

*December 2020*

## **DIBBLE NEWS**

- [Dibble Clients Awarded 70 New 2020 Federal Grants!](#)
- [Mind Matters Now](#)
- [Helping Georgia's Youth Become Relationship Smart](#)
- [Process Study on Relationship Smarts PLUS](#)

## **THE LATEST**

- [Impacts of Family Structure on Puberty Onset in Girls](#)
- [Legislation to Promote Healthy Relationships](#)
- [Marriage Trends Across Racial Groups and Economic Backgrounds](#)

## **NEWS YOU CAN USE**

- [Tinder Tales: Online Dating Users and Their Most Interesting Stories](#)
- [Quaranteed! Helping Adolescents Cope with Boredom during COVID-19](#)
- [Human Trafficking Prevention: Strategies for Runaway and Homeless Youth](#)

## **TOOLS YOU CAN USE**

- [Empowered Teens are Less Likely to Bully](#)
- [Should You Call or Text? Science Weighs In](#)

**WEBINAR** - December, 2020

**Our Gift to You!**  
**Most Popular Webinars from 2020**

## **FUNDING STREAMS**

---

## **DIBBLE NEWS**

## Dibble Clients Awarded 70 New 2020 Federal Grants!

The Dibble Institute is thrilled to report that our clients have received over \$160 million in new federal funding to reach over 117,806 youth with healthy relationship education. Organizations from 26 states, districts, and territories successfully won grants from the Office of Family Assistance, Office of Population Affairs, Family and Youth Services Bureau, and the Office of Child Support Enforcement.

“We are pleased that healthy relationship education is increasingly recognized as an intervention with youth that can positively impact so many facets of their lives including self-regulation, pregnancy prevention, sexual risk avoidance, and economic mobility,” Kay Reed, Executive Director remarked. “We also applaud the hard work of all who applied but were not selected in this round. We remain committed to working with all applicants to find other funding streams at the federal, state, and local levels to support this critical piece of positive youth development.”

For the full list of funded Dibble clients, [click here](#).

---



## Skills You Can Develop

**Mind Matters Now** is a new, on-demand learning experience that teaches you to care for yourself in times of amplified stress. This all-new resource packages the content of our **Mind Matters** program in a digital format so it is available to you on your schedule, whenever you need it.

**Mind Matters Now** covers techniques for self-soothing, mindfulness, building support systems, and more. Thanks to generous grant funding, we are able to **significantly discount the fees**. You can even earn **Continuing Education Credits!**

Here's to getting the help you need, when you need it.

---



## Helping Georgia's Youth Become Relationship Smart

Developmentally, one of the ways adolescents explore who they are is through romantic relationships. How adolescents approach these relationships is influenced by the relationships modeled around them. While some youth may have witnessed and learned about positive couple interactions from good models, many may have witnessed only poor models of couple relationships. Educational programs on healthy relationships, such as [Relationship Smarts](#), can help youth develop skills to make smart relationship choices and avoid risky behaviors. This publication describes why relationship education is relevant to youth.

[Read More....](#)

---



## Process Study on Relationship Smarts PLUS

For the Strengthening Relationship Education and Marriage Services (STREAMS) evaluation, the Administration for Children and Families (ACF), in partnership with Mathematica and Public Strategies, studied healthy marriage and relationship education programs including More Than Conquerors, Inc. in Georgia.

[Read more...](#)

---

## THE LATEST



### Impacts of Family Structure on Puberty Onset in Girls

Research published in *BMC Pediatrics* suggests that girls who do not live with both parents from birth to age two may be at higher risk of starting puberty at a younger age than girls living with both parents. According to the authors, stress in early life may influence puberty onset and could potentially be mitigated by interventions aiming to improve child wellbeing.

[Read more...](#)

---



### Legislation to Promote Healthy Relationships

New legislation was just introduced to make improvements to our nation's child support program to ensure that low-income children and families get the financial support they need. Included in this legislation is the reauthorization of the Healthy Marriage Promotion and Responsible Fatherhood (HMRP) grant program for 5 years, improvements to promote coordination, partnership with domestic violence shelter and service organizations, establish infrastructure for HMRP grantees to measure outcomes and receive technical assistance, and support HMRP programs and ensure continuity of services during a public health emergency.

[Read more...](#)

---

## **Marriage Trends Across Racial Groups and Economic Backgrounds**

Researchers from the University of Michigan examine the family formation in the United States. Changes are dramatic; marriage has become less common, non-marital cohabitation has become more common, and racial and economic inequalities in these experiences have increased. The article provides insights into recent U.S. trends by presenting cohort estimates for people born between 1970 and 1997, who began forming unions between 1985 and 2015.

[Read more...](#)

---

## **NEWS YOU CAN USE**



## **Tinder Tales: Online Dating Users and Their Most Interesting Stories**

This article provides a framework for identifying potential risks of online dating applications, highlighting prevention programming that will enhance awareness of problematic online dating behaviors. The framework is based on a study of users and non-users of mobile-based dating applications. Users were significantly different in all measured variables, including rates of negative drinking behaviors, drug use, sexual compulsivity, sexual deception, and negative sexual behaviors. Study responses showed wide negative behaviors for users that include stalking, photo sharing, message sharing, and deception.

[Read more...](#)

---



## **Quaranteened! Helping Adolescents Cope with Boredom during COVID-19**

Going into the holidays, many are facing additional shutdowns and school closures. Many children and adolescents are struggling with boredom and isolation. Adolescent experts Elizabeth Weybright, Ph.D., Linda Caldwell, Ph.D., Erica Doering, M.S., experts in adolescence, describe what parents, mentors, and other caring adults can do to help.

[Read more...](#)

---



## **Human Trafficking Prevention: Strategies for Runaway and Homeless Youth**

This Issue Brief from the Family Youth Services Bureau recognizes the vital role that runaway and homeless youth (RHY) programs can play in the prevention of sex and labor trafficking among runaway and homeless youth. In addition to highlighting human trafficking (HT) risk factors, the brief offers a variety of HT prevention components that can be easily integrated into programmatic activities, such healthy relationship education.

[Read more...](#)

---

## **TOOLS YOU CAN USE**



## Empowered Teens are Less Likely to Bully

A recent study investigates how teens' strengths and sense of behaviors that benefit society were linked with harmful behaviors like bullying, harassment, and sexual assault. Beneficial behaviors for society emerged as one of the most significant protective factors against being a bully. Meaning teens who reported supportive relationships with adults were significantly less likely to bully or harass others. Teens who felt like they mattered to others, thought about the future and used healthy coping techniques were significantly less likely to bully or harass their peers.

[Read more...](#)

---



## Should You Call or Text? Science Weighs In

Texting may not be enough. A new study suggests that we undervalue the bonding and enjoyment we get from hearing someone's voice.

[Read more...](#)

---

## WEBINAR



*December 2020*

**Our gift to you!**  
**View our most popular webinars from 2020 on your own!**

**Family Environment Instability: How Early Childhood Shapes Social Maladjustment Over Time**

Presented by: **Elizabeth Karberg**, PhD, Senior Research Scientist, Child Trends

[Watch Replay](#)

**Online Teaching Strategies: Tips and Guidance From the Field**

**Tracy Barber**, Aiming for Healthy Families, Mississippi

**John Lewis**, Urban Strategies, California

**Jonelle Zachary**, Healthy Visions, Ohio

**Alexander Chan**, University of Maryland Extension, Maryland

[Watch Replay](#)

**Fatherhood: Building Self-Sufficient and Resilient Families**

**Kimberly Dent**, Executive Director, The Ohio Commission on Fatherhood, a state agency in the Ohio Department of Job

and Family Services/Office of Family Assistance, with a total of 17 years of RF and Child Support services.

**Avis Files**, Director of Pathway, Inc., Toledo, OH, with over 25 years of experience, including 15 years of RF programming.

[Watch Replay](#)

**Mind Matters Lesson 1: Self Soothing**

Presented by: **Carolyn Curtis**, Ph.D., author of Mind Matters and **Dixie Zittlow**, Dibble Master Trainer.

[Watch Replay](#)

---

## **FUNDING STREAMS**



### **Grants Focused on Teen Pregnancy Prevention in Colorado**

**Deadline:** January 15, May 3, and September 1, 2020



The Buell Foundation supports nonprofit organizations, school districts, and government entities that focus on the positive development of young children in Colorado. Another funding priority is Teen Pregnancy Prevention, which includes support for proven, comprehensive, medically accurate teen pregnancy prevention programs.

[Learn More...](#)

---



### **Funds for Child Welfare Initiatives in North and South Carolina**

**Deadline:** December 15, 2020

The Duke Endowment's mission is to serve the people of North Carolina and South Carolina by supporting selected programs addressing children's welfare. The Endowment's Child and Family Well-Being program area focuses on two main areas: Prevention and Early Intervention for At-Risk Children builds North Carolina and South Carolina's capacity to implement new, innovative evidence-based models.

[Learn More...](#)

---



### **Support for Organizations in Bank Communities in ID, MT, OR, SD, WA, and WY**

**Deadline:** Year-Round

The First Interstate BancSystem Foundation supports nonprofit organizations in communities served by First Interstate in Idaho, Montana, Oregon, South Dakota, Washington, and Wyoming. (A list of company locations is available on the bank's website.) The majority of the Foundation's grants are focused on alleviating poverty by assisting low- and moderate-income individuals and communities. Specific areas of interest include financial education and youth programs. The first step in the application process is to submit a letter of inquiry to the local branch of the bank. Selected organizations will be invited to fill out an online grant application.

[Learn More...](#)

---



### **Grants to Promote Successful Reentry for Incarcerated People**

**Deadline:** Multiple Dates

The mission of the Bob Barker Company Foundation is to develop and support programs that help incarcerated individuals successfully reenter society and stay out for life. The Foundation supports organizations throughout the U.S. that work with the incarcerated community in order to prepare them physically, spiritually, and emotionally for successful reentry into society. Applying organizations must work with a minimum of 100 incarcerated or formerly incarcerated individuals each year. Grants ranging from \$5,000 to \$50,000 are provided to nonprofit organizations, government agencies, and educational institutions.

[Learn More...](#)

---



### **Funds for Well-Established Organizations in Twelve States**

**Deadline:** Multiple Dates

The Sunderland Foundation supports nonprofit organizations in Arkansas, Idaho, western Iowa, Kansas, western Missouri, Montana, Nebraska, Oklahoma, Oregon, Utah, central Texas, and Washington. Some emphasis is given to organizations in the Kansas City metropolitan area. Currently, the Foundation's main funding areas of interest are the following: higher education, including public and private institutions; human services, including programs for youth and families; arts and culture, including performing arts and museums; and healthcare and hospitals. The Foundation generally awards grants to larger, well-established nonprofit organizations.

[Learn More...](#)

---



### **Grants Enhance Education in the DC Region**

The Washington Gas Charitable Giving Program supports nonprofit organizations in the communities the company serves in the Washington, DC, metropolitan region, including locations in Maryland and Virginia. The primary areas of emphasis include the following: The Education category focuses on educational activities targeted toward K-12 youth.

[Learn More...](#)

---



### **El Pomar Foundation**

**Deadline:** Multiple Dates

El Pomar Foundation promotes the current and future well-being of the people of Colorado through grantmaking and community stewardship. Grants are provided to nonprofit organizations throughout the state of Colorado. The Foundation's areas of interest include health and human services, education, arts and culture, and civic and community initiatives. Operating, program, and capital support are considered. Applications are reviewed on a rolling basis throughout the year. Online grant application guidelines are available on the Foundation's website.

[Learn More...](#)

---

## **CORNELL DOUGLAS FOUNDATION**

### **Support for Environmental and K-12 Financial Literacy Programs**

**Deadline:** Year-Round

The Cornell Douglas Foundation is dedicated to advocating for environmental health and justice and K-12 financial literacy.

*(Ed. Note: This could help you implement Money Habitudes!)*

[Learn More...](#)

---



## **Support for Nonprofit Organizations in Nine Western States**

**Deadline:** Year-Round

The Kampe Foundation supports nonprofit organizations in California, Colorado, Idaho, Montana, Nevada, Oregon, Utah, Washington, and Wyoming. Emphasis is given to programs that make a measurable difference in the lives of low- and moderate-income individuals and communities.

[Learn More...](#)

---



## **Funds for Behavioral Health Initiatives in Alaska and Washington State**

**Deadline:** Year-Round

The Premera Social Impact Program supports nonprofit organizations in Alaska and Washington State that address behavioral health issues. *(Ed. Note: Might Mind Matters be a useful intervention here?)*

[Learn More...](#)

---

---

**FORECASTED**

## **Charting a Course for Economic Mobility and Responsible Parenting - Cohort II**

**Estimated Post Date:** November 30, 2020

The Office of Child Support Enforcement (OCSE) forecasts inviting eligible applicants to submit applications developing interventions to educate teens and young adults about the financial, legal, and emotional responsibilities of parenthood. The primary goal of the grant projects is to leverage the child support program's expertise on the legal and financial responsibilities of parenting to educate and motivate teens and young adults to postpone parenthood until after they have completed their education, started a career, and entered a committed relationship.

[Learn More...](#)