



The Dibble Institute

Resources for Teaching Relationship Skills
to Teens and Young Adults

Hospital Case Study

Organization:	Arkansas Children's Hospital
URL:	https://www.archildrens.org/
Program Name:	Love Notes
Funding:	Their budget comes from Arkansas Children's Community Engagement Funding The Love Notes program remains funded because teen pregnancy is a continued need
What problem is being solved?	Love Notes addresses multiple challenges teens face including pregnancy prevention and dating violence prevention
Curricula Used:	Love Notes Classic v3 and Love Notes SRA
Curricula Benefits:	Love Notes' comprehensive and thorough approach to relationship education as well as its compelling impact on teen pregnancy rates.
Target Audience:	High school students.
Audience Demographics:	200 students in four schools during 20/21 school year.
Class Size:	25-30
Program Setting:	They teach in both health and Family and Consumer Sciences (FCS) classes. FCS has Dynamics of Human Relationships class in high schools. FCS teachers love it. One teacher takes one lesson and spreads it out over a full week.
Length of Instruction (# of Sessions and hours per session):	They teach entire program – 14 lessons
Student Workbooks:	All students receive a Love Notes workbook.

Incentives to Teachers and Students:	Teachers get the instructor manual and student materials at no charge. They also get free training.
Observable Outcomes:	Pre/post test. Satisfaction survey with teachers.
Challenges:	A fixed budget that doesn't easily allow expansion. They are looking at workbook sponsors and small grants to add to their budget.