

May 2020 Part II

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WEBINAR - May 13, 2020

"Scaling Up a Large Program in Rural Areas"

DIBBLE NEWS



May is National Teen Pregnancy Prevention Month!

Find Dibble resources to build a responsive Teen Pregnancy Prevention Intervention Program.

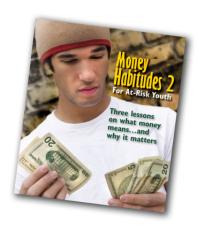
Check Out Dibble Resources!



Online Teaching Toolkit

Thanks to the expertise and input of our clients, we have developed an Online Teaching Toolkit for Love Notes and Relationship Smarts PLUS. If you are a Dibble client and would like to see the lesson-by-lesson strategies for teaching the content on a virtual platform, please email RelationshipSkills@DibbleInstitute.org for access. As we learn from each other, we will continually update these resources. This is a collaborative work in progress!

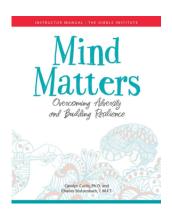
Find the Toolkit Here!



Money Habitudes Online Facilitator Training

On May 14, Dixie Zittlow will be leading a training for Money Habitudes for At-Risk Youth. It's a great opportunity to engage your staff in professional development to better serve your youth. Registration for the three-hour, three-lesson training costs \$59. Each attendee needs an Instructor's Kit for \$69, which includes the very engaging Money Habitudes Card Game. Seats are limited to 25 participants, so register SOON!

Register Here!



FREE Mind Matters Online Lesson Series

The *Mind Matters* online series continues weekly through June 9. You, your team, and partners are welcome to participate in this professional development. Here is the link to the registration page. All prior sessions have been recorded and are available to view.

Register Here!



HELP WANTED: Dibble Master Trainer

Dibble is now hiring! We are looking for an on-call Master Trainer for both online and inperson trainings. Ideally they will already be successful trainers and also taught *Love Notes*, *Relationship Smarts PLUS*, or *Mind Matters*.

Learn More Here!

THE LATEST



We Need to Shore Up the Ecology Around the Family

We don't have to live this way. We don't have to live in a country in which the parts with intact families are way ahead of the other parts and are pulling farther ahead at ever accelerating rates. The question is what is to be done? How do we get from here—a place of unformed or fragile families—to there—an America in which more and more children grow up with loving and stable foundations?

Read More Here!



Study: Time on Screens Has Little Impact on Kids' Social Skills

Despite the time spent with smartphones and social media, young people today are just as socially skilled as those from the previous generation, a new study suggests. Researchers compared teacher and parent evaluations of children who started kindergarten in 1998 — six years before Facebook launched — with those who began school in 2010, when the first iPad debuted.

Read More Here!



Teen Dating Abuse: A More Common Problem Than Parents Realize

Most people think of domestic abuse as something that happens to adults, and more so, that it involves married couples. But the reality is that abusive teen relationships are much more common than most parents realize. A Centers for Disease Control and Prevention survey looking at teen dating found that 1 out of 11 girls and 1 out of 15 boys have experienced physical dating violence in the past year, and 1 out of 9 girls have experienced sexual dating violence.

Read More Here!

NEWS YOU CAN USE



Help Young Parents Cope During the Coronavirus Pandemic

Raising a family isn't easy, and even the demands of everyday parenting can seem overwhelming. Add the coronavirus pandemic to the picture, and stress levels are certain to rise. Annie E. Casey Foundation has published this latest resource for young parents and the professionals who work with them. The one-page document highlights five ways that caregivers can reduce stress during this challenging time.

Read Tips Here!

The New Hork Times

Helping Teens Make Room for Uncomfortable Emotions

A <u>new poll</u> conducted by Common Sense Media and Survey Monkey shows, not surprisingly, that most adolescents are worried that the coronavirus will affect their family's physical or financial health. Further, nearly half of the teenagers surveyed say that they are lonelier than usual, and they fear that they are losing ground academically or in their extracurricular activities.

Read More Here!



How to Help Teens Handle the Loss of Proms and Graduations

These important ceremonies that say "Look at you! You are growing up! We are so proud of you!" have been canceled, leaving kids with no closure. Rites of passage have vanished into thin air. Even as they feel grateful for their health, and sorry that the world is suffering in the way that it is, Generation Z feels cheated. Their losses are tangible to them. And so they are grieving.

Read More Here!

TOOLS YOU CAN USE



Resources for Connecting With Young People

Teen emotions are close to the surface because their brains are sponges for sensing and experiencing feelings. Which explains why you may be having emotional conversations during this stressful time.

Read More Here!



A Guide to Commonly Used Terms for Practitioners

A new resource for practitioners, grant writers, and program managers aiming to support and serve youth provides clear, science-based definitions for relevant terminology. The resource defines terms that are commonly used to describe the context, interventions, and outcomes encountered by practitioners serving youth and young adults.

Read More Here!



The Connection Between Asthma and Toxic Stress

A webinar is presented by the National Committee on Asthma and Toxic Stress (NCATS) in partnership with the Center for Youth Wellness, the Sean N. Parker Center for Allergy and Asthma Research at Stanford Medical Center. You can register for the event held on Tuesday, May 12, 2020 from 12:00pm – 1:00pm Pacific Time.

Register Here!

WEBINAR



May 13, 2020

Scaling Up a Large Program in Rural Areas

Mission West Virginia, Inc., a non-profit, has been providing services to youth and families across West Virginia for over 22 years. The THINK Program (Teaching Health Instead of Nagging Kids) has been providing teen pregnancy prevention, healthy relationship education, and positive youth development for over 12 years, reaching over 100,000 middle- and high-school-aged youth.

The THINK Program currently utilizes several Dibble programs to impact teen pregnancy. During this webinar, Jill Gwilt will discuss the THINK Teen Pregnancy Prevention Program, which utilizes <u>Love Notes EBP</u>. Specifically, she will cover how they were able to scale up their large program in a rural area. Additionally, she will discuss how the curricula were chosen, how they developed long-standing partnerships, the importance of youth voices, creation of community groups, and more.

Objectives:

- 1. What "scale up" actually means out in the field.
- 2. How to build and maintain long-lasting grant programs in rural areas.
- 3. How to utilize existing infrastructure in the community.

Presenter: Jill Gwilt, THINK Director, Mission West Virginia, Inc.

Who should attend: Healthy marriage/relationship grantees, rural program directors/managers, front line program staff, teen pregnancy prevention grantees, Executive Directors, evaluation staff, and anyone with an interest in youth programs in rural settings.

When: May 13, 2020 @ 4:00pm - 5:00pm Eastern Time

Duration: 60 minutes

Cost: Free!

Register Now >

FEDERAL FUNDING



Sexual Risk Avoidance Education Program Federal Grant Announced

Deadline: May 26, 2020

Successful applicants are expected to submit program plans that agree to use medically accurate information referenced to peer-reviewed publications by educational, scientific, governmental, or health organizations; implement sexual risk avoidance curricula and/or strategies with an evidence-based approach integrate research findings with practical implementation that aligns with the needs and desired outcomes for the intended audience; and teach the benefits associated with self-regulation, success sequencing for poverty prevention, healthy relationships, goal setting, and resisting sexual coercion, dating violence, and other youth risk behaviors such as underage drinking or illicit drug use without normalizing teen sexual activity.

Check out our SRA Applicant toolkit!



Preventing Trafficking of Girls

Application Due: May 26, 2020

The Office of Juvenile Justice and Delinquency Prevention (OJJDP) is seeking applications for funding for fiscal year 2020 Preventing Trafficking of Girls. The goal of this program is to prevent/reduce the victimization of girls who are vulnerable to sex trafficking.

Find the Grant Application Here!

FUNDING: COMING SOON



Charting a Course for Economic Mobility and Responsible Parenting

The Office of Child Support Enforcement (OCSE) forecasts inviting eligible applicants to submit applications developing interventions to educate teens and young adults about the financial, legal, and emotional responsibilities of parenthood. The primary goal of the grant projects is to leverage the child support program's expertise on the legal and financial responsibilities of parenting to educate and motivate teens and young adults to postpone parenthood until after they have completed their education, started a career, and entered a committed relationship. The target populations for these three-year grant projects are teens and young adults ages 13-25, including unmarried parents and those who have not yet started families.



Millions Available for Youth Healthy Relationships Education, Healthy Marriage, and Responsible Fatherhood

\$24 Million is forecast for Youth Healthy Relationship Education

\$36 Million is forecast for <u>Healthy Marriage</u>

\$60 Million is forecast for Responsible Fatherhood

Even though the details of the grants are not yet known, **NOW** is the time to **PLAN**, **PICK**, and **PARTNER**!

1. Make a PLAN

- Know the population and the community you intend to serve and understand everything you can about them needs, demographics, etc.
- In the past this has meant delivering services to teens in areas with higher than the national average teen pregnancy rate.
- Figure out which settings will offer the best opportunities for your grant activity and why. What are the rules and regulations of working in those settings? (i.e. if working in a school, which class is most suitable for this instruction?

2. PICK a PROGRAM

Explore the intervention(s) you may want to provide that are best suited for your population and setting.

Request free online review copies from Dibble for your team and your partners.

3. Reach out to PARTNERS

NOW is the time to build relationships with any partners you feel will to make your grant activity successful.

Brainstorm with them how best to deliver the program, any barriers to participation and how to overcome them, who will be instructing, and best ways to recruit and retain your intended population.

REGIONAL FUNDING



Funds for Health Initiatives in MN, ND, SD, and WI - Medica Foundation

Applications Due: May 1, 2020

The Medica Foundation, an affiliate of Medica Health Plans, provides funding to nonprofit organizations and government agencies within the company's service area in Minnesota, North Dakota, South Dakota, and western Wisconsin. The Foundation offers grants for Early Childhood Health providing grants ranging up to \$25,000 for programs that focus on developing healthy families to foster optimal growth and development of young children, birth through age 12.

Find More Information Here!

Efforts to Address the Social Determinants of Health in Ohio Funded CareSource Foundation

The CareSource Foundation is dedicated to improving the health and well-being of children, adults, and families throughout the state of Ohio. The Foundation provides Responsive Grants of \$5,000 to nonprofit organizations that address one or more of the social determinants of health, including poverty, domestic violence, hunger, housing, employment, healthy lifestyles, healthcare access, early childhood education, etc. Program support and general operating support are provided. Applications may be submitted at any time and are reviewed six times per year.

Find More Information Here!

Grants Address Health and Youth Development in Tennessee

Applications Due: Annually on May 1 and November 1 The BlueCross BlueShield of Tennessee Community Trust supports nonprofit organizations, state colleges and universities, and government agencies in the communities served by the company throughout Tennessee.