

January 2021

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A Current Perspective**

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DIBBLE NEWS



Dibble Tribal Case Study Just Released

Youth and Family Services of South Dakota taught Native American youth in Rapid City, SD and on the Pine Ridge reservation using Native American facilitators. Read about our newest Lakota Tribal Youth Case Study to learn what they did, how they met challenges, and what cultural adaptations they made to build intimate partner agency in tribal youth.

[Read more...](#)



Mind Matters NOW!

Overcoming adversity and building resilience are skills you can develop!

[Mind Matters Now](#) is a new, on-demand learning experience that teaches you to care for yourself in times of amplified stress. This all-new resource packages the content of our [Mind Matters](#) program in a digital format so it is available to you on your schedule, whenever you need it.

Mind Matters Now covers techniques for self-soothing, mindfulness, building support systems, and more. Thanks to generous grant funding, we are able to **significantly discount the fees**. You can even earn [Continuing Education Credits](#)!

Here's to getting the help you need, when you need it.

THE LATEST



What Adolescents Think of Relationship Portrayals on Social Media

Understanding the factors influencing adolescents' relationship views is important because early romantic relationships often act as precursors for relationships in adulthood. This study sought to examine the types of relationship-focused content adolescents witness on social media and how they perceive its effect on their romantic relationship beliefs.

[Read more...](#)



Thirty Years of Changing Cohabitation Experience in the U.S.

This Family Profile documents shifts in the percentage of women who have ever cohabited over the past thirty years (1987 to 2017). The trend of increases in cohabitation has recently stalled, indicating a plateau in cohabitation experience in the United States. Due to the relatively short duration of cohabiting unions (about 2 years), it is important to examine changes in women's experiences of cohabitation and not just their status at the time of interview.

[Read more...](#)



Childhood Trauma Impacts Millions of Americans

Childhood trauma impacts millions of Americans, and its consequences can be devastating. Children experiencing high levels of trauma can see dramatically lower life

expectancies, and the CDC estimates it accounts for billions of dollars in healthcare costs and lost productivity.

[Read more...](#)



Asymmetrically Committed Relationships

This study compared romantic relationships in which there was a substantial difference in the commitment levels of the two partners to those with more equal levels. Couples who were cohabitating or who had children together were more likely to be in Asymmetrically Committed Relationships (ACRs) than their counterparts. Both more and less committed partners reported lower relationship adjustment, more conflict, and more aggression in their relationships, even when controlling for their levels of commitment; a significant finding given that high levels of commitment usually inhibit conflict and aggression.

[Read more...](#)

NEWS YOU CAN USE



Sending Nudes has Become the Norm

Sending nudes has become the norm among youth today. Afterall, the way youth communicate and have relationships has become inextricably linked to technology. Youth need to be made aware of what could happen when they share explicit images of themselves, also known as self-generated child sexual abuse materials (SG-CSAM).

[Read more...](#)

How Many Years of Life Will a Bad Relationship Cost You?

According to a recent article published in the journal, *Psychology and Aging*, being in a relationship, compared to being single, could mean an extra 1.5 years in longevity per decade lived. Add that up over a 50-year marriage and we're talking about a lot more evening walks, time spent with family, and Social Security checks collected.

[Read more...](#)



Is Marriage Good for Your Health?

Here's a chicken-or-egg problem: Research shows married people enjoy better health. But why? Is it because marriage is good for your health and encourages healthier behavior, or because healthier individuals are more likely to get married? A study published in the September issue of the journal *Personal Relationships*, written by Cortez and colleagues, investigates the link between being healthy or unhealthy and getting married.

[Read more...](#)

TOOLS YOU CAN USE

Focus on the Positive

Catch your teen doing something good. Noticing the positive can go far to stop the negative. Think about it this way: if you're always focused on problems, you keep drawing attention to negative behavior. Point out when your teen is being helpful or kind, and you'll make it clear that those are the actions you desire.

[Read more...](#)



The Modern Family

Families are important social institutions whose structures, household sizes, and living arrangements have changed substantially since the 1970s. This 2-part student activity for grades 9-12 helps students work in groups to analyze census data, and compare their observations in video clips.

[Read more...](#)



Relationships and Social-Emotional Skills Can Support Academic Success

Early data from a [new Child Trends evaluation](#) of youthCONNECT, an integrated student supports initiative aimed at high school students, shows that strong relationships with adults and social and emotional skills are associated with academic success. Additionally, students who reported having an adult with whom they could discuss educational and career goals reported engaging in fewer risky behaviors.

[Read more...](#)

WEBINAR



January 13, 2020

Does Marriage Still Matter? A Current Perspective

Does marriage still perform a valuable role in today's society? Or, is it just another quaint tradition or something only a privileged few seek and attain?

Join Kay Reed, Executive Director of The Dibble Institute, as she shares recent trends in family formation; explores the most recent data on marriage, cohabitation, and single parenting; and brings it back to what matters to children. Explore ways to integrate these skills and concepts about building healthy relationships into your programs, sometimes in unexpected ways.

Objectives:

Webinar participants will be able to:

1. Describe current marriage trends and adolescents' views of marriage.
2. Identify current research questions in the field.
3. Communicate why family form matters to adults, youth, and children.

Presenter: Kay Reed, President and Executive Director, The Dibble Institute

Who should attend: Healthy marriage and responsible fatherhood grantees, healthy relationship program staff, child abuse prevention advocates, mental health practitioners, family stabilization coaches, and employability specialists.

When: Wednesday, January 13, 2021, 4:00 pm Eastern/1:00 pm Pacific

Duration: 60 Minutes

Cost: Free!

Register Now >

FUNDING STREAMS



Youth Conflict Resolution Act Education Efforts Funded

Deadline: January 11, 2021

The JAMS Foundation/ACR Initiative for Students and Youth provides grants for conflict prevention and dispute resolution programs for K-12 students and for adults working with youth populations in ways that directly transfer conflict resolution education skills from adults to youth. The focus for 2021 is on utilizing conflict resolution education and training to enhance the ability of youth to find their voice and increase feelings of empowerment and safety in the following settings: foster care, homeless shelters, domestic violence shelters, and youth correctional facilities. Grants will range from \$15,000 to \$40,000.

[Learn More...](#)



SKY RANCH FOUNDATION

Programs for At-Risk Youth Supported

Deadline: January 31, 2021

The Sky Ranch Foundation supports nonprofit organizations throughout the United States and its territories that work with at-risk youth. Preference is given to organizations that 1) serve troubled youth between the ages of 11 to 18, with priority given to programs that focus on youth between the ages of 11 to 15; 2) focus on preventing youth involvement in the criminal justice system, or provide long-term rehabilitation in a residential or alternative setting; and 3) provide comprehensive support services to youth that may include education, job training, enrichment activities, counseling, and case management.

[Learn More...](#)



Second Chance Act Youth Offender Reentry Program

Deadline: February 19, 2021

The goal of this program is to increase public safety by reducing recidivism among moderate to high-risk youth following their release from a juvenile residential facility.

[Learn More...](#)



Charting a Course for Economic Mobility and Responsible Parenting - Cohort II

Deadline: March 24, 2021

The Office of Child Support Enforcement (OCSE) forecasts inviting eligible applicants to submit applications developing interventions to educate teens and young adults about the financial, legal, and emotional responsibilities of parenthood. The primary goal of the grant projects is to leverage the child support program's expertise on the legal and financial responsibilities of parenting to educate and motivate teens and young adults to postpone parenthood until after they have completed their education, started a career, and entered a committed relationship.

[Learn More...](#)

Organizations in the Mid-Atlantic States and Utah Supported

Deadline: January 1, May 1, and September 1

The Kahlert Foundation primarily supports nonprofit organizations that work to improve the quality of life and well-being of communities in the states of Maryland and Utah. Additional support is provided to organizations in southern Pennsylvania, northern Virginia, and Washington, DC. The Foundation's areas of focus include Health Care, Youth Programs, Education, Veterans, and Human Services. Applying organizations need to demonstrate good leadership and financial stability, and have a minimum history of two years of existence.

[Learn More...](#)



Grants Focus on Teen Pregnancy Prevention in Colorado

Deadline: May 3, 2021

The Buell Foundation supports nonprofit organizations, school districts, and government entities that focus on the positive development of young children in Colorado. Another funding priority is Teen Pregnancy Prevention, which includes support for proven, comprehensive, medically accurate teen pregnancy prevention programs.

[Learn More...](#)



TSupport for Organizations in Bank Communities in ID, MT, OR, SD, WA, and WY

Deadline: Year-round

The First Interstate BancSystem Foundation supports nonprofit organizations in communities served by First Interstate in Idaho, Montana, Oregon, South Dakota, Washington, and Wyoming. (A list of company locations is available on the bank's website.) The majority of the Foundation's grants are focused on alleviating poverty by

assisting low- and moderate-income individuals and communities. Specific areas of interest include financial education and youth programs. The first step in the application process is to submit a letter of inquiry to the local branch of the bank. Selected organizations will be invited to fill out an online grant application. Letters of inquiry are reviewed throughout the year.

[Read more...](#)



Grants Promote Successful Reentry for Incarcerated People

Deadline: Multiple Dates

The mission of the Bob Barker Company Foundation is to develop and support programs that help incarcerated individuals successfully reenter society and stay out for life. The Foundation supports organizations throughout the U.S. that work with the incarcerated community in order to prepare them physically, spiritually, and emotionally for successful reentry into society. Applying organizations must work with a minimum of 100 incarcerated or formerly incarcerated individuals each year. Grants ranging from \$5,000 to \$50,000 are provided to nonprofit organizations, government agencies, and educational institutions.

[Learn more...](#)



Funds for Well-Established Organizations in 12 States

Deadline: Multiple Dates

The Sunderland Foundation supports nonprofit organizations in Arkansas, Idaho, western Iowa, Kansas, western Missouri, Montana, Nebraska, Oklahoma, Oregon, Utah, central Texas, and Washington. Some emphasis is given to organizations in the Kansas City metropolitan area. Currently, the Foundation's main funding areas of interest are the following: higher education, including public and private institutions; human services, including programs for youth and families; arts and culture, including performing arts and museums; and healthcare and hospitals. The Foundation generally awards grants to larger, well-established nonprofit organizations.

[Learn More...](#)



Grants Enhance Education in the DC Area

The Washington Gas Charitable Giving Program supports nonprofit organizations in the communities the company serves in the Washington, DC, metropolitan region, including locations in Maryland and Virginia. The primary areas of emphasis include the following: The Education category focuses on educational activities targeted toward K-12 youth.

[Learn More...](#)



Support for Organizations Serving Coloradans

Deadline: Multiple Dates

El Pomar Foundation promotes the current and future well-being of the people of Colorado through grantmaking and community stewardship. Grants are provided to nonprofit organizations throughout the state of Colorado. The Foundation's areas of interest include health and human services, education, arts and culture, and civic and community initiatives. Operating, program, and capital support are considered. Applications are reviewed on a rolling basis throughout the year. Online grant application guidelines are available on the Foundation's website.

[Learn More...](#)

CORNELL DOUGLAS
FOUNDATION

Support for Environmental and K-12 Financial Literacy Programs

Deadline: Year-round

The Cornell Douglas Foundation is dedicated to advocating for environmental health and justice and K-12 financial literacy.

(Ed. Note: This could help you implement Money Habitudes!)

[Learn More...](#)