



Welcome!

Getting to the Heart of the Matter:

Relationship Education for Juvenile Detention
and Re-entry Programming

We will begin promptly at 4 PM Eastern time.



Webinar Information

- If you are unable to access audio through your computer, please use your phone: **+1 (415) 655-0059**/access code: 246-928-517. All attendees are muted

Ways to participate:

- Type your questions in the “Questions” box
- Raise your hand
- Answer the poll questions
- This webinar will be archived at:
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The Dibble Institute

Relationship Skills for Teens and Young Adults

CHARLIE AND HELEN DIBBLE





The Dibble Institute

Relationship Skills for Teens and Young Adults

What the Dibble Institute believes ...





Laura Waggle

Perry County Detention Center

Perry County, Ohio



“Getting to the Heart of the Matter”

Laura Waggle – Program Instructor



Relationship Education for Juvenile
Detention and Re-Entry Programming

Perry Multi-County Juvenile Facility

- 2 Classes of 5-7 students – Male felons, aged 12-18
- Relationship Smarts Plus
- 12 Week sessions, 1 evening a week



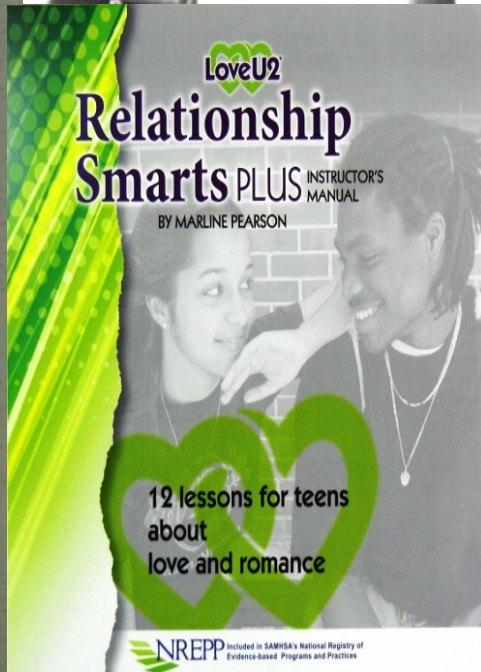
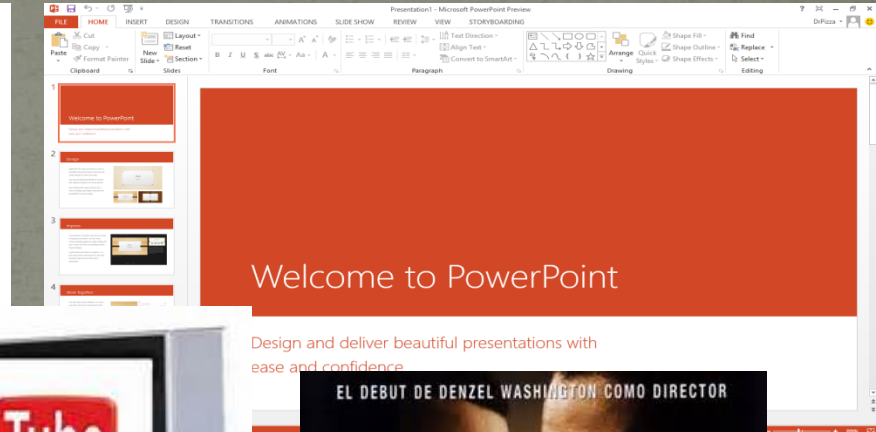
This is Your Life: Empowering Youth Through Choice



Choices

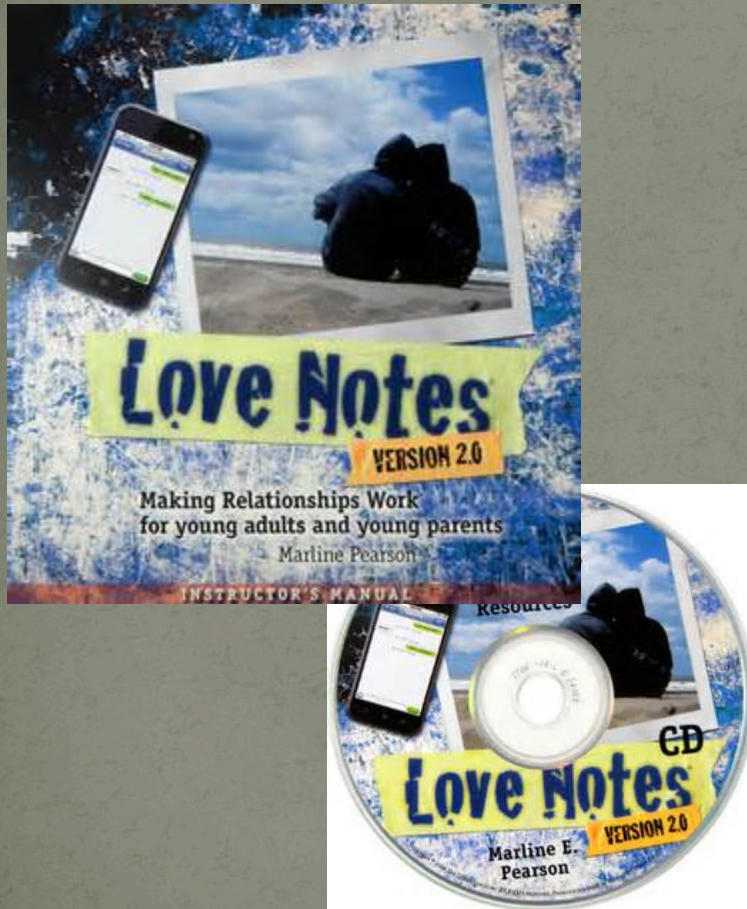
- Incarcerated Youth have few choices
- Frequent reminders are appropriate to remind them they have the power to reclaim their futures and control their own behavior
- Offering choices in regard to lesson direction fosters ownership of the programming

Meeting kids where they are: A marriage of media and curriculum



Important Resources

- Love Notes



- * Music : Switchfoot and Lecrae

- * “This Is Your Life” Switchfoot

- * “Just Like You” by Lecrae



* Fresh Starts and New Beginnings: Relationships Smarts Can Begin Today.

Re-evaluating:

- Goals
- Values
- Communication methods
- Baggage and family patterns
- Boundaries
- Relationships
- Roles



Transformations

- Trey: No more hit it and quit it
- Mike: Serving time or letting time serve you
- Ramon: New boundaries for an old relationship



Impact: Repeat to Maximize

- Review is a powerful tool
- After relationship is established, students are more likely to receive and respect information being delivered.
- Celebrate successes with your pupils!



Marcia White

IMPACT Community Action

Columbus, Ohio



Training

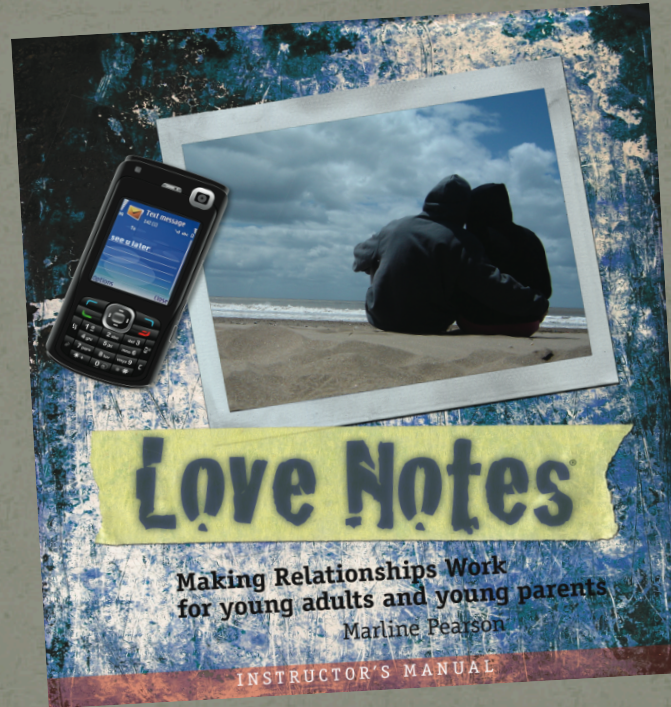
70 hours of instruction:

- *“Mis-Socialization of Formerly Incarcerated Persons”* – 20 hours
- *“Cognitive Behavior Therapy”* - 34 hours
- *“Love Notes: Building Healthy Relationships”* – 16 Hours
- A three-week curriculum:
Monday through Friday
9:00 a.m. to 3:00 p.m.
- Each class is designed for 15 – 20 people



Love Notes

Making Relationships for young adults and parents



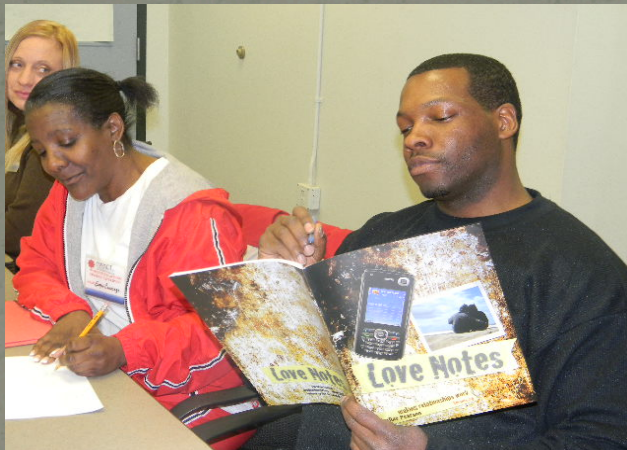


The Re-Entry Program was developed out of a need from the Workforce Readiness Employment Plus Program. What we noticed were people coming into the program from incarceration had some challenges with classroom etiquette, relationship and socialization.





We provide services for participants 18 years and older, male and female, who have been released within one year of incarceration from jail, prison or halfway houses. Currently, we do not provide services to convicted arsonists and/or sex offenders.





Most of our recruitment is through word of mouth from former participants, job fairs inside prisons and jails, partnerships with State and Federal Court systems, Adult Parole Authority Probation Officers, transition housing staff and local communities of faith.



Re-Entry addresses Matters of the Heart?

Topics to be Covered

- Knowing Myself
- About Relationships & Love
- Thinking about Sex in Deeper & Bigger Ways; Making Plans
- Communication/Conflict Skills for Healthy Relationships



Why Healthy Relationships Matter in the Workplace

- Knowing Yourself
- Colors Personality Style
- Examining the past- Good & Bad Baggage
- Sorting Baggage activity- what's good, bad or could-be-either?
- Workbook Questionnaire-patterns experienced growing up
- Importance of examining past hurts-discussion
- My Future & Expectations
- Creating a tree of my life-Possible Selves Tree Drawing
- Identifying Expectations-why it's important
- What are my expectations? Workbook questionnaire



Why Healthy Relationships Matter in the Workplace



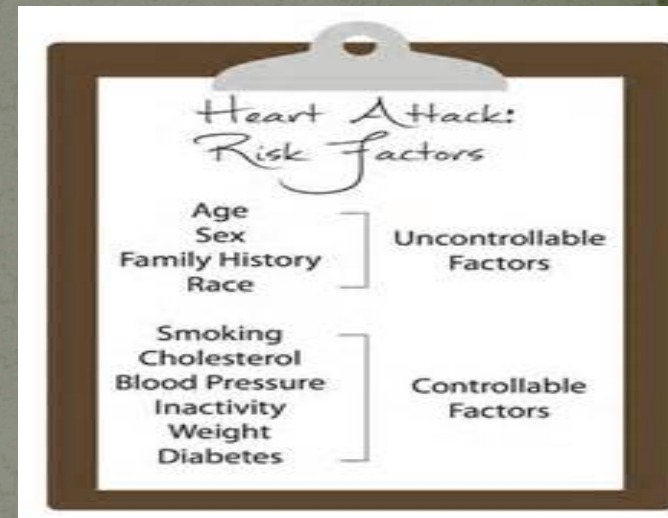
- 75% of the women killed on the job (non-robbery) were murdered by a former intimate partner.
- Nationally, homicide is the second leading cause of death for women on the job with 20% of those having been murdered by their partner.
- **Businesses lose an estimated \$727.8 million in productivity with over 7.9 million paid workdays lost annually because of intimate partner violence.**
- Studies show that 1 in 4 women experience physical violence from an intimate partner at some point in their lives.

“Matters of the Heart and Re-Entry”

Risk Factors for the First Heart Attack

Family history of heart issues -- You can't change your family history, but you can change some risk factors like weight, blood pressure, exercise, and smoking are dynamic factors that can be targeted for change.

Using *Love Notes* as a tool to address matters of the heart as it pertains to healthy and unhealthy relationships allow the Re-Entry program participants to target changes in the cognitive behavior. When programs successfully diminish these needs we can reasonably expect reductions in recidivism.



How Healthy Is This Relationship?

Does it feel:



OR



Conditional
Controlling

Mostly about Sex/Money

Selfish

Unconditional

Equal and Supportive
Attraction on Many Levels

Generous



How Healthy Is This Relationship?

Does it feel:



OR



**Conditional
Controlling
Mostly about Sex/Money
Selfish**

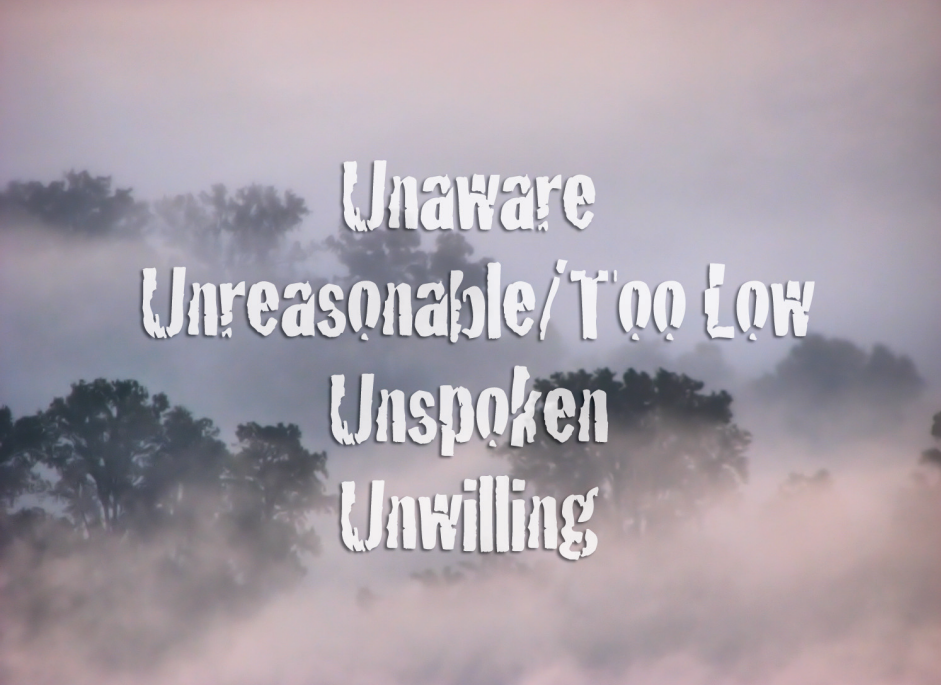
**Unconditional
Equal and Supportive
Attraction on Many Levels
Generous**



Expectations

In the fog...

Be clear!



Unaware
Unreasonable/Too Low
Unspoken
Unwilling



Be Aware
Be Reasonable
Communicate
Be Willing





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Workshop Learning Objectives:



Measuring Customer Satisfaction

- The first step you want to take is to ask your customers how well you are doing and then tweak your processes until you exceed customer expectations
- Consequently, we designed a customer satisfaction survey that is given to each customer after service is provided





Questions and Answers

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Questions? Contact:

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SEPTEMBER WEBINAR

Wednesday, September 10, 2014 4:00-5:00 PM EST