



## Healthy Relationship News - May 2017

### DIBBLE NEWS

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- [Love Notes training - July 25-26](#)

### THE LATEST

- [Cohabiting Parents – Married Parents](#)
- [Men & Women Defining Sexual Assault](#)

### NEWS YOU CAN USE

- [Romantic Competence in Emerging Adults](#)
- [Infant Stimulators Encourage Pregnancy](#)

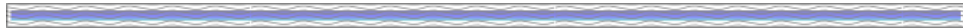
### TOOLS YOU CAN USE

- [The Teen Brain – Video and Brochure](#)

### SECOND WEDNESDAY WEBINAR - May 10, 2017

*Essential Collaborations: Successfully Implementing Relationship Education with Underserved Students*

### FUNDING STREAMS



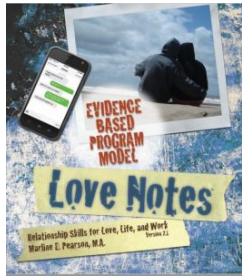
### DIBBLE NEWS



#### [Celebrate – Love Notes](#)

[Love Notes](#) joined the federal evidence base pregnancy prevention list in 2016!

As part of [National Teen Pregnancy Prevention Month](#), take a look at Dibble's innovative intervention that moves beyond the health paradigm by helping young people learn how to make smart choices and wise decisions about their love lives.



## [Love Notes Training – July 25-26 – Denver, CO](#)

A 2-day [Love Notes](#) training is coming to **Denver, Colorado** on **July 25-26, 2017** prior to the [National Association of Relationship and Marriage Educators](#) (NARME) conference!

Registration for a 2-day training is usually \$425 but for NARME we have a **special conference rate of only \$390.00**. All participants must have a copy of Love Notes 2.1 for the training.

Click [here](#) for registration details. *If you are unable to attend the NARME conference, you may still attend the Love*

*Notes training.*

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## THE LATEST

### [BROOKINGS Cohabiting parents differ from married ones in three big ways](#)

To understand what lies behind the “stability gap” between married and cohabiting parents, it is therefore useful to look at the other ways in which married and cohabiting couples differ, aside from marital status. In this paper, we examine three factors in particular—intendedness of childbearing, levels of education, and earnings—and show stark differences between cohabiting and married parents. Most married parents planned their pregnancy; most cohabiting couples did not. Married parents are also, on average, much better educated and earn much more than cohabiting parents.

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## Rewire [Men and Women May Define Sexual Assault Differently](#)

Women were more likely to see certain behaviors as sexual assault. For example, 72 percent of women called “watching someone in private without their knowledge or permission” assault, compared with just 56 percent of men. Similarly, 79 percent of women would consider “sexual intercourse where one of the partners is pressured to give consent” to be assault compared to just 67 percent of men. And awareness of verbal harassment was low among men (48 percent) and particularly among young men ages 18 to 34 (46 percent).

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## NEWS YOU CAN USE

### [Romantic competence, healthy relationship functioning, and well-being in emerging adults](#)



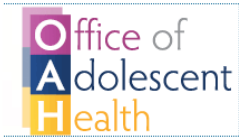
A skills-based model of healthy relationship functioning—romantic competence (RC)—is described. Its association with relationship and individual well-being was examined in three studies of emerging adults using the Romantic Competence Interview for Emerging Adults (RCI-EA), which measures competence as the interplay of three skill domains. Across studies (women [ $n = 102$ ], women and men [ $n = 187$ ], romantic couples [ $n = 89$ ]), RC was associated with greater security, healthier decision making, greater satisfaction, and fewer internalizing symptoms.

## THE LANCET [Infant simulators, designed to discourage teen pregnancy, actually encourage it](#)

In high schools around the world, teenagers are handed an electronic doll to care for for a day or two, to expose them to the challenges of parenting. The thought is that these so-called infant simulators will reduce the incidence of [teen pregnancy](#). But the first randomized trial on the dolls finds they may do the exact opposite — actually increasing pregnancy rates in schools where they're used.

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## TOOLS YOU CAN USE



### [Video - Power of the Adolescent Brain](#)

As part of the national call to action **Adolescent Health: Think, Act, Grow®** (TAG), the HHS Office of Adolescent Health (OAH) has released a new video that highlights the latest research on the adolescent brain.

"[The Power of the Adolescent Brain](#)" video reviews adolescent brain development and how it affects learning, health, and behavior. It features Frances Jensen, MD, Professor and Chair of the Department of Neurology at the Perelman School of Medicine, University of Pennsylvania. Drawing on clinical experience and research, and inspired by her personal experience of parenting two teenage boys, Dr. Jensen shares what is known about adolescent brain development, functioning, and capacity.

**Brochure – [The Amazing Teen Brain – What Parents Need to Know](#).**

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## SECOND WEDNESDAY WEBINAR

May 10



### **Essential Collaborations:**

*[Successfully Implementing Relationship Education with Underserved Students](#)*

**About the webinar:** [ChildBuilders](#) of Houston, Texas faced many challenges when introducing Relationship Smarts PLUS to disadvantaged youth. Limited instructional time, untrained staff, lack of funding, discipline issues, student mental health concerns, low parental support, and inconsistent attendance were some of the barriers that discouraged schools from fully participating in the program.

essential social and emotional skills presented in Relationship Smarts PLUS..

Learn how their partnership is beneficial for both organizations as well as for the students they serve. Gain an understanding of what it takes to seek and develop new partnerships, communicate goals and expectations, share resources, and secure funding.

**Presenters:**

**Amanda Siroosian** — Program Director | ChildBuilders

**Angelica Edwards** — Linkage Manger | ProUnitas

**Who should attend:** Healthy Marriage and Relationship grantees, dating violence prevention staff, mental health agency staff, community based organizations, agencies who want to learn how to work more closely with community partners and schools.

**When:** Wednesday, **May 10, 2017**, 4:00 pm Eastern/1:00 pm Pacific

**Duration:** 60 minutes

**Cost:** Free!

[REGISTER NOW](#)

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## FUNDING STREAMS

*Support for Innovative Organizations in Louisiana and New Mexico*



### [The Frost Foundation](#)

The Frost Foundation provides support to nonprofit organizations in the states of Louisiana and New Mexico. The Foundation's areas of grantmaking interest include education, human service needs, and the environment. **The Foundation's efforts are directed primarily to supporting exemplary organizations that can generate positive change beyond traditional boundaries, to encouraging creativity that recognizes emerging needs, and to assisting innovation that addresses current urgent problems.** Priority is given to programs that have the potential for wider service or educational exposure than an individual community. The proposal summary deadlines are June 1 and December 1, annually. Visit the Foundation's website to review the application instructions.

*Support for Initiatives Promoting Healthy Living*



### [Aetna Foundation: Cultivating Healthy Communities](#)

The Foundation's Cultivating Healthy Communities grant program is intended to help local communities in the continental U.S. to become healthier places to live, with emphasis on projects that benefit **underserved, low-income, and minority communities**. Grants are provided to nonprofit organizations, government agencies, and federally recognized Indian tribes committed to improving the health of their participants by focusing on activities that align to one or two of the following five domains: **Healthy Behaviors**, Community Safety, Built Environment, Social/Economic Factors, and Environmental Exposures. Applicants can request between \$50,000 and \$100,000 for projects lasting between 18 and 24 months. The Stage 1 application deadline is April 14, 2017; Stage 2 applications are due June 16, 2017.

### *Mental Health Programs Initiated by Medical Students Funded*



### [American Psychiatric Association Foundation: Helping Hands Grant Program](#)

The Foundation's Helping Hands Grant Program was established to encourage medical students to participate in community service activities, to raise awareness of mental illness and the importance of early recognition of illness, and to build medical students' interest in psychiatry and working in underserved communities. The program provides grants of up to \$5,000 to medical schools for mental health and substance use disorder projects that are created and managed by medical students, particularly in underserved minority communities. Funded projects can be conducted in partnership with community agencies or in conjunction with ongoing medical school outreach activities. The application deadline is May 31, 2017.

### *Organizations Enhancing the Quality of Life in Texas Funded*



### [Ed Rachal Foundation](#)

The Ed Rachal Foundation is dedicated to enhancing the quality of life for the people of Texas. The Foundation provides grants to nonprofit organizations in a wide range of areas, including **education, children and youth, health and social services**, environmental issues, arts and culture, and community and civic affairs. Grant applications may be submitted throughout the year and are reviewed quarterly. Visit the Foundation's website to learn more about the grant guidelines and application procedure.

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