



The Dibble Institute

Resources for Teaching Relationship Skills

February 2021

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WEBINAR - February 10, 2021

Preventing Dating Violence
By Helping Students Choose Healthy Relationships and Build
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DIBBLE NEWS



No-Cost “Mind Matters Minutes” Builds Resilience in Youth

Young people, especially in these times, can be stressed and anxious. Are you seeing this in the youth you serve? What about those youth who have experienced prior trauma or ACEs? Would building resilience skills help them?

[The Dibble Institute](#) is pleased to announce [Mind Matters Minutes](#), a free, virtual self-regulation series, created especially for today’s youth.

Mind Matters Minutes provide teachers and youth workers with nine no-cost, short video practices from the acclaimed [Mind Matters](#) program. They are designed to be easily shared with young people either online or in-person. Each practice presents a skill to reduce reactivity and build resilience.



Dibble Materials Now Included in the National Instructional Materials Access Center

All student materials for [Love Notes](#), [Relationship Smarts PLUS](#), and [Mind Matters](#) have now full compliance with [NIMAC requirements](#), the national repository of accessible educational materials. This means that students who are differently abled will now gain the benefits of relationship education.

Now that Dibble materials are in the NIMAS fileset, the XML and image source files may be used to create not only printed materials, but also screen enlargement, braille, large print, HTML, DAISY talking books using human voice or text-to-speech, audio files derived from text-to-speech transformations, and more.



Dating Violence Prevention Month – New Case Study

Women in Need, Inc. of Hunt and Rockwell counties, provide domestic violence services to victims and survivors of domestic, dating, and intimate partner violence. Learn about how WIN used [Love Notes](#) as an intervention with high school students to prevent teen dating violence.

[Read more...](#)

THE LATEST



Association of Social Support, Depression, Anxiety, and Suicidal Ideation in Young Adults

In this cohort study of 1174 adults aged 19 to 20 years, perceived social support was found to be statistically and significantly associated with fewer depressive and anxiety symptoms, and suicide-related outcomes at 1-year follow-up even after accounting for key confounders, including prior mental health problems in adolescence.

[Read more...](#)



Conflict Between Divorced Parents Can Lead to Mental Health Problems in Children

Conflict between divorced or separated parents increases the risk of children

developing physical and mental health problems. A new study from the Arizona State University Research and Education Advancing Children's Health (REACH) Institute found that children experience fear of being abandoned when their divorced or separated parents engage in conflict. Worrying about being abandoned predicted future mental health problems in children.

[Read more...](#)



Phil Zimbardo, Ph.D. Stanford (Ret.)

Young Men and Society, Part 2: Social Isolation, Gaming, and Porn

[Man Interrupted](#) made clear that excessive video game and porn use should be more researched and openly discussed. Hard-core pornography is one-click away, video games are designed to be addictive, and boys and young men themselves are increasingly asking for help because they don't know how to regulate their own use of these and related technologies. Because of the new difficulties facing young men in this changing, uncertain world, many are choosing to isolate themselves in a place where they have control over outcomes—where there is no fear of rejection and they are praised for their abilities.

[Read more...](#)

NEWS YOU CAN USE



Characteristics of Healthy Marriage and Relationship Education Grantees

A [new resource](#) from The Marriage Strengthening Research and Dissemination Center

describes the characteristics of federally funded healthy marriage and relationship education grantees, as well as their implementation strategies. For example, the analysis finds that, in 2015, these programs aimed to serve individuals and couples who may face challenges in maintaining healthy relationships due to social and economic barriers, such as youth experiencing homelessness and single parents.

[Read more...](#)



Factors Influencing Youth Sexual Activity

Policymakers and practitioners are interested in identifying strategies and approaches to empower youth to make informed decisions that promote optimal health. Such decisions include the avoidance and cessation of sexual risk. Identifying the factors that influence youth's decisions to avoid or cease sexual activity can support policymakers, practitioners, developers, and public health officials as they develop and implement programming to improve risk-related outcomes.

[Read more...](#)



Decline in Unintended Births

Although unintended births - those categorized as too early or unwanted - have declined in recent years in the U.S., about three in ten births in recent years were unintended. Second births are least often categorized as unintended, at 25%, with the highest share of births that are unintended occurring among third or later births, at 40%.

[Read More...](#)

TOOLS YOU CAN USE



Trauma-Informed Care in Adolescent Pregnancy Prevention Programs

A brief from the Office of Planning, Research & Evaluation provides information and resources on trauma-informed care (TIC) for staff of adolescent pregnancy prevention (APP) programs. The brief describes how a history of trauma can impact youth's well-being and presents principles of trauma-informed care that APP staff can incorporate into their programming to meet the needs of youth with trauma histories. The brief also provides a tool for staff to assess their use of such care and a list of resources and organizations for those seeking more information.

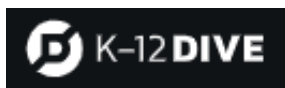
[Read more...](#)



Go Tell Your Teen You Love Them

Stand up. Walk over to your teen. Tell them you love them, just because. That kind of love—the kind that is based on your child just being themselves and not doled out as a reward for a certain behavior or particular success—provides security and gives your child the building blocks for creating healthy relationships in the future.

[Read more...](#)



How To Build Relationships With Students In Remote Learning Environments

Remote learning can hamper how children forge connections between each other and their teachers. Students tend to perform better when they feel their [teacher is invested in them](#) personally and sees them as individuals. That connection between a student and teacher can also help build a “[welcoming, inclusive school climate](#)” while also contributing to boosts in student outcomes, according to Education Northwest.

[Read more...](#)

WEBINAR



February 10, 2021

Preventing Dating Violence By Helping Students Choose Healthy Relationships and Build Social/Emotional Skills

The prevention educators of Women In Need, Inc., based in north Texas, will share with participants their experiences in developing curriculum to help high school students choose healthy relationships. They will also share with participants their experiences in developing curriculum to help middle school students develop healthy social and emotional skills. In addition, participants will hear how Women In Need's prevention educators utilize Love Notes 3.0 to serve at-risk teens. Finally, participants will be reminded of the significance of ongoing curriculum evaluation and modification. Participants will be encouraged to adopt a process of curriculum evaluation and modification that works best for their organizations and the students they serve.

Objectives:

Webinar participants will understand:

- The history, mission, and services of Women In Need, Inc. (WIN).
- WIN's Teen Dating Violence Prevention curriculum for high school students designed to help them choose healthy relationships.
- WIN's prevention education curriculum for middle school students designed to

- help them develop healthy social and emotional skills.
- How WIN adopted Love Notes 3.0 to serve at-risk teens.
- The importance of ongoing curriculum evaluation and modification.

Presenter: Jeff Landers and Tiffany Storm, Education Specialists, Women in Need

Who should attend: Educators, counselors, Community Action, dating violence programs, healthy relationship program managers, and youth workers.

When: Wednesday, February 10, 2021, 4:00 pm Eastern/1:00 pm Pacific

Duration: 60 minutes

Cost: Free!

[Register Now >](#)

FUNDING STREAMS - AVAILABLE



Funds to Improve the Quality of Life for Kentuckians

Honorable Order of Kentucky Colonels Good Works Program

Deadline: February 12, 2021

The Honorable Order of Kentucky Colonels Good Works Program's primary objective is to support needy Kentucky charities and worthy organizations that stand ready to help all Kentuckians in having a boundless future. Grants are made possible through annual donations from individual Kentucky Colonels located in the Commonwealth, across the nation, and from around the world. The Program's areas of grantmaking interest include community enhancement, historic preservation, education, life skills, homelessness, health and rehabilitation, services for veterans and military members, youth services, and services for low-income populations and people in crisis.

[Learn more...](#)

Second Chance Act Youth Offender Reentry Program

Deadline: February 19, 2021

The goal of this program is to increase public safety by reducing recidivism among moderate to high-risk youth following their release from a juvenile residential facility.

[Learn More...](#)



Direct Service Programs for Traumatized Children Funded **Weyerhaeuser Family Foundation Children's Initiative**

Deadline: March 1, 2021

The Weyerhaeuser Family Foundation's Children's Initiative provides support to direct service programs throughout the United States that promote resilience, stability, and psycho-social health for youth ages 14 to 21 who have been traumatized by Adverse Childhood Experiences (ACEs). Eligible programs must directly serve youth who have been significantly traumatized by ACEs, offer age-appropriate therapeutic interventions, provide services that go beyond crisis intervention, include a plan for evaluating program effectiveness, enhance the relationship between the child and at least one significant adult, be a new program or a new therapeutic component to an existing program, and use trauma informed practices. The average grant size is \$30,000 or less.

[Learn more...](#)

Research Funding Opportunity - Grants to Support New Investigators in Conducting Research Related to Preventing Interpersonal Violence Impacting Children and Youth (K01)

Deadline: March 10, 2021

The purpose of CDC's National Center for Injury Prevention and Control (NCIPC) Mentored Research Scientist Development Award (K01) is to provide support for an intensive, mentored career development experience in conducting violence prevention research.

CDC's NCIPC intends to commit up to \$250,000 in FY2021 to support up to two awards. Applicants must propose a research project that addresses at least one of the interpersonal violence prevention research gaps in the NCIPC Research Priorities as they relate to violence impacting children or youth from birth through age 17. These research priorities include:

- Child abuse and neglect
- Youth violence
- Intimate partner violence (teen dating violence)
- Sexual violence
- Cross-cutting violence prevention

[Learn more...](#)



Charting a Course for Economic Mobility and Responsible Parenting - Cohort II

Deadline: March 24, 2021

The Office of Child Support Enforcement (OCSE) forecasts inviting eligible applicants to submit applications developing interventions to educate teens and young adults about the financial, legal, and emotional responsibilities of parenthood. The primary goal of the grant projects is to leverage the child support program's expertise on the legal and financial responsibilities of parenting to educate and motivate teens and young adults to postpone parenthood until after they have completed their education,

started a career, and entered a committed relationship.

[Learn more...](#)



Brady Education Foundation – Funding Program Evaluations

Deadline: April 1, 2021

The Foundation is currently accepting proposals focused on evaluating programs that have the potential of helping to close the opportunity and resulting achievement gaps associated with race and family income.

[Learn more...](#)



Organizations in the Mid-Atlantic States and Utah Supported

Deadline: May 1, 2021

The Kahlert Foundation primarily supports nonprofit organizations that work to improve the quality of life and well-being of communities in the states of Maryland and Utah. Additional support is provided to organizations in southern Pennsylvania, northern Virginia, and Washington, DC. The Foundation's areas of focus include Health Care, Youth Programs, Education, Veterans, and Human Services. Applying organizations need to demonstrate good leadership and financial stability, and have a minimum history of two years of existence.

[Learn more...](#)



Grants Focused on Teen Pregnancy Prevention in Colorado

Deadline: May 3, and September 1, 2020

The Buell Foundation supports nonprofit organizations, school districts, and government entities that focus on the positive development of young children in Colorado. Another funding priority is Teen Pregnancy Prevention, which includes support for proven, comprehensive, medically accurate teen pregnancy prevention programs.

[Learn more...](#)



Support for Organizations in Bank Communities in ID, MT, OR, SD, WA, and WY

Deadline: Year-Round

The First Interstate BancSystem Foundation supports nonprofit organizations in communities served by First Interstate in Idaho, Montana, Oregon, South Dakota, Washington, and Wyoming. (A list of company locations is available on the bank's website.) The majority of the Foundation's grants are focused on alleviating poverty by assisting low- and moderate-income individuals and communities. Specific areas of interest include financial education and youth programs. The first step in the application process is to submit a letter of inquiry to the local branch of the bank. Selected organizations will be invited to fill out an online grant application.

[Learn more...](#)



Grants to Promote Successful Reentry for Incarcerated People

Deadline: Multiple Dates

The mission of the Bob Barker Company Foundation is to develop and support programs that help incarcerated individuals successfully reenter society and stay out for life. The Foundation supports organizations throughout the U.S. that work with the incarcerated community in order to prepare them physically, spiritually, and emotionally for successful reentry into society. Applying organizations must work with a minimum of 100 incarcerated or formerly incarcerated individuals each year. Grants ranging from \$5,000 to \$50,000 are provided to nonprofit organizations, government agencies, and educational institutions.

[Learn More...](#)



Funds for Well-Established Organizations in Twelve States

Deadline: Multiple Dates

The Sunderland Foundation supports nonprofit organizations in Arkansas, Idaho, western Iowa, Kansas, western Missouri, Montana, Nebraska, Oklahoma, Oregon, Utah, central Texas, and Washington. Some emphasis is given to organizations in the Kansas City metropolitan area. Currently, the Foundation's main funding areas of interest are the following: higher education, including public and private institutions; human services, including programs for youth and families; arts and culture, including performing arts and museums; and healthcare and hospitals. The Foundation generally awards grants to larger, well-established nonprofit organizations.

[Learn More...](#)



Grants Enhance Education in the DC Region

Deadline: Multiple Dates

The Washington Gas Charitable Giving Program supports nonprofit organizations in the communities the company serves in the Washington, DC, metropolitan region, including locations in Maryland and Virginia. The primary areas of emphasis include the following: The Education category focuses on educational activities targeted toward K-12 youth.

[Learn More...](#)



El Pomar Foundation

Deadline: Multiple Dates

El Pomar Foundation promotes the current and future well-being of the people of Colorado through grant-making and community stewardship. Grants are provided to nonprofit organizations throughout the state of Colorado. The Foundation's areas of interest include health and human services, education, arts and culture, and civic and community initiatives. Operating, program, and capital support are considered. Applications are reviewed on a rolling basis throughout the year.

[Learn More...](#)

CORNELL DOUGLAS
FOUNDATION

Support for Environmental and K-12 Financial Literacy Programs

Deadline: Year-Round

The Cornell Douglas Foundation is dedicated to advocating for environmental health and justice and K-12 financial literacy. *(Ed. Note: This could help you implement Money Habitudes!)*

[Learn more...](#)



Support for Nonprofit Organizations in Nine Western States

Deadline: Year-Round

The Kampe Foundation supports nonprofit organizations in California, Colorado, Idaho, Montana, Nevada, Oregon, Utah, Washington, and Wyoming. Emphasis is given to programs that make a measurable difference in the lives of low- and moderate-income individuals and communities.

[Learn more...](#)



FORECASTED

Funds for Behavioral Health Initiatives in Alaska and Washington State

Deadline: Year-Round

The Premera Social Impact Program supports nonprofit organizations in Alaska and Washington State that address behavioral health issues.(Ed. Note: Might Mind Matters be a useful intervention here?)

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