

Evidence-Based Teen Pregnancy Prevention Programs at a Glance*

	Recent Sexual Activity # of Sexual Partners Frequency of Sexual Activity Contraceptive User /Consistency Sexual Initiation & Abstinence Pregnancy or Birth STDs (Including HIV)									
Program Name	Outcomes							# of Sessions	Program Duration	Age Program/(Eval)
Love Notes	●		●	●	●	●		13	2 days to 3 months	15-24 (14-19)
Promoting Health Among Teens! Abstinence-Only Intervention	●				●			8	8 hours	11-18
Heritage Keepers Abstinence Education					●			5 or 10	5 to 10 days	11-18

*Accessed from: <https://www.hhs.gov/ash/oah/sites/default/files/ebp-chart1.pdf> February 21,2019