### RFP to Evaluate Mind Matters/Sextortion/Churning and Children



# November 2018 DIBBLE NEWS

Dibble Announces RFP to Study Mind Matters

#### THE LATEST

- Study Uncovers 'Sextortion' Prevalence in Teens
- Less Sleep Associated with Risky Behaviors in Teens

#### **NEWS YOU CAN USE**

- The Teen Brain: How Schools Can Help
- Cohabitation, Churning, and Children

#### **TOOLS YOU CAN USE**

- Preventing Adverse Childhood Experiences (ACEs)
- Culturally Responsive Approaches

## **SECOND WEDNESDAY WEBINAR - November 14, 2018**

Implementing Erin's Law Through Relationship Skills Education

#### **FUNDING STREAMS**

## **DIBBLE NEWS**

Announcement of Request for Proposal



The Dibble Institute is pleased to announce a competitive cooperative agreement opportunity to conduct an initial

We will fund up to \$15,000 for an 18-month (from award to final report) evaluative study to understand what participants learn, what changes they have seen in their lives, and what the instructors have observed over the course of the instruction. Example outcomes include, but are not limited to: emotional regulation, anxiety, interpersonal skills, and physical health. An experimental or quasi-experimental design with control or comparison group is encouraged, but not required.

#### THE LATEST



Study Uncovers 'Sextorion' Prevalence in Teens

According to the United States Department of Justice, "sextortion" is labeled as the most important and fastest-growing cyberthreat to children, with more minor victims per offender than all other child sexual exploitation offenses. Sextortion in children catapulted into the spotlight in 2012 with the suicide of 15-year-old Amanda Todd from British Columbia.

HARVARD MEDICAL SCHOOL

#### Less Sleep Associated with Risky Behavior in Teens

The amount a teenager sleeps is associated with how likely they are to engage in risky and suicidal behavior, a new study said. "Fewer hours of sleep on an average school night [is] associated with increased odds of all selected unsafe behaviors," the authors wrote, including risk-taking while driving, such as drunken driving, potentially unsafe sexual activity, aggressive behavior and use of alcohol, tobacco and other drugs.

(Ed Note: Mind Matters helps to reduce risky behaviors and increase protective factors by increasing self-awareness, self-soothing, and dealing with toxic stress - all reasons youth might not be sleeping.)

### **NEWS YOU CAN USE**

EDUCATION WEEK

Teen Brain: How Schools Can Help Students Manage Emotions and Make Better Decisions

Adolescence tends to be seen by parents—and many teachers—with dread. Teenagers are likelier to engage in risky behaviors and disengage from school. But emerging cognitive and neuroscience research suggests ways schools can help leverage teens' strengths in this unique developmental period.

### Cohabitation, Churning, and Children's Diverging Destinies

Heather Rackin and Christina Gibson-Davis's recent study highlights one of the mechanisms through which today's family patterns result in greater economic difficulties: cohabitation. Rackin and Gibson-Davis explain how the rise in cohabitation has disadvantaged children of lower and moderately-educated mothers more than children whose mothers have a college degree.

## **USEFUL TOOLS**

CENTERS FOR DISEASE

Preventing Adverse Childhood Experiences (ACEs)

Adverse childhood experiences—commonly known as ACEs—affect children and families across all communities.

ACEs can impact kids' health and well-being, and they can have long-term effects on adults' health and wellness. Thankfully, ACEs are preventable.

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7 Components for Developing Culturally Responsive Approaches

As the U.S. population grows increasingly diverse, a culturally responsive approach is essential. Still, it can feel daunting to implement and practice culturally responsive approaches, especially when starting from scratch. Here are seven components that serve as the foundation to creating strong culturally responsive programs.

# **SECOND WEDNESDAY WEBINAR**

## **November 14**



Implementing Erin's Law Through Relationship Skills Education Years of research show that robust healthy relationship education can pull many levers in a young person's life. One sphere it can impact is child sexual abuse prevention.

Erin's Law, passed in 35 states, requires that all public schools implement a prevention-oriented child sexual abuse program. The Mary Black Foundation in South Carolina has used Love Notes to help classrooms meet that requirement.

Learn from Anita Barbee, Ph.D. from the University of Louisville, the research underpinnings that make Love Notes such an effective sexual abuse prevention intervention.

Then hear from Polly Edwards-Padgett how the Mary Black Foundation selected Love Notes, gained access to the schools, their implementation approach, including funding, and how you can explore doing the same in your state.

#### Objectives:

- 1. Identify how Love Notes helps in the prevention of sexual abuse.
- 2. Exam Erin's Law to see how it has expanded the opportunities for Sexual Abuse Prevention education in the classroom.
- 3. Hear from a community leader about how they implement Love Notes to satisfy the requirements for Erin's Law.

#### **Presenters:**

Anita Barbee, PhD, MSSW, Professor and Distinguished University Scholar President, International Association for Relationship Research Lead Evaluator, Children's Bureau Quality Improvement Center on Workforce Development Principal Investigator, FYSB SRAE Grant Champs II: Love Notes Kent School of Social Work, University of Louisville

Polly Edwards-Padgett, Adolescent Health Project Director, The Mary Black Foundation, Spartanburg, SC

Cathy Guidry, Training Coordinator, the Dibble Institute

Who should attend: Healthy marriage and healthy relationship organization grantees, staff, evaluators, policy makers; teen pregnancy and dating violence prevention practitioners, Extension professionals, health educators, family stabilization staff, anyone with interest in youth and relationship education.

When: Wednesday, November 14, 2018, 4:00 pm Eastern/1:00 pm Pacific

**Duration:** 60 minutes

Cost: Free!

**REGISTER NOW** 

### **FUNDING STREAMS**

We curate this list of grants with the goal of increasing the numbers of youth who benefit from participating in a Dibble program. Please contact us about ways we can work with you to strengthen your application.

# Kush Desai Funds for Social Programs in Colorado

The Kush Desai Foundation is dedicated to making a positive difference in the state of Colorado. The Foundation's current areas of interest include social programs that provide services for survivors of domestic violence and sexual assault, children and families in need, **individuals and families struggling with mental health**, individuals nearing the end of their lives, and individuals and families experiencing homelessness. The application deadline is **December 15, 2018**.

# Tegrants Empower Girls in the San Francisco Bay Area and Internationally

The Girls Rights Project is dedicated to ensuring that girls throughout the world have a right to life, health, freedom, and education and to ending trafficking, violence, and other forms of mistreatment and discrimination against girls. Areas of interest include **education and empowerment, anti-trafficking,** legal reform, human rights, health, and gender equality. Grants generally range from \$1,000 to \$10,000, and priority is given to organizations for whom small grants can make an impact. Applications are accepted throughout the year. Visit the Girls Rights Project website to request a grant by completing the <u>contact form</u>.

## **Funds for Community Organizations in Tennessee**

The First Tennessee Foundation provides support to nonprofit organizations located in communities served by the bank throughout the state of Tennessee. The Foundation's areas of interest include arts and culture, **education and helping youth**, environmental sustainability, financial literacy and economic development, and healthcare and human services. Online applications for the 2019 funding cycle may be submitted through **December 1, 2018**.

SAPREYS

Support for Organizations Improving the Quality of Life for Oklahomans

significance. Preference is given to organizations that have been in operation at least three years. The upcoming deadline for letters of inquiry is **December 1, 2018**. (Interested applicants should speak with a Foundation staff member prior to submitting a letter of inquiry.) Invited proposals will be due **February 1, 2019**.

MALONE FAMILY FOUNDATION

# ATION Support for Creative Education Programs in Alabama

The mission of The Malone Family Foundation is to promote positive changes in the lives of people, who in turn can build and enhance the communities in which they live. The Foundation primarily supports nonprofit organizations in the state of Alabama. Initiatives whose direct objectives are providing better education, **promoting self-esteem**, **and instilling in its beneficiaries a desire to improve oneself** are of special interest. Preference is given to **creative programs in the area of education** from pre-kindergarten through higher education. Letters of inquiry are due **November 15, 2018**; the deadline for invited proposals is **December 15, 2018**.

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