October 2017 Webinar

The Talk:

How Adults Can Promote Young People's Healthy Relationships and Prevent Misogyny and Sexual Harassment

With Joe McIntyre, <mark>Harvard University</mark>



Webinar Information

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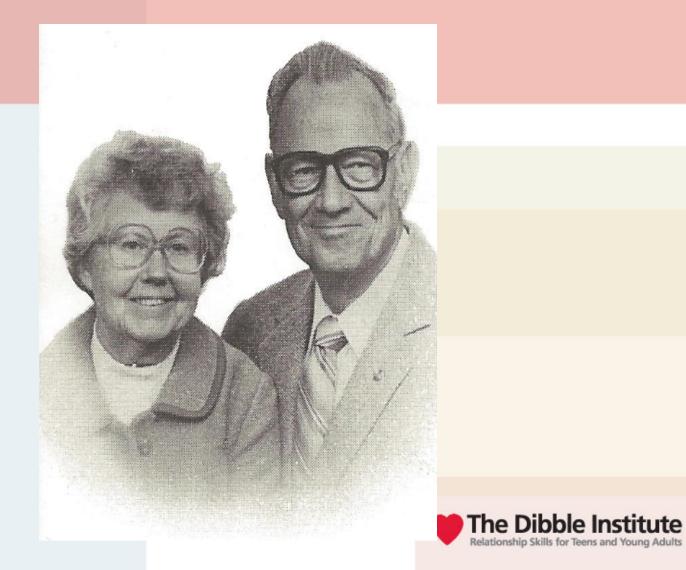
Ways to participate:

- Type your questions in the "Questions" box
- Answer the poll questions
- Raise your hand questions.

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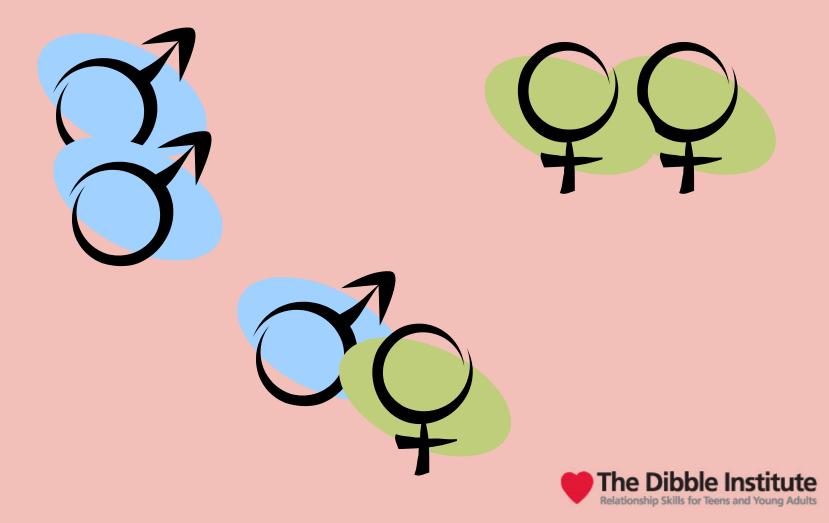


The Dibble Institute believes in stable, healthy families.





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PRESENTER:



Joe McIntyre

Lecturer on Education, Harvard University, Making Caring Common Project



About Making Caring Common

Our mission

Making Caring Common (MCC) helps educators, parents, and communities raise children who are caring, responsible to their communities, and committed to justice.

Our work

MCC uses research and the expertise and insights of both practitioners and parents to develop effective strategies for promoting in children kindness and a commitment to the greater good, to influence the national conversation about raising and educating caring, ethical children, and to develop partnerships that enhance our work and elevate our common message.

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New Report. The Talk: How Adults Can Promote Young People's Healthy Relationships and Prevent Misogyny and Sexual Harassment.

The Talk

How Adults Can Promote Young People's Healthy Relationships and Prevent Misogyny and Sexual Harassment

Richard Weissbourd with Trisha Ross Anderson, Alison Cashin, and Joe McIntyre





What are our conclusions based on?

In-person interviews, focus groups, school-specific surveys, large-scale nationwide survey of 2,000 young people (ages 18-25).

What are the key findings?

Key Findings

Teens and adults tend to greatly overestimate the size of the "hook-up culture" and these misconceptions can be detrimental to young people.

Key Findings

	Average guess	True value
% of 18 and 19 year-olds who have more than one sexual partner in a year	54%	27%
% of college students who hook up with more than 10 different people	53%	20%
% of 18-25 year-olds who are casually dating	52%	8%

How would you like to spend an ideal Friday night?				
	Young women	Young men		
Spending time alone	13%	9%		
Hanging out with friends	16%	15%		
On a date	35%	16%		
Sex in a serious relationship	30%	32%		
Sex with a friend	3%	17%		
Hooking up (but not sex)	2%	3%		
Sex with a stranger	1%	7%		

Large numbers of teens and young adults are **unprepared for caring, lasting romantic relationships** and are anxious about developing them. Yet it appears that parents, educators, and other **adults often provide young people with little or no guidance** in developing these relationships. A high percentage of young people want this guidance.

What aspects of romantic relationships do you wish you had heard more about?			
	From parents	From your school	
Dealing with break-ups	36%	25%	
Avoiding getting hurt in a relationship	33%	24%	
Having a more mature relationship	37%	35%	
Beginning a relationship	27%	22%	
None	29%	35%	

Misogyny and sexual harassment appear to be pervasive among young people and certain forms of gender-based degradation may be increasing, yet a significant majority of parents do not appear to be talking to young people about it. Many respondents have an extremely low bar for ethical behavior. Which of the following has happened to you (young women) or have you done (young men)?

	Young women	Young men
Catcalled	55%	11%
Touched without permission	41%	12%
Stranger said something sexual	52%	15%
Called hot by a stranger	61%	26%
Insulted with sexualized words	47%	12%
None	13%	51%

Key Findings

Many young people don't see certain types of gender-based degradation and subordination as problems in our society.

48% of our survey respondents either agreed (19%) or were neutral (29%) about the idea that "society has reached a point" that there is no more double standard against women." **39%** of respondents either agreed or were neutral that it's "rare to see a woman treated in an inappropriately sexualized manner on television." 32% of male and 22% of female respondents thought that men should be dominant in romantic relationships, while only **14%** of male and **10%** of female respondents thought that women should be dominant. Many men considered street harassment acceptable, even when they thought it would make the target uncomfortable

Key Findings

Research shows that rates of sexual assault among young people are high. But our research suggests that a majority of parents and educators aren't discussing with young people basic issues related to consent.

Which of the following conversations have you had?			
	Parents	School	
Being sure your partner wants to have sex	39%	49%	
Being a caring and respectful sexual partner	42%	40%	
Not having sex with someone who is intoxicated	43%	54%	
Not engaging in street harassment	31%	32%	
How to avoid STDs	47%	67%	
What to do in the case of pregnancy	55%	66%	

Recommendations. How to have the conversations—in particular, about romantic relationships—that teens want and need.

What can we do?

Talk about love and help teens understand the differences between mature love and other forms of intense attraction.

Guide young people in identifying healthy and unhealthy relationships.

Go **beyond platitudes**. Listen to what young people have to say, and give concrete advice.

Step in: Challenge sexual harassment and misogyny when they occur.

Talk about what it means to be an ethical person, both in and out of sexual and romantic relationships.

Remember that most young people both want and need this guidance.

Additional Resources. Need more support? We have resources for parents and educators.

Additional Resources for Parents and Educators

Read the full report mcc.gse.harvard.edu/thetalk

Making Caring Common website makingcaringcommon.org

How to Talk Consent with Young Adults bit.ly/2uA8vJ5

Social Media facebook.com/makingcaringcommon twitter.com/MCCHarvardEd



QUESTIONS?



Thank You for Joining Us Today!

There is a brief survey after the end of this webinar. Thank you for providing us your feedback!

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Questions? Contact: Kay Reed- <u>KayReed@DibbleInstitute.org</u> Cathy Guidry- <u>Cathy@Dibbleinstitute.org</u>



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November 2017 Webinar November 8, 2017

Shifting the Field to Prioritize Relationship Education for Youth

With Dr. Alan Hawkins,

Professor, School of Family Life Brigham Young University

