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# The Dibble Institute

Resources for Teaching Relationship Skills

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## THE LATEST

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**WEBINAR** – June 14, 2023

**Teen Parenthood Matters:  
Let's Talk About Prevention**

## FUNDING STREAMS

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## THE LATEST



## **HHS Teen Pregnancy Prevention (TPP) Evidence Review Call for Studies**

**Deadline:** June 12, 2023

The U.S. Department of Health and Human Services (HHS) seeks studies to include in a systematic review of the evidence base on programs that impact teen pregnancy, sexually transmitted infections (STIs) and HIV, and associated sexual risk behaviors.

[Read more...](#)

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## **What's the Plan? Cohabitation, Engagement, and Divorce**

Using a new national sample of Americans who married for the first time in the years 2010 to 2019, researchers from the University of Denver examined the stability of these marriages as of 2022 based on whether or not, and when, people had lived together prior to marriage. Consistent with prior research, couples who cohabited before marriage were more likely to see their marriages end than those who did not cohabit before marriage.

[Read more...](#)

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## How Does Parental Monitoring Impact Adolescent Behaviors and Experiences

A recent study published by the Centers for Disease Control and Prevention (CDCs) in [Morbidity and Mortality Weekly Report Supplements](#) examined associations between parental monitoring and the behaviors and experiences of adolescents. Parental monitoring involves setting boundaries and openly exchanging knowledge/information on the child's whereabouts, activities, and companions. It is a vital component of the relationship between children and parents and can potentially reduce risk behaviors.

[Read more...](#)

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## The New York Times

## How Parents Can Actually Help Teens Navigate Social Media

The American Psychological Association issued its first-ever [guidance on social media use in adolescence](#) last week, a roundup of 10 recommendations for educators, policymakers, tech companies and parents aimed at helping teens engage with the technology in a safe and positive way. But as all parents know, the burden primarily falls on them to monitor and educate their children and to stay on top of technology that is quickly changing.

[Read more...](#)

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**NEWS YOU CAN USE**



## **Foster Care's Missing Policies for Sexual and Reproductive Health**

An Imprint review of every state's publicly available child welfare policy manuals revealed that in many parts of the country there is only scant guidance for caregivers and caseworkers on these vital issues. In dozens of states, there is little or no mention of healthy relationships and sexuality education, the prevention of sexually transmitted infections or the rights of foster youth to access contraception and abortion. In some states, policies have not been updated in decades. In others, rules for foster youth appear to clash with broader reproductive health care rights available to all minors.

[Read more...](#)

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## **Rapid Cycle Learning with HMRE Programs for Youth**

[This report](#) describes the rapid cycle learning process and findings for the five youth-serving HMRE grantees that participated in SIMR. It shares how each grantee addressed implementation challenges and improved services through participation in SIMR and insights that can help other HMRE grantees strengthen their own service delivery. [Another brief](#) of five infographics provides practical tips for implementing motivation-driven case management as part of HMRE services.

[Read more...](#)

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## Your Brain in Love: How Romantic Attraction Alters the Brain

Romantic crushes can rewire our brains in strange and compelling ways, because love is not just physical – it is also a set of chemical reactions in the brain. Our brains are intricately involved in developing crushes and attraction towards others.

[Read more...](#)

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## TOOLS YOU CAN USE



## How Parents Can Help Their Kids to Navigate Romance

ThisParents can shape their children's romantic choices with the conversations they have with them when they're young.

[Read more...](#)

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## Co-Regulation: What it is and Why it Matters

The Office Planning, Research, & Evaluation recently released a new video providing information on self-regulation, how it develops, and why it is important, as well as why co-regulation matters during adolescence.

[Read more...](#)

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## Seven Tips for Better Relationship Conversations

Many parents want to know whether their teens' emotional development is normal. Some worry if it's too fast or not fast enough. Other parents worry about possible drug use, increased stress, anxiety, or depression. All teenagers (and adults!!) can have a range of emotions and can sometimes be moody. We must understand that teens have a rapidly changing range of emotions. Most of these highs and lows are normal and a result of the way their [brains are developing](#). But as parents, we need to learn to recognize what's normal and when emotional concerns should be addressed.

[Read more...](#)

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## WEBINAR



*June 14, 2023*

### **Teen Parenthood Matters: Let's Talk About Prevention**

Researchers from Child Trends using the Social Genome Model (SGM) explored how preventing births to teenagers would alter the lives of youth over time. The results show education, economic, and health benefits associated with preventing births to teens – findings that lead to an important question. How is childbearing among teenagers best prevented?

Join Dr. Kristin Moore and Alison McClay as they share decades of experience with varied approaches and highlight how wisdom about preventing teen births has accumulated over time. Information is important, services are important, but motivation is important as well. The presentation will also describe how intervention approaches have evolved over time and outline considerations for future research and programs, including an overview of El Camino, a research-based sexual health promotion program developed by Child Trends.

**Objectives:** Participants will be able to:

1. Discuss the implications of teenage childbearing;
2. Describe varied approaches used to discourage sexual activity and pregnancy among adolescents; and
3. Navigate the positive youth development approach to provide youth with goals that lead them to avoid teen parenthood.

**Presenters:** **Kristin Anderson Moore, Ph.D.**, Senior Scholar, and **Alison McClay, MPH**, Senior Research Analyst, of Child Trends.

**Who should attend:** Federal pregnancy prevention grantees, youth program managers, health and FCS teachers, Extension specialists, community-based organizations, policy makers.

**When:** *Wednesday, June 14, 2023, 4:00pm Eastern/1:00pm Pacific*

**Duration:** 60 minutes

**Cost:** Free!

[Register Now >](#)

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## FUNDING STREAMS