

Love Notes-46% Drop In Pregnancy; Romance Protective for LGBT Youth; Apply to Pilot FUTURE



July 2018

#### DIBBLE NEWS

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- [Relationship Smarts PLUS – Changes in violence-related attitudes](#)
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SECOND WEDNESDAY WEBINAR - July 11, 2018

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#### DIBBLE NEWS

[Love Notes – 46% drop in pregnancy rates](#)

According to Principal Investigator, Anita Barbee of the University of Louisville, “Across the first year after the intervention, youth in Love Notes were **46% less likely to become pregnant or impregnate a partner** than those in the control condition. We also found that Love

Notes reduced risky sexual behaviors of sexual initiation, enhanced the use of condoms and birth control in those who



### [Understanding change in violence-related attitudes for adolescents in relationship education](#)

Relationship education (RE) targets common correlates of adolescent dating violence (ADV), such as gender role beliefs (GRB) and DV acceptance (DVA), yet few studies have evaluated the influence of RE on GRB and DVA and none have considered participants' sociodemographic characteristics. This study using [Relationship Smarts PLUS](#) as the intervention examined pre- and post-test GRB and DVA scores of RE compared to nonparticipants and explored the differential and combined effects of participants' sociodemographic characteristics on change. Black males held the most traditional GRB at pre-test, but became more egalitarian after programming. RE participation also appeared to act as a buffer against an increase in DVA for females, but not males.



### [Apply to pilot FUTURE, a new Dibble program](#)

The Dibble Institute is currently accepting applications from clients to pilot our new health class curriculum, **FUTURE Forward and Upward Through Understanding and Relationship Education**. **FUTURE** is an adaptation of our program, [Healthy Choices, Healthy Relationships](#), with high-needs youth in mind.

We will work with up to two organizations who can reach 10-20 vulnerable youth with 12 lessons before December 31, 2018. The selected groups will receive draft versions of the instructor's manual with PowerPoints and student reflection journals at no charge. At the conclusion of instruction, the instructors will provide Dibble with feedback to improve the program. We will send each organization a benchmark payment of \$200 when reporting is complete.

To learn more, please contact [Kay Reed](#), Executive Director.

## THE LATEST



[Put a ring on it? Millennial couples are in no hurry.](#)

The millennial generation's breezy approach to sexual intimacy helped give rise to apps like Tinder and made phrases like "hooking up" proceed with caution.

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 [Can Romance Protect the Mental Health of LGBT Youth?](#)

Even with increasing social acceptance in recent years, people who identify as Lesbian, Gay, Bisexual, or Transgender still experience prejudice, discrimination, and victimization because of their sexual orientation. For LGBT youth, bullying by peers and rejection by family members are common. Not surprisingly, this often leads to psychological distress and mental health issues like depression.

[A recent study](#) published in the *Journal of Abnormal Psychology*, found that romance – that is, being in a romantic relationship – may be one factor that can protect LGBT youth from the negative psychological effects of victimization.

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 [Sex Education Standards Across the States](#)

State sex education standards in public schools vary widely. According to state laws and education standards, only 10 states and the District of Columbia mention the terms “**healthy relationships**,” “**sexual assault**,” or “**consent**” in their sex education programs. This means that the majority of U.S. public school students do not receive instruction through their state’s sex education program on how to identify healthy and unhealthy relationship behaviors.

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## TOOLS YOU CAN USE

 [How Can Social and Emotional Learning Empower the Class of 2030?](#)

We focused on the needs and aspirations of our subjects: the young people who make up the class of 2030 and those closest to understanding their world. Within that context, we found two core themes: **social emotional skills** and personalized learning. Whilst not new in education, these are newly important for more people. Employers are placing a **premium on social skills and emotional literacy** with up to 40% of future jobs requiring explicit social emotional skills.

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 [Tackling bullying could help reduce depression in autistic teens](#)

Teenagers with difficulties in social communication, including autism have higher rates of depressive symptoms, especially if they are being bullied. Researchers at the University of Bristol found that children with autism and those with autistic traits had more symptoms of depression when they were 10 years old than their peers and that this continued at least up to the age of 18.

(Ed. Note: Check out *Mike's Crush*, an eight-hour program that teaches young people with autism and intellectual disabilities how to

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## SECOND WEDNESDAY WEBINAR

July 11



### Adverse Childhood Experiences: Implications for Policymakers and Practitioners

**About the webinar:** Dr. Murphey will review the science of childhood trauma, and the prevalence of childhood experiences that can create it. Trauma, or toxic stress, can have lasting harmful effects on multiple body-systems, affecting lifetime health and well-being. Drawing on recently released data collected nationwide, the presentation will highlight implications for those who work with children and families, or on their behalf.

**Presenter:** **Dr. David Murphey**, Ph.D., Research Fellow and Director of Child Trends DataBank

**Who should attend:** Relationship educators, policymakers, marriage and fatherhood grant managers, runaway and homeless youth workers, pregnancy prevention staff, Extension agents, Community Action Agency staff, social workers, foster families, Head Start caseworkers, juvenile justice caseworkers and all who work with at-risk youth.

**When:** Wednesday, **July 11, 2018, 4:00 pm Eastern/1:00 pm Pacific**

**Duration:** 60 minutes

**Cost:** Free!

[REGISTER NOW](#)

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**FUNDING STREAMS**



California Department of Public Health

**Rape Prevention and Education Program**

The California Department of Public Health is seeking applications from local rape crisis centers (RCCs) to implement and evaluate sexual violence (SV) primary prevention projects for either of two (2) separate funding tiers:

- Tier 1 projects will implement and evaluate community mobilization projects using the Close to Home (C2H) strategy (community-based) (\$125,000); or
- Tier 2 projects will implement and evaluate selected comprehensive school-based projects (school-based) (\$85,000).

If interested in a copy of the RFA, please email [sac@cdph.ca.gov](mailto:sac@cdph.ca.gov)

(Ed. Note: [Relationship Smarts PLUS](#) is an allowable intervention for Tier 2 projects based on its significant outcomes related to decreasing aggression.)

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*Funds for Trauma Support Organizations in Communities Affected by Disasters*



**Building Resilience in the Face of Disaster**

Building Resilience in the Face of Disaster, an initiative launched by the Alliance and the New York Life Insurance Company, will support nonprofit community-based organizations providing long-term trauma and grief support to those in geographic areas impacted by major weather disasters in 2017, including Hurricanes Harvey, Maria, and Irma, and the California wildfires, as well as significant human-made tragedies that have occurred in Parkland, FL; Las Vegas, NV; and Sutherland Springs, TX. Applicants must have experience with **trauma-informed care** or grief services. The application **deadline is July 13, 2018**. Visit the Alliance for Strong Families and Communities to download the request for proposals.

(Ed. Note: Those of you using or considering [Mind Matters](#) might find this to be of interest.)

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*Support for Organizations in Company Communities*

**Gannett Foundation: Community Action Grant Program**

The Gannett Foundation provides support to nonprofit organizations that serve the [communities](#) where Gannett Co.,

**education**, neighborhood improvement, economic development, **youth development**, community problem-solving, assistance to disadvantaged people, environmental conservation, and cultural enrichment. The upcoming postmark **deadline is August 17, 2018**, for most locations. Proposals should be submitted to the local newspaper publisher or TV station general manager. Visit the Foundation's website to review the grant guidelines and download the application form.

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*Organizations in Alabama, Arizona, California, Colorado, Florida, New Mexico, and Texas*

## **BBVA Compass** [BBVA Compass Foundation](#)

The BBVA Compass Foundation supports nonprofit organizations that are making a positive impact in the communities the bank serves. The Foundation's focus areas include community development/**financial literacy**, education, health and human services, arts and culture, environment and natural resources, and diversity and inclusion. Online applications are due September 28, 2018. Visit the bank's website to learn more about the Foundation's guidelines and application process. *(Ed. Note: Those of you using or considering [Money Habitudes](#) might find this to be of interest.)*

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