

May 2021

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WEBINAR - *May 12, 2021*

**Co-Regulation Strategies:
Practical Tools for Program Staff to Foster Youth Self-Regulation**

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DIBBLE NEWS



Mind Matters Minutes Added To Tristate Trauma Network

"The Tristate Trauma Network has placed [Mind Matters Minutes](#) on their regional [trauma-informed resource list](#) to provide teachers and direct service providers with resources that can easily be shared with young people. The Network is focusing their efforts on trauma and toxic stress through regional and local providers in Ohio, Kentucky, and Indiana."

[Learn more...](#)



2021 Runaway and Homeless Youth Grant Toolkit

Dibble is pleased to announce the release of a 2021 RHY Grant applicant toolkit to help those serving runaway and homeless youth write a strong proposal. Write [Mind Matters](#), [Love Notes](#), and/or [Money Habitudes](#) into your grant plan to address the core area of social and emotional well-being and use a Positive Youth Development approach.

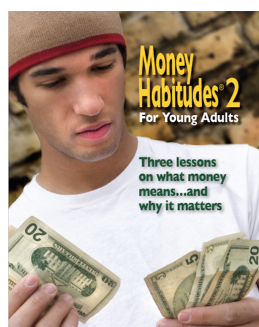
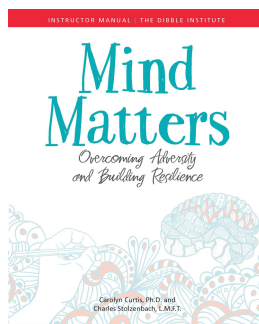
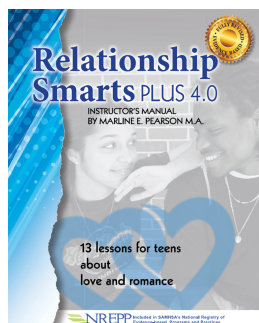
[Get the Toolkit](#)



Dibble Resources For Addressing Trauma

Trauma in the face of the COVID pandemic and many other stressful factors is increasing in youth throughout the nation. Now, more than ever, educators need trauma-informed tools and tips to support youth, helping them to overcome adversity and build resilience. Dibble has gathered [trauma-informed resources](#) for educators to use directly with young people.

[Get the Resources](#)



Three Trainings In May

Registration is now open for online Facilitator Trainings in May!

Relationship Smarts PLUS

May 24-28, 2021 @ 9:00 am-12:30 pm Pacific

Cost: \$949 + \$425 Instructor's Manual + Tax/S/H

[Register by May 14, 2021](#)

Mind Matters

May 24-28, 2021 @ 9:00 am-12:30 pm Pacific

Cost: \$949.00 + \$325 Instructor's Manual + Tax/S/H

*CEUs will be available for purchase after the training through R. Cassidy Seminars.

[Register by May 14, 2021](#)

Money Habitudes for Young Adults

May 19, 2021 @ 9:00 am-12:00 pm Pacific

Cost: \$59.00 + \$69 Instructor's Manual + Tax/S/H

*CEUs will be available for purchase after the training through R. Cassidy Seminars.

[Register by May 7, 2021](#)

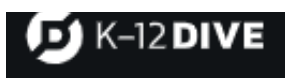
THE LATEST



Stanford Study Identifies Another Explanation For The ‘Marriage Premium’

In Chile, the proportion of births among women based on their marital status has shifted dramatically in the last 30 years. More unmarried women today give birth relative to married women. A Stanford research study shows that “As marriage has lost its normative status in Chile, the marriage premium for children also declined to the point where it fully disappeared. The researchers say their findings do not discount the role that parents and their marital circumstances contribute to the marriage – it’s just not the whole story.

[Read more...](#)



Social-Emotional Learning Is Essential To 'Build Back Better'

The idea of “building back better” has been embraced by everyone from President Joe Biden to school leaders, but if we truly want to build back better, we must start with SEL. Social and emotional learning is the way through which we learn and develop all aspects of our being. The skills and practices it promotes, such as creating and strengthening supportive relationships, are the foundation on which we can build more resilient schools, systems and communities.

[Read more...](#)

NEWS YOU CAN USE



The Six Keys to Positive Communication

Communicating better can help you achieve your goals and deepen your relationships. Practicing positive communication changes the script on personal interactions, which affects the relationships that you care about, the groups you work in, and the communities you belong to.

[Read more...](#)



The Jed Foundation

What We Know About Student Mental Health And The Pandemic

The effects of the pandemic on students are likely to be felt for years to come, experts say. Since the pandemic began, children and adolescents have higher rates of anxiety, depression, and stress, and even more specific issues such as addictive internet behaviors.

[Read more...](#)



Women's Untapped Power In Today's Dating Market

Jon Birger, journalist and author of the newly published book, *Make Your Move: The New Science of Dating and Why Women Are in Charge*, says, "A big problem with online dating that I address in the book is that the business goals of dating-app operators are not at all aligned with the romantic goals of most dating-app users. Dating apps do not get rich off your happily-ever-afters. Their business models revolve around growing membership revenues by attracting new customers and by retaining old ones."

[Read more...](#)

TOOLS YOU CAN USE



American Rescue Plan Act: Funding Social and Emotional Learning

Friday, May 21 at 11:00 am ET

With historic levels of funding in education available, how is your community making

connections to SEL in your budget priorities? The American Rescue Plan (ARP) offers an unparalleled opportunity for state and district leaders to make long-term investments in SEL.

Recommended for district and state leaders, attendees will gain insights into:

- How state and district leaders can make wise investments that will sustain SEL long-term and translate into rich learning experiences and important outcomes for all students
- What SEL spending is allowed under ARPA
- Who should be part of the decision-making conversations

[Register now...](#)



What Do PACEs Have To Do With DV? Everything.

Do you want to eradicate and prevent domestic violence? Integrate the science of positive and adverse childhood experiences (PACEs) in everything. This webinar addresses how the science of PACEs is being integrated into the family court system, domestic violence shelters, batterer intervention courses and community PACEs initiatives.

[Watch now...](#)



How To Teach Kids About Empathy

Finding things in common with other people can be a powerful way to help kids learn to appreciate and care about people who are different from them. This resource includes four key steps for adults to help kids to identify things they have in common with others, especially with those who seem different from them.

[Read more...](#)

WEBINAR



May 12, 2021

Co-Regulation Strategies: Practical Tools for Program Staff to Foster Youth Self- Regulation

What is co-regulation? Why does it matter? How can I integrate co-regulation into my program or practice? Join interventionist and nurse-educator Aly Frei to explore co-regulation, its importance for youth development, and its potential to improve program outcomes.

Co-regulation is a term that helps describe the important interactions between adults and young people that foster youth self-regulation. Self-Regulation is a central ingredient in lifelong success, predicting healthy relationships, economic self-sufficiency, and physical and emotional well-being. Because of rapid change in youths' brains and bodies, adolescence is an important time for adults to promote self-regulation development.

Through co-regulation, adults form relationships where youth feel cared for and known; co-create safe and nurturing environments; and give youth opportunities to practice self-regulation skills and reflect on how to apply them in their lives. Integrating co-regulation strategies into youth service delivery is a promising approach for improving program implementation and youth outcomes.

Objectives:

Webinar participants will be able to:

1. Explore the components of co-regulation
2. Describe the important role that youth-serving practitioners have in supporting self-regulation development.
3. Identify practical strategies and lessons learned from one project to help guide the integration of co-regulation into your program.

Presenter: Aly Frei, Senior Project Manager, Public Strategies

Who should attend: Program managers, counselors, educators, practitioners, and anyone interested in working with youth.

When: Wednesday, May 12, 2021, 4:00 pm Eastern/1:00 pm Pacific

Duration: 60 minutes

Cost: Free!

[Register Now >](#)

FUNDING STREAMS



Runaway and Homeless Youth

Basic Center Program

Deadline: June 21, 2021

(Editor's Note: Use this [grant toolkit](#) to write a strong proposal using Mind Matters, Love Notes, and/or Money Habitudes to address the core area of social and emotional well-being and use a Positive Youth Development approach.)

BCPs provide temporary shelter and counseling services to youth who have left home without permission of their parents or guardians, been forced to leave home, or other homeless youth who might otherwise end up in the law enforcement or in the child welfare, mental health, or juvenile justice systems. BCPs work to establish or strengthen community-based programs that meet the immediate needs of runaway and homeless youth and their families. BCPs provide youth under 18 years of age with emergency shelter, food, clothing, counseling and referrals for health care. BCPs can

provide up to 21 days of shelter for youth and seek to reunite young people with their families, whenever possible, or to locate appropriate alternative placements. Additional services may include: street-based services; home-based services for families with youth at risk of separation from the family; drug abuse education and prevention services; and at the request of runaway and homeless youth, testing for sexually transmitted diseases.

[Learn more...](#)



Runaway and Homeless Youth
Transitional Living Program

Deadline: June 28, 2021

(Editor's Note: Use this [grant toolkit](#) to write a strong proposal using Mind Matters, Love Notes, and/or Money Habitudes to address the core area of social and emotional well-being and use a Positive Youth Development approach.)

TLPs implement, enhance, and/or support effective strategies for successful transition to sustainable living for runaway and homeless youth ages 16 to under 22 and/or pregnant and parenting youth ages 16 to under 22 and their dependent child(ren). Projects must provide safe, stable, and appropriate shelter for up to 18 months and, under extenuating circumstances, can be extended to 21 months and provide comprehensive services that supports the transition of homeless youth to self-sufficiency and stable, independent living.

[Learn more...](#)



Runaway and Homeless Youth

Maternity Group Home Program

Deadline: September 30, 2021

(Editor's Note: Use this [grant toolkit](#) to write a strong proposal using Mind Matters, Love Notes, and/or Money Habitudes to address the core area of social and emotional well-being and use a Positive Youth Development approach.)

MGHs provide safe, stable, and appropriate shelter only for pregnant and/or parenting youth ages 16 to under 22 and their dependent child(ren) for 18 months and, under extenuating circumstances, up to 21 months. MGH projects must accommodate the needs and safety of the dependent children to include facility safety standards for infants and children on the premises. MGH services include, but are not limited to, parenting skills, child development, family budgeting, and health and nutrition education, in addition to the required services provided under the Transitional Living Program to help MGH youth realize improvements in four core outcome areas. The MGH combination of shelter and services is designed to promote long-term, economic independence to ensure the well-being of the youth and their child(ren).

[Learn more...](#)



Funds for Family Empowerment Initiatives in the Southeast

Charlie's Heart Foundation

Deadline: June 1, 2021

Charlie's Heart Foundation supports nonprofit organizations that operate in Georgia, North Carolina, South Carolina, Tennessee, or Virginia. The 2021 Charlie's Heart

Family Empowerment Grant will fund innovative human service projects that empower families in states of Arkansas, Colorado, Kansas, Missouri, New Mexico, and Texas. The Foundation generally provides grants ranging from \$5,000 to \$50,000 for specific program or project expenses. Letters of interest/organizational summaries may be submitted through the link found at Charlie's Heart Foundation website through April 15, 2021.

[Learn more...](#)



Efforts to Improve the Health of Montanans Funded
Montana Healthcare Foundation

Deadline: June 1, 2021

The Montana Healthcare Foundation is dedicated to improving the health and well-being of all Montanans. The Foundation's 2021 Call for Proposals will provide grants to organizations that focus on one of the following areas: Behavioral Health, American Indian Health, and Partnerships for Better Health. The Foundation is offering grants ranging between \$10,000 and \$50,000 for projects implemented within a 12-month period and grants up to \$100,000 for projects implemented within a 12- to 24-month period. Montana-based nonprofit organizations, educational institutions, and government agencies are eligible to apply.

[Learn more...](#)



Grants Promote Youth Opportunities in Oklahoma and Surrounding States
The Kerr Foundation

Deadline: June 30, 2021

The Kerr Foundation primarily provides support to nonprofit organizations in Oklahoma; however, the Foundation also considers requests from organizations in the surrounding states of Arkansas, Colorado, Kansas, Missouri, New Mexico, and Texas,