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# The Dibble Institute

Resources for Teaching Relationship Skills

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May 2022

## DIBBLE NEWS

- [Act Soon! Scholarships are Available for Mind Matters Now!](#)
- [Before Summer Vacation - Share Me & My Emotions With Your Teens!](#)

## THE LATEST

- [Measuring Child Well-Being in Evaluations of Healthy Marriage and Responsible Fatherhood Programs](#)
- [Teen Dating Violence Victimization](#)
- [Highlights from the Healthy Marriage and Responsible Fatherhood Technical Work Groups](#)

## NEWS YOU CAN USE

- [New CDC Data Highlights Impact of COVID-19 Pandemic on Our Nation's Youth](#)
- [Black Children and Adolescents Can Achieve Greater Heights With Research-informed Policies and Practices](#)
- [The Life-Long Psychological Effects Your First Love Has on You](#)

## TOOLS YOU CAN USE

- [American Community Survey Data for Nonprofits](#)
- [Help Youth Reach Their Full Potential During National Adolescent Health Month](#)
- [Building Better Childhoods Website and Toolkit](#)

**WEBINAR** - May 11, 2022

**Relationship Churning:  
Recognizing and Understanding On-Again/Off-Again Relationships**

## FUNDING STREAMS

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## DIBBLE NEWS



## Act Soon! Scholarships are Available for Mind Matters Now!

The Dibble Institute has received generous funding for scholarships to the online, full 12-lesson series, [Mind Matters Now](#). The course helps teachers, social workers, medical professionals, and others manage their stress by building resilience skills and practices for mental wellbeing. (CEU's are available for \$40.)

This limited-time offer will be ending soon, so apply today one of the Mind Matters Now scholarships (value \$49). If approved, you will then be emailed a coupon code.

[Apply...](#)

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## Before Summer Vacation - Share Me & My Emotions With Your Teens!

Have you checked out [Me & My Emotions](#) yet? Teens can practice skills and build resilience by playing through the free online lessons, watching videos, and earning experience points... all from their mobile devices. The site supports teens' mental wellness by helping them slow down, check in with themselves, and develop practices for healthy living.

If you would like to receive 2 free printed posters and 100 pop socket stickers for distribution, [send us your mailing address!](#)

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## THE LATEST

## **Measuring Child Well-Being in Evaluations of Healthy Marriage and Responsible Fatherhood Programs**

Providing services designed to promote relationship and economic stability has the potential to improve co-parenting, parenting skills, financial outcomes, and parental well-being, which may in turn improve children's well-being. This report describes how recent HMRE and RF evaluations have measured child well-being and offer recommendations for evaluators who are interested in incorporating child well-being measures into future evaluations.

[Read more...](#)

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## **Teen Dating Violence Victimization**

A new study grounded in a social learning theoretical framework examines attitudes and behaviors associated with verbal and physical teen dating violence (TDV) victimization. Results indicated that peers' justification of TDV, peer victimization, sexual activity, and attitudes supporting gender inequality were each associated with higher physical and verbal TDV victimization for both girls and boys.

[Read more...](#)

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## Highlights from the Healthy Marriage and Responsible Fatherhood Technical Work Groups

Explore highlights from OPRE's second FRAMING Research Technical Workgroup (TWG) convenings, which brought together research and practice experts to discuss healthy marriage and relationship education (HMRE) and responsible fatherhood (RF) programming, research, and evaluation. The HMRE TWG report summarizes their discussion of the challenges of implementing HMRE programs for youth and individual adults, building the evidence base for the effectiveness of these programs, and five top priorities they identified for future work. The RF TWG report summarizes their discussion of implementation and impacts of programs designed to improve the economic stability of fathers with a history of criminal justice involvement, barriers these fathers face in trying to be involved fathers, and ways programs can help fathers overcome these barriers.

[Read more...](#)

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## NEWS YOU CAN USE



### New CDC Data Highlights Impact of COVID-19 Pandemic on Our Nation's Youth

New data from the Adolescent Behaviors and Experiences Survey (ABES) highlights the magnitude of the challenges our nation's youth faced during the COVID-19 pandemic. ABES provides results on students' behaviors and experiences during the pandemic related to substance use, mental health and suicide, disruptions to student life, racism and more. Each of us can play a part in creating safe, supportive, affirming environments where youth can be healthy and resilient.

[Read more...](#)

*(Ed. Note: [Mind Matters](#) directly addresses the stress brought on by the pandemic and teaches skills to build resiliency in youth. If you are running a summer teen program, take a look! [Request a free review copy.](#))*



## **Black Children and Adolescents Can Achieve Greater Heights With Research-informed Policies and Practices**

Racial disparities in many indicators of child well-being (e.g., school suspension, suicide, exposure to violence, juvenile arrests) illustrate the need to improve Black children's and adolescents' experiences and outcomes across multiple domains, including education, health, child welfare, and criminal justice. However, to promote a deeper and more varied understanding of Black children and adolescents, this brief highlights their progress and accomplishments in addition to their continued needs. Our intention is not to minimize the serious consequences of racial injustice but rather to recognize young Black people's achievements and resilience as we work to create the society that they, and all children and youth, deserve.

[Read more...](#)

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## **The Life-Long Psychological Effects Your First Love Has on You**

Biological researcher Helen Fisher's 2005 fMRI study on couples in love found that romantic love is primarily a motivation system that can be similar to what we experience during addiction. Cognitive scientists at MIT explain that we experience peak processing and memory power at around age 18. We experience a lot of firsts (such as our first love) at a time when our brains are still developing or reaching this processing peak. These emotional and hormonal imprints of first love (at a time when our brains are in such an important growing stage or peak) cause life-long effects not only to our psyche but also to our biology.

[Read more...](#)

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**TOOLS YOU CAN USE**



## **American Community Survey Data for Nonprofits**

*May 11, 2022*

Learn how the American Community Survey (ACS) can be a useful tool for nonprofit organizations and their operations. In this webinar, we will go through an overview of the ACS including basics, history, topics included, and then a live demonstration of how to get data using data.census.gov. We will then highlight the importance of the ACS for nonprofits and the unique ways nonprofits can use ACS data.

[Register Now...](#)

*(Ed. Note: This information can be especially useful for people writing grant applications because you learn where to find information needed for a strong application.)*

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## **Help Youth Reach Their Full Potential During National Adolescent Health Month**

May is National Adolescent Health Month. Join the Office of Population Affairs in celebrating young people's strengths and potential, encouraging youth engagement, and highlighting key topics in adolescent health. Parents, caregivers, youth-serving professionals, and healthcare providers can empower youth to make decisions about their own health and become leaders in their communities. During NAHM, help adolescents build on their strengths, overcome barriers to accessing services and resources, and make healthy and informed decisions.

[Read more...](#)

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## Building Better Childhoods Website and Toolkit

Social Current and Prevent Child Abuse America teamed up to develop new tools to help us all build the public understanding and political will needed to prevent and address childhood adversity. Grounded in recent research from the FrameWorks Institute, the tools are designed for communicating with media, funders, policymakers, and the general public.

[Read more...](#)

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## WEBINAR



*May 11, 2022*

### **Relationship Churning: Recognizing and Understanding On-Again/Off-Again Relationships**

Join Sarah Halpern-Meehin, Associate Professor of Human Development and Family Studies, and of Public Affairs at University of Wisconsin-Madison, to learn about the concept of on-again and off-again relationships known as “Relationship Churning.”

Join her as she discusses the frequency of relationship churning among young adults and parents, explains the associated predictors, and reflects on how practitioners can recognize them, including implications for their work.

**Objectives:** participants will be able to:

1. Explain what a churning relationship is
2. Explain the frequency of and factors associated with churning relationships
3. Reflect on the implications of churning relationships for practice

**Presenter:**

**Sarah Halpern-Meekin, Ph.D.**, University of Wisconsin – Madison

**Who should attend:** Case workers, counselors, educators, parents, college educators, home visitors, child welfare and juvenile justice workers, Extension professionals, public health professionals, and anyone working with young people.

**When:** Wednesday, May 11, 2022, 4:00 pm Eastern/1:00 pm Pacific

**Duration:** 60 minutes

**Cost:** Free!

[Register Now >](#)

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## FUNDING STREAMS



*ACEs Aware CA Statewide Learning Collaborative*

**PRACTICE: Preventing and Responding to ACE-Associated Health Conditions and Toxic Stress in Clinics through Community Engagement.**

**Deadline:** May 13, 2022

Funded by DHCS with support from CA-OSG, the PRACTICE statewide learning collaborative will support the efforts of clinical teams to address toxic stress in local communities. Up to 30 teams will receive funding, each ranging from \$500,000 to \$1 million, with the goal of increasing the capacity of Medi-Cal primary care organizations/clinics, community-based organizations (CBOs), and Medi-Cal managed care plans to leverage existing and new sources of state funding to:

- Strengthen partnerships to screen for Adverse Childhood Experiences (ACEs) in order to identify clinical risk for and respond to toxic stress.
- Develop sustainable, practical, community-informed, evidence-based services that target toxic stress physiology and ACE-Associated Health Conditions, and support the prevention of ACEs and toxic stress.
- Build a sustainable workforce to support ACE screening, toxic stress response, and prevention of ACEs, toxic stress, and ACE-Associated Health Conditions.

[Learn more...](#)

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## **Transitional Living Program**

**Deadline:** June 21, 2022

The Transitional Living Program (TLP) provides safe, stable, and appropriate shelter for runaway and homeless youth ages 16 to under 22 for up to 18 months and, under extenuating circumstances, can be extended to 21 months. TLPs provide comprehensive services that supports the transition of homeless youth to self-sufficiency and stable, independent living. Through the provision of shelter and an array of comprehensive services, TLP youth will realize improvements in four core outcome areas (i.e., safe and stable housing, education/employment, permanent connections, and social and emotional well-being).

[Learn more...](#)

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## **Basic Center Program**

**Deadline:** June 27, 2022

The Basic Center Program (BCP) provides temporary shelter and counseling services to youth who have left home without permission of their parents or guardians, have been forced to leave home, or other homeless youth who might otherwise end up in the law enforcement or in the child welfare, mental health, or juvenile justice systems. BCPs work to establish or strengthen community-based programs that meet the immediate needs of runaway and homeless youth and their families. BCPs provide youth under 18 years of age with emergency shelter, food, clothing, counseling and referrals for health care. BCPs can provide up to 21 days of shelter for youth and seeks to reunite young people with their families, whenever possible, or to locate appropriate alternative placements.

Additional services may include: street-based services; home-based services for families with youth at risk of separation from the family; drug abuse education and prevention services; and at the request of runaway and homeless youth, testing for sexually transmitted diseases.

[Learn more...](#)

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### **Maternity Group Home Program**

**Deadline:** June 27, 2022

The Maternity Group Home (MGH) program provides safe, stable, and appropriate shelter only for pregnant and/or parenting youth ages 16 to under 22 and their dependent child(ren) for 18 months and, under extenuating circumstances, up to 21 months. Service providers must accommodate for the needs and safety of the dependent children to include facility safety standards for infants and children on the premises. MGH services include, but are not limited to, parenting skills, child development, family budgeting, and health and nutrition education, in addition to the required services provided under the Transitional Living Program to help MGH youth realize improvements in four core outcome areas. The MGH combination of shelter and services is designed to promote long-term, economic independence to ensure the well-being of the youth and their child(ren).

[Learn more...](#)

*(Ed. Note: If you plan to write for any of the above grants, please [request a review copy](#) of Love Notes or Mind Matters. Both have been used to improve the outcomes of runaway and homeless youth.)*

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## Youth Initiative Grant

### **Deadline:** Multiple Dates

The goal of the Youth Initiative is to support direct service programs that promote resilience, stability, and psycho-social health for youth ages 14-21 who have been traumatized by Adverse Childhood Experiences (ACEs). The average grant size for the Children's Initiative is \$30,000 or less. The Foundation gives priority to programs that:

- Actively solicit input from program beneficiaries in ways that guide the design, delivery, and refinement of the program.
- Collaborate with other organizations to enhance the program curriculum, measure outcomes, or expand and share knowledge in order to better serve program beneficiaries.
- Take a multidisciplinary and multidimensional approach, treating individuals holistically, and consider existing social and cultural contexts.
- Educate significant adults (e.g., parent, foster parent, teacher, coach) in order to best serve program beneficiaries.
- Serve youth segments that historically have less access to services, including youth of color, youth from rural communities, youth involved with state systems, refugees, LGBTQ youth, and those who have experienced sexual exploitation.

[Learn more...](#)

