

March 2023

DIBBLE NEWS

- [North Carolina Moves Closer to Creating Nation's First Aces-Informed Courts System](#)
- [Join Our Top Team!](#)

THE LATEST

- [Teen Girls 'Engulfed' In Violence and Trauma, CDC Finds](#)
- [Research Explains How Our Teenage 'Templates' of Love Affect Us As Adults](#)
- [Re-Examining the Link Between Premarital Sex and Divorce](#)

NEWS YOU CAN USE

- [Abuse At Home Spills Over into the Workplace, New Study Reveals](#)
- [Negative Marital Communications Leave Literal, Figurative Wounds](#)
- [Lifelong Marriage Lowers Risk of Dementia](#)

TOOLS YOU CAN USE

- [Kisses, Crushes and Marriage Proposals: Wait, Aren't You Only 6 Years Old?](#)
- [How to Communicate with Love \(Even When You're Mad\)](#)
- [Emotional Well-Being and Coping During Crises](#)
- [How One Teacher Developed Buy-In and Empathy in Her Students](#)

WEBINAR - March 8, 2023

**Premarital Cohabitation:
Timing, Engagement, and Marital Outcomes**

FUNDING STREAMS

DIBBLE NEWS



North Carolina Moves Closer to Creating Nation's First Aces-Informed Courts System

Quintin McGee, a New Hanover County public defender, and Amber Bellamy, a health educator specialist, are using a program called “[Love Notes](#)” to work with teens from the Boys and Girls Home in Columbus County. They teach them “relationship smarts and sexual health, and how to make right and informed decisions,” said Bellamy. The 13-week program encourages students to “Dream Big,” and ends with a Dream Big banquet where students tell attendees what their plans and visions are.

[Read more...](#)



Join Our Top Team!

The Dibble Institute is looking to hire two on-call training specialists with expertise in facilitating our programs.

[Learn more...](#)

THE LATEST

Teen Girls ‘Engulfed’ In Violence and Trauma, CDC Finds

Teen girls across the United States are “engulfed in a growing wave of violence and trauma,” according to federal researchers who [released data Monday](#) showing increases in rape and sexual violence, as well as record levels of feeling sad or hopeless. Nearly 1 in 3 high school girls reported in 2021 that they seriously considered suicide — up nearly 60 percent from a decade ago — according to new findings from the Centers for Disease Control and Prevention. Almost 15 percent of teen girls said they were forced to have sex, an increase of 27 percent over two years and the first increase since the CDC began tracking it.

[Read more...](#)



Research Explains How Our Teenage ‘Templates’ of Love Affect Us as Adults

A new [study](#) published in the Journal of Couple and Relationship Therapy explains how teenagers can form healthy or unhealthy ‘templates’ of romantic relationships that can perpetuate as they grow up. The researchers, led by Kay Bradford and Brian Higginbotham of Utah State University and Jacqueline Miller of the University of New Mexico, believe that relationship education, much like sexual education, may be the key to helping adolescents build healthier current and future romantic relationships. “Teen relationships are related to their well-being – and what they learn in relationships helps shape their relationships in adulthood,” explains Bradford.

[Read more...](#)



Re-Examining the Link Between Premarital Sex and Divorce

Premarital sex predicts divorce, but we do not know why. Scholars have attributed the relationship to factors such as differences in beliefs and values, but a study from Pennsylvania state re-examines this relationship with event history models that include adolescent beliefs and values, religious background, and personal characteristics, as well as approximate number of premarital sexual partners in young adulthood. The study finds that the relationship between premarital sex and divorce is highly significant and robust even when accounting for early-life factors; with no evidence of gender differences. followed by those with one to eight partners. There is no evidence of gender differences.

[Read more...](#)

NEWS YOU CAN USE



Abuse At Home Spills Over into The Workplace, New Study Reveals

According to the study, published in the *Journal of Occupational and Organizational Psychology*, psychological abuse by a partner at home affects how well both men and women are able to do their jobs. But men can diminish the effects of abuse on their job performance by mentally distancing themselves from their family at work, whereas the same effect does not occur for women, the study says. The research is thought to be the first to show that psychological abuse at home by a partner or spouse spills over into the workplace.

[Read more...](#)



Negative Marital Communications Leave Literal, Figurative Wounds

A tendency for one or both spouses to avoid or withdraw from tough conversations could set up married couples for emotional distress, bad feelings about their relationship, chronic inflammation and lowered immune function, new research suggests.

[Read more...](#)



NTNU – Trondheim
Norwegian University of
Science and Technology

Lifelong Marriage Lowers Risk of Dementia

If you are married continuously for many years in midlife, you have a lower risk of developing dementia in old age, according to a recently published study based on data from HUNT Study health surveys in Nord-Trøndelag.

[Read more...](#)

TOOLS YOU CAN USE

Kisses, Crushes and Marriage Proposals: Wait, Aren't You Only 6 Years Old?

It's not unusual for young children to become fascinated by romance, but sometimes these big feelings can take parents by surprise. Experts share tips on how to navigate a child's first 'love.'

[Read more...](#)



How to Communicate with Love (Even When You're Mad)

Our romantic relationships can be a great source of joy and fulfillment in our lives. Yet they can also be the place we most struggle with communicating in a healthy and effective way. It seems the more important the relationship, the greater our potential to fall into reactivity when things seem to be going awry. In this article, a marriage therapist offers a step-by-step guide for a conversation with your partner when emotions are running high.

[Read more...](#)



University of California
San Francisco

Emotional Well-Being and Coping During Crises

If you feel in crisis or overwhelmed, it may be helpful for you to make a list of what you can and cannot control right now. This guide suggests radical acceptance of the situations we cannot control, and focus on what we can do, with tips for managing acute stress.

[Read more...](#)



How One Teacher Developed Buy-In and Empathy in Her Students

Chelsea, an educator in upstate New York, was struggling to get her new 9th grade students to engage, listen, and connect. It didn't surprise her—after two years of COVID-19 disruptions, her students hadn't had a typical school experience since the 5th or 6th grade. Using resources from the [Caring Schools Network](#), Chelsea transformed her classroom—and her students' relationships with each other.

[Read more...](#)

WEBINAR



March 8, 2023

Premarital Cohabitation: Timing, Engagement, and Marital Outcomes

50% to 65% of Americans believe that living together before marriage will improve their odds of relationship success, and 70% of newly married couples in the U.S. live together prior to marrying. But is what people believe true?

In this webinar, researchers from the University of Denver will briefly highlight the association between premarital cohabitation and marital outcomes. Using the latest

findings from a new, national survey on premarital cohabitation conducted in 2022, they will update prior work and findings with people who married for the first time between 2010 and 2019.

Join Galena Rhoads and Scott Stanley as they discuss the mechanisms of risk in premarital cohabitation and the implications for working with youth and young adults. The discussion will be followed by an extensive question and answer session.

Objectives: Participants will be able to:

1. Describe the historical and latest findings on premarital cohabitation research
2. Understand implications for youth and younger adult populations
3. Engage with the presenters to have their questions answered.

Presenter: **Scott Stanley, Ph.D.**, and **Galena K. Rhoades, Ph.D.**, University of Denver

Who should attend: **Program directors and facilitators for teen pregnancy prevention grants, healthy relationship educators, after-school program managers, Extension specialists and agents, health and Family and Consumer Sciences teachers, college educators, counselors, social workers, community action workers, and anyone working with young people.**

When: *Wednesday, March 8, 2023, 4:00pm Eastern/1:00pm Pacific*

Duration: 60 minutes

Cost: Free!

[Register Now >](#)

FUNDING STREAMS



Department of Health and Human Services – Adult Reentry Program

Deadline: March 6, 2023

The Adult Reentry Program's purpose is to expand substance use disorder treatment and related recovery and reentry services to sentenced adults in the criminal justice system with a substance use disorder or co-occurring substance use and mental disorders, who are returning to their families and community following a period of incarceration in state and local facilities including prisons, jails, or detention centers.

[Learn more...](#)

(**Ed. Note:** [Love Notes](#) has been successfully implemented with this population and funding.)



Philanthropy Grant Writing Technical Assistance (LW) Program RFP

Due Date: March 13, 2023

The Philanthropy Grant Writing Technical Assistance (LW) Program is to provide grant writing technical assistance to organizations seeking to apply for Listos California Grant Program funds, as well as general assistance on applying for other government grants. This program will also coordinate and amplify Listos California Subrecipients for additional philanthropic support and community funds designed to support disaster impacted communities.

[Learn more...](#)



Professional Development Grants

Due Date: March 24, 2023

The Marriage Strengthening Research & Dissemination Center (MAST Center) Professional Development Grant Program provides a financial stipend (up to \$750) to up to 10 emerging scholars in an HMRE-related field (e.g., human development, family science, sociology, demography, psychology, program evaluation) to cover costs associated with certain professional development activities.

[Learn more...](#)

California Children and Youth Behavioral Initiative

The California Department of Health Care Services (DHCS) announced a [Request for Application \(RFA\)](#) for the Children and Youth Behavioral Health Initiative. DHCS will award grants, totaling \$100M, to scale trauma-informed programs and practices throughout California to support wellness and build resilience of children, youth, and those individuals who are close to them. Interested parties are encouraged to apply for training and/or implementation funding using [this application form](#) by April 10, 2023, at 5:00 p.m.

DHCS is seeking proposals from individuals, organizations, and agencies for grant funding totaling \$100 million to scale evidence-based practices whose focuses include: increasing early intervention, supporting resilience of youth by mitigating the adverse effects of ACEs, cultivating safe and stable learning environments, improving the availability of services for pregnant and parenting people, reducing health disparities by improving access to services that are culturally responsive.

[Learn more...](#)

(Ed. Note: [Mind Matters: Overcoming Adversity and Building Resilience](#) addresses these key areas, has significant [evidence as to its efficacy](#), and can be readily scaled to both youth and the adults who care about them in a wide variety of settings.)



Advancing Equity in Adolescent Health through Evidence-Based Teen Pregnancy Prevention

Deadline: April 18, 2023

The Teen Pregnancy Prevention (TPP) Program is a national, evidence-based program that funds diverse organizations working to reach adolescents to improve sexual and reproductive health outcomes and promote positive youth development. The Office of Population Affairs (OPA) anticipates FY2023 funds being available to

support cooperative agreements for organizations to advance health equity for adolescents, their family, and communities through the replication and scaling of medically accurate and age appropriate evidence-based teen pregnancy prevention programs that have been proven effective through rigorous evaluation to reduce teenage pregnancy, behavioral risk factors underlying teenage pregnancy, or other associated risk factors. Anticipated funds will be used to serve communities and populations with the greatest needs and facing significant disparities to advance equity in adolescent health through the replication of evidence-based teen pregnancy prevention programs and services.

[Learn more...](#)



Rural Domestic Violence, Dating Violence, Sexual Assault, and Stalking Program

Due Date: April 18, 2023

This program is authorized by 34 U.S.C. § 12341. The Rural Domestic Violence, Dating Violence, Sexual Assault, and Stalking Program (Rural Program) (CFDA# 16.589) supports efforts to enhance the safety of rural victims of domestic violence, dating violence, sexual assault, and stalking and supports projects uniquely designed to address and prevent these crimes in rural areas. For many applicants, the Rural Program is one of the few sources of funding to support the provision of core services for victims of sexual assault, domestic violence, dating violence, and stalking. For this reason, OVW will only fund applications that propose projects that implement a collaborative response, support victim services, and/or create a direct response to these crimes in rural communities.

[Learn more...](#)

(Ed. Note: This grant supports efforts to enhance the safety of rural victims of sexual violence. Collaborative responses are encouraged. A grantee may spend up to 30% of the award on prevention activities like [Love Notes](#) or [Relationship Smarts PLUS](#). Additionally, grantees may provide long and short-term evidence-based holistic healing services to victims, such as those found in [Mind Matters](#).)
