

EBP Teen Pregnancy Prevention Program Approval Guidance

Table A. Programs on TPPER website

Love Notes: Relationship Skills for Love, Life, and Work

Table B. Programs not on the TPPER website

Program name	Citation showing evidence of program effectiveness	Study design (RCT or QED)	Sexual behavior outcome(s) that differs across treatment and comparison conditions (and page number)	TPPER eligible outcome domain(s) associated with the outcome	Brief summary of evidence of effectiveness
<u>Relationship Smarts PLUS</u>	<p>Alamillo, Julia, and Elizabeth Doran (2022).</p> <p><u>Healthy Marriage and Relationship Education for High School Students: The Longer-Term Impacts of Relationship Smarts PLUS in Georgia.</u></p> <p>OPRE Report # 2022-325, Washington, DC: Office of Planning, Research and Evaluation, ACF</p>	RCT	Likelihood of having sex without a condom in the last 3 months (p.14)	Sex without condom	21 percent of girls in the control group reported having sex without using a condom in the last three months, compared with 12 percent of girls in the full RQ+ group at the 3 year follow-up. This difference was statistically significant at the 0.01 level.

Section 2: Additional programs with evidence of effectiveness in improving behavioral risk factors underlying teenage pregnancy or other associated risk factors

Program name	Citation showing evidence of program effectiveness	Study design (RCT or QED)	Behavioral risk factor(s) that differs across treatment and comparison conditions (and page number)	Brief summary of evidence of effectiveness	Citation linking the behavioral risk factor to sexual behavior	Description of finding that links behavioral risk factor to sexual behavior (and page number)
<p><u>Mind Matters: Overcoming Adversity and Building Resilience</u></p>	<p>Antle, B.F., et al. (2021)</p> <p><u>Mind Matters Comprehensive Evaluation Final Report.</u></p> <p>Center for Family Community & Well-Being, University of Louisville</p>	<p>RCT</p>	<p>Decrease in PTSD Symptoms (p. 2)</p> <p>Increase in protective factors (i.e., knowledge in self-regulation and trauma-coping skills) (p.2)</p>	<p>There was a significant improvement in several PTSD symptoms for the experimental group from pre- to post-training.</p> <p>There was a significant improvement in the trauma coping skills of those in the experimental group from pre- to post-training.</p>	<p>Song, W., & Qian, X. (2020). Adverse Childhood Experiences and Teen Sexual Behaviors: The Role of Self-Regulation and School-Related Factors. <i>Journal of school health</i>, 90(11), 830-841.</p>	<p>Adverse childhood experiences (ACEs) and PTSD symptoms are associated with sexual risk-taking (i.e., sexual initiation, multiple sexual partners, unprotected sex; Song & Qian, 2020, pgs. 5-6) and higher risk of pregnancy (Song & Qian, 2020, pgs. 5-6).</p> <p>Youth assets (e.g., self-regulation skills) are associated with less sexual risk-taking (Song & Qian, 2020, pgs. 6-7).</p>