutory in all schools, get ahead of the curve with <u>Relationship Smarts</u> <u>PLUS</u>! Marline Pearson, author, will lead the training.

Book now – 2 days training: 3-4 October 2018 location: Hertfordshire cost: £650 inclusive of all teaching materials and access to online resources how to book: info@howtothrive.org or call: 0330 133 0776

## Free orientation webinars for decision-makers and teachers:

28 February – 4:30 GMT – Orientation to evidence-based relationship

Orientation to evidence-based relationship education 21 March – 4:30 GMT –

Relationship Smarts PLUS – an in-depth look for teachers

## THE LATEST



Fewer teens are having sex as declines in risky behaviors continue

The number of high-school-age teens who are having sex dropped markedly over a decade, a trend that includes substantial declines among younger students, African Americans and Hispanics, according to a new government report. The survey by the Centers for Disease Control and Prevention showed especially steep declines in the past two years. It adds to evidence about ongoing progress in reducing risky behavior by teenagers, who are <u>becoming</u>

pregnant, smoking cigarettes, drinking alcohol and using marijuana at rates lower than younger people before them, according to public health surveys.



## Half of 20- to 29-year-old women who gave birth in their teens have a high school diploma

Young adults from 20 to 29 years of age who gave birth in their teenage years are less likely to hold a high school diploma or GED, relative to their counterparts who did not have a teen birth. Overall, 53 percent of young women who gave birth as teens received a high school diploma, compared with 90 percent of those who did not. However, women who had a teen birth were much more likely to have a GED (17 percent) than women who did not (4 percent).

Mental Well-Being Differences in Cohabitation and Marriage: The Role of Childhood Selection



important for understanding later life well-being. Nonetheless, they cannot always explain away all differences, as was seen with the unpartnered and women less likely to marry. Overall, however, the results suggest that to

improve mental well-being, policy makers should focus on reducing the adverse effects of disadvantage in childhood and improving mental well-being in adolescence rather than increasing incentives to marry in adulthood.

# The Washington Post Divorcing sex from love hasn't made sex more fun, more safe or less complicated

Concepts such as consent can fall apart during sex with strangers.

Our casual hookup culture may promise greater independence and excitement. It's a means to sex without too many (or any) strings attached. But that lack of strings also comes with downsides: the divorce of love and sex means that we're more likely to have painful and awkward sexual experiences. Romance may be harder to come by. Communication will be much more difficult.

#### What Puts Adolescents at Risk of Experiencing Relationship Violence?

Romantic relationships are a common part of the adolescent experience in Latin America and the Caribbean. However, young people are forming relationships while they're also trying to navigate their own sense of self, and the world around them, amidst limited prospects for education and employment, widespread rural poverty, and high urban violence. We know little about adolescent relationships, but we do know that what happens in adolescence - including dating violence - can have dangerous consequences now, and down the road.

## **NEWS YOU CAN USE**

## Promoting Social and Emotional Learning in the Middle and High School Years

Robert Wood Johnson Foundation This brief reviews the current knowledge of school-based programs designed to promote adolescent social-emotional

competence (SEC). SEC is reflected in the knowledge, skills, and attitudes that young people need to manage thoughts and emotions constructively, regulate their actions, nurture a strong sense of personal and cultural identity, collaborate and resolve interpersonal conflicts, and cultivate healthy relationships. Research in adolescence has shown the fundamental importance of SEC in promoting school engagement, post-secondary completion, and workplace success.

JOURNAL OF Sextortion of Minors: Characteristics and Dynamics ADOLESCENT HEALTH

Sextortion (threats to expose sexual images to coerce victims to provide additional pictures, sex, or other favors) has been identified as an emerging online threat to youth, but research is scarce. This reports describes sextortion incidents from a large sample of 1,385 victims. It examines whether incidents occurring to minors are more or less serious than those experienced by young adults. Sextortion

# Google <u>The surprising thing Google learned about its employees — and what it means for today's</u> <u>students</u>

The seven top characteristics of success at Google are all soft skills: being a good coach; **communicating and listening well**; **possessing insights** into others (including others different values and points of view); **having empathy** toward and **being supportive** of one's colleagues; being a good **critical thinker** and **problem solver**; and being able to make connections across complex ideas.



A national and across-state profile on Adverse Childhood Experiences

This issue brief offers hope and a way forward so that all children and their families can attain optimal physical, social, and emotional development and well-being.

- Children age 6-17 with 2+ ACEs who learn to stay calm and in control when faced with challenges are over three times more likely to be engaged in school compared to children who have not learned these skills.
- A strong family unit is essential when it comes to addressing ACEs, but broader community support is critical to strengthen families.
- The relational skills of those who work with children is especially important.
- Research shows that professionals who practice mindfulness skills, like being open, calm, mentally and emotionally present, flexible, and responsive during interactions with children—and encourage families to practice similar skills—helps children.

(Ed. Note: Check out <u>Mind Matters</u> as a way forward for children, parents, and professionals.)

## **TOOLS YOU CAN USE**

Internet Warning Signs and Safety Rules of Thumb

Unfortunately, there's no app that sends you a warning every time a conversation is getting kind of risky. But by knowing some warning signs, safety rules of thumb, and what to do if you do feel uncomfortable, you can help protect yourself and your friends.

The Washington post Leach middle school sex-ed. Here's what kids ask me and what parents should know.

Phyllis Fagell has dealt with her share of awkward sex questions from middle school kids. Here are some tips for parents on how to have the sex talk with their families.



## Healthy Dating Leeds $T_0^{\circ}$ Healthy Marriage Webinar

Join the National Resource Center for Healthy Marriage and Families to learn how instilling healthy dating

habits in teens and young adults can lead to healthy marriage. Today, young adults are more likely to cohabitate than marry, and those who do marry, marry later.

Unmarried, cohabitating couples are more likely to suffer domestic violence and unfavorable economic situations than those who are married. Additionally, teen girls and young women are almost three times more likely to be in an abusive relationship and are at greater risk for human trafficking than many other demographic groups.

## SECOND WEDNESDAY WEBINAR

February 14



Daddy Don't Go Dismantling the "deadbeat dad" stereotype

**About the webinar:** Emily Abt, the producer/director of "Daddy Don't Go", will describe the "whys" and "hows" of her feature length documentary about four disadvantaged fathers in New York City as they struggle to beat the odds and defy the deadbeat dad stereotype.

"Daddy Don't Go" is a tough but tender journey that aims to illuminate the everyday struggles of disadvantaged fathers. Alex, Nelson, Roy and Omar shatter the deadbeat dad stereotype and redefine what it means to be a good father for all men.

The skills taught in Mind Matters are designed to be practiced over a lifetime. The curriculum is not meant to be group therapy or to replace psychotherapy. Rather, it is intended to be facilitated by paraprofessionals to inspire, uplift, and set young people on the journey of healing as they cultivate deeper resilience.

Presenter: Emily Abt, Producer/Director, Pureland Pictures

Who should attend: Fatherhood practitioners, marriage and healthy relationship grantees, child support staff, workforce development programs, marriage and family life students and researchers, Family and Consumer Sciences educators, and policy makers.

When: Wednesday, February 14, 2018, 4:00 pm Eastern/1:00 pm Pacific

Duration: 60 minutes

Cost: Free!

#### FUNDING STREAMS

We curate this list of grants with the goal of increasing the numbers of youth who benefit from participating in a Dibble program. Please contact us about ways we can work with you to strengthen your application.



Support for Expectant and Parenting Teens, Women, Fathers, and Their Families

The PAF program provides support for States and tribes to develop and implement programs to improve the educational, health, and social outcomes for expectant and parenting teens, women, fathers and their families. The PAF program provides funding to States and tribes to establish, maintain, or operate life-affirming services for expectant and parenting teens, women, fathers and their families in high schools, community service centers, and Institutions of Higher Education.

(Ed note: One allowable grant activity that Dibble can help you with is: "Education to improve emotional health, parenting, and marriages." Both Love Notes - Relationship Skills for Young Adults and Young Parents and <u>Mind Matters</u> - Overcoming Adversity and Building Resilience will make a positive impact with the expectant and parenting young adults you serve with this funding.)

#### **Grant Forecast**



Personal Responsibility Education Program (PREP) Competitive Grants

Applications will be accepted from local organizations and entities, including faith-based organizations or consortia, for the development and implementation of the Personal Responsibility Education Program (PREP) in Florida, Indiana, Kansas, North Dakota, Texas, Virginia, American Samoa, and the Marshall Islands. The purpose of this program is to fund projects that educate youth on abstinence and contraception for the prevention of pregnancy, sexually transmitted infections, and HIV/AIDS, and incorporate at least three of the six adulthood preparation subjects. The adulthood preparation subjects are: **healthy relationships, adolescent development, financial literacy, parent-child communication**, educational and career success, and **healthy life skills**. This program targets services to highrisk, vulnerable and culturally underrepresented youth populations between the ages of 10 and 19, and pregnant and parenting youth under age 21.

(Ed. Note: Check out the Dibble toolkit for PREP applicants!)

#### Grants Strengthen Programs for Children Impacted by Domestic Violence



#### WEYERHAEUSER FAMILY FOUNDATION Weyerhaeuser Family Foundation Children's Initiative

The Weyerhaeuser Family Foundation's Children's Initiative provides support to direct service programs throughout the United States that **create and promote stability, resilience, and healing for children who have witnessed domestic violence**. Eligible programs must provide direct, age-appropriate services to children up to 14 years of age who have witnessed domestic violence, include a plan for an outcome-based assessment of the program activities, enhance the relationship between the child and parent or primary caregiver, and be a new program (within the first year of development). The average grant size is \$25,000. The deadline for Stage One Applications is March 1, 2018. Visit the Foundation's website to learn more about the funding guidelines and application process.

## Grants Promote Economic Literacy Efforts

## the calvin K. KAZANJIAN

#### ECONOMICS FOUNDATION Calvin K. Kazanjian Economics Foundation

The Calvin K. Kazanjian Economics Foundation is dedicated to the goal of increasing economic literacy throughout the United States. The Foundation provides grants to programs with national impact that address the following issues: raising the public's participation in economic education and creating a demand for greater economic literacy; encouraging measurement of economic understanding; developing the application of new strategies for teaching economics, including online and web-based instruction; **helping those working in social service agencies, particularly social workers, provide financial and economic understanding; and helping disenfranchised youth or young adults with children learn to participate in the economic system. Requests from nonprofit organizations and educational institutions are reviewed two times per year; the upcoming application deadline is February 15, 2018. Visit the Foundation's website to review the application guidelines.** 

### Health Programs in Colorado, Illinois, Iowa, and Oklahoma Funded

**TELLIGEN COMMUNITY INITIATIVE** 

## **Telligen Community Initiative**

The mission of the Telligen Community Initiative (TCI) is to support innovative and forward looking health-related projects aimed at improving health, **social well-being**, and educational attainment. Grants are provided to nonprofit organizations, educational institutions, and government agencies serving communities in Colorado, Illinois, Iowa, and Oklahoma. TCI's funding priorities include the following: Health Innovation, **Social Determinants of Health**, and **Healthcare Workforce Development**. The letter of inquiry deadline for applicants in Colorado and Oklahoma is March 1, 2018; the deadline for Illinois and Iowa applicants is July 2, 2018. Visit the TCI website to download the 2018 Request for Proposals.

## **Conflict Resolution Initiatives for Youth Funded**



## JAMS Foundation/ACR Initiative for Students and Youth

The JAMS Foundation/ACR Initiative for Students and Youth provides grants for **conflict prevention and dispute resolution programs for K-12 students** and for adults working with youth populations in ways that directly transfer Conflict Resolution Education (CRE) skills from adults to youth. The emphasis for 2018 is on programs that advance the development, implementation, or assessment of conflict prevention and resolution strategies to serve youth in families whose integrity is jeopardized by changes in social environment that can lead to gang involvement. The possible contexts for projects include community organizations, alternative education, online education, charter schools, after-school programs, juvenile justice facilities, etc. (Traditional K-12 schools may be considered; however, they are not a priority.) Initial project idea descriptions must be submitted by February 14, 2018; invited full proposals will be due June 26, 2018. Visit the ACR website to download the application information.

## Support for Communities Served by CSX



CSX Community Investment Program

The CSX Community Investment Program supports nonprofit organizations that serve the communities where the company is located, primarily in the Eastern, Southern, and Upper Midwest areas of the United States. The program provides assistance to nonprofit organizations that address one of the following categories: Safety, with a focus on railway, public, and personal safety; Environment, with a focus on land, water, and air preservation and restoration; Wellness, with a focus on **healthy lifestyles** and wellness education; and Community, with a focus on community leadership and service. Cash grants (\$2,500 to \$5,000), sponsorships, volunteer support, and in-kind transportation services are provided. Online applications may be submitted from January 1 through December 15 of each year. Visit the CSX website to download the Giving Guidelines.

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