February 2021 Webinar

## Preventing Dating Violence By Helping Students Choose Healthy Relationships and Build Social/Emotional Skills

Presenters:

#### Jeff Landers and Tiffany Storm

Education Specialists, Women in Need

#### **Charlie and Helen Dibble**



## The Dibble Institute Resources for Teaching Relationship Skills

## The Dibble Institute believes in research.



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A.,

# The Dibble Institute believes in stable, safe, and healthy families.



# The Dibble Institute believes all people deserve respect.





Preventing Dating Violence by Helping Students Choose Healthy Relationships and Build Social/Emotional Skills

A Presentation from Women In Need, Inc.



## TODAY'S PRESENTERS



Jeff Landers Education Specialist



Tiffany Storm Education Specialist

#### We will cover these items:

- History of Women In Need, Inc.
- Development of Teen Dating Violence Prevention Curriculum for High Schoolers
- Development of Social/Emotional Learning Curriculum for Middle Schoolers
- Use of *Love Notes 3.0* with At-risk Teens
- Curriculum Evaluation and Modification

Today's Outline

#### History of Women In Need, Inc.



- Non-profit Formed in Hunt County
- Shelter and Services Provided
- United Way Funding
- 1<sup>st</sup> My Sister's Closet Store

- New Shelter
- 3 More My Sister's Closet Stores
- Services Extended to Rockwall County

Relationship Education and Awareness Provided to Hunt, Rains, and Rockwall Counties

History of Women In Need



Local Project. The initial curriculum used was developed on the part of local community leaders.



Inclusion of Staff Members. The addition of education staff members created an environment of continual review and edits of the curriculum.



Support Organizations. Contacting a support organization provided helpful content recommendations.



#### School Decision-Makers.

Interacting with school decision-makers brought invaluable help in understanding our audience for further revisions to our curriculum.

History of Women In Need

**TDV Prevention Curriculum** 

Social/Emotional Learning Curriculum Use of Love Notes 3.0

#### DATING VERSUS BEING IN A RELATIONSHIP

#### Dating

#### Relationship



## Day 1

#### Local Project

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Social/Emotional Learning Curriculum Use of Love Notes 3.0

Evaluation/Modification

Sale not as

Girls Night Out

## FOUR MAIN RED FLAGS

lsolation and

**TDV Prevention Curriculum** 

Control

Manipulation

## Day 2

#### Local Project

History of Women In Need

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Extreme Jealousy

Evaluation/Modification

## **DIFFERENT TYPES OF ABUSE**

any for a bad pu abuse. verb abuse. verb mistreat, m treat badly

## Day 3

#### Local Project

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**Evaluation/Modification** 

#### Healthy Ways to Break Up







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**Evaluation/Modification** 

#### Let's Do Some Dreaming



## Day 5

#### Local Project

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**Evaluation/Modification** 



Local Project

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#### Texas Education Code Sec. 37.0831 Dating Violence Policies

- (a) Each school district shall adopt and implement a dating violence policy to be included in the district improvement plan under Section 11.252 (District-level Planning and Decisionmaking).
- (b) A dating violence policy must:
  - (1) include a definition of dating violence that includes the intentional use of physical, sexual, verbal, or emotional abuse by a person to harm, threaten, intimidate, or control another person in a dating relationship, as defined by Section 71.0021 (Dating Violence), Family Code; and
  - (2) address safety planning, enforcement of protective orders, school-based alternatives to protective orders, training for teachers and administrators, counseling for affected students, and awareness education for students and parents.

#### Local Project

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Evaluation/Modification PAGE 18

#### WOMEN IN NEED, INC.

The Education Staff of Women In Need is delighted to offer our Teen Dating Violence Prevention Program again this year for high school students in Hunt, Rains, and Rockwall counties. WIN's program has not changed fundamentally, however, we are thrilled to share that we have enriched the engagement level by adding additional media and new exciting activities that the students are sure to love!

We are looking forward to expanding our reach this year. We want to ensure that all students have the opportunity to hear this empowering program. Student surveys reveal that the program brought value to their lives through the content and conversations that the curriculum delivered. Our hope is that as

we continue to exceed expectations in bringing awareness and teen dating violence education to these teens, they will continue to feel empowered to make healthy decisions and create boundaries for thriving relationships in their lives.

## Did You Know?

#### Women In Need, Inc. (WIN)

Respect 2 WIN: Teen Dating Violence Prevention & Healthy Relationship Program

#### Dear Parent/Guardian:

In response to increased awareness that dating violence is prevalent among youth, Texas has enacted legislation to assist schools in addressing this issue. In 2007, Texas HB 121 was passed mandating schools to adopt and implement a dating violence policy. This mandate now sits under Chapter 37 of the Texas Education Code, 37.0831.





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Evaluation/Modification



Respect 2 WIN	Class Period Teacher's Name
revention Education Pre-Survey or Post-Survey (Please ci	rcle one.)
ate: School:	
irst Name:	Age:
1. Are you or is someone you know in an abusive rela	
<ol> <li>Do you know what the four different types of abus Yes No</li> </ol>	je are?
	c) d)
3 If someone you know was in an abusive relationshi	ip, would you know where to go for help?

On behalf of Women In Need, Prevention Education and Outreach, we would like to extend our gratitude to you for allowing us to work with your students. Women In Need (WIN) is honored to provide Healthy Relationship Education to your students.

In the process of determining best practices for the overall Prevention Education Program, we would appreciate the opportunity to get your feedback regarding the Prevention Education Program provided for your students.

1) Did this program engage your students?

2) Do you feel this program brought value to your classroom and school?

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Evaluation/Modification



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Support Organizations. Contacting a support organization provided helpful content recommendations.



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#### Staff Members

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#### Staff Members

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Comfortable Pace The relationship moves at a speed that feels enjoyable for each person.

#### Staff Members

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#### **RED FLAG COMPETITION**





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#### Healthy Ways to Break Up





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#### Breaking Up with a "Red Flag" Person





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02:00

# TRUSTED ADULT CONNECTION

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#### School Decision-Makers

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#### Development of SEL Curriculum for Middle School



## **Utley Middle School**



## Cain Middle School

Social/Emotional Learning Curriculum

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#### Development of SEL Curriculum for Middle School



Social/Emotional Learning Curriculum

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#### Development of SEL Curriculum for Middle School



Social/Emotional Learning Curriculum

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#### Use of Love Notes 3.0 with At-risk Teens



## Quest Academy

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Evaluation/Modification

#### Use of Love Notes 3.0 with At-risk Teens





Lesson 4 Attractions and Starting Relationship

**Lesson 3** My Expectations—My Future

Lesson 5 Principles of Smart Relationships

Use of Love Notes 3.0

Evaluation/Modification

#### Use of Love Notes 3.0 with At-risk Teens

#### What's Important to Me?

What are you looking for in someone? What qualities are important to you? (Check your top 10)

0	Caring/kind to others	0	Honest/trustworthy	0	Good work ethic
0	Dependable/reliable	0	Adventurous/will try new	0	Fun
0	Good looking		things	0	Good manners/polite
0	Positive attitude	0	Sensitive	0	Artistic/creative
0	Athletic/physically fit	0	Has drive/goals	0	Confident/has good self-
0	Intelligent	0	Real, not fake		esteem
0	Doesn't drink (or drink too	0	Drug free	0	Respects my sexual
	much)	0	Has good relationship with		boundaries
0	Good listener		family	0	Affectionate
0	Clean and neat	0	Respects me	0	Imaginative
0	Rich	0	Good dancer	0	Good with children
0	Responsible with money	0	Outgoing/friendly	0	Faithful
0	Easygoing	0	Has skills/talents	0	Quiet and thoughtful
0	Romantic	0	Same culture	0	Can disagree and fight fairly
0	High energy	0	Carefree	0	Good conscience
		0	Religious/spiritual	0	Sense of humor
OP 3s					
hat are th	e three qualities that are "must-	havor	" for you?		
	le unee quanties that are must-	liavea	s for you?		
					12.

History of Women In Need

Use of Love Notes 3.0

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#### Curriculum Evaluation and Modification



Evaluation/Modification

# Adjusting Curriculum to Meet the Needs of Different Student Groups



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## **Thank You for Joining Us Today!**

There is a brief survey after the end of this webinar. Thank you for providing us feedback by completing this survey.

Webinar will be available in 3 days:

http://www.dibbleinstitute.org/webinar-archives/

Kay Reed: <u>KayReed@Dibbleinstitute.org</u> Rebecca Powell: <u>Rebecca@DibbleInstitute.org</u>

## **Second Wednesday Webinar**

March 10, 2021

## Scenario Tools to Thrive in a Post-Pandemic Future

Sarah Di Troia Senior Advisor, Project Evident

## Stay in Touch!

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