

LOVE NOTES®

VERSION 4.0

6 out of 7 Outcomes

- ↓

46% less likely to experience a pregnancy at 1 year*
- ↓

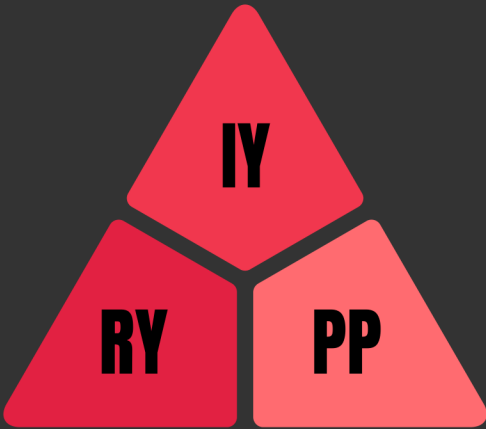
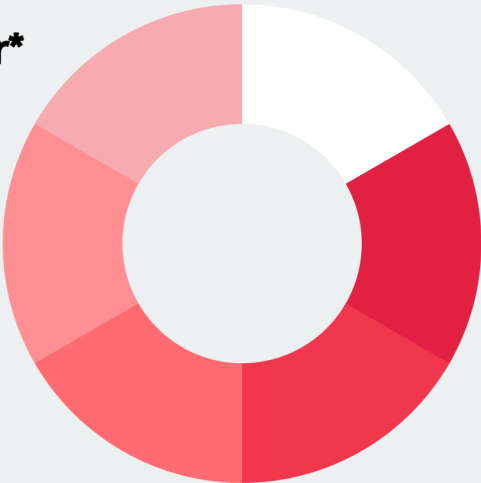
Fewer sexual partners
- ↓

Less Likely to be currently sexually active
- ↓

Decreased frequency of sexual activity
- ↑

Increased contraceptive use and consistency
- ↑

More likely to remain abstinent not initiate sex



Sexual Health Education
Program for:

- Runaway Youth
- Incarcerated Youth
- Pregnant & Parenting Youth

Settings

- Community Based
- Schools
- Specialized Settings
- After School Programs



Populations

- All Races and Ethnicities
- Male and Female



*Evaluated with African American and Hispanic youth

Details



13 Sessions
60 Minutes ea.
Implementation
Approach Varies



Training Available for

- Educators
- Trainers



Parent Engagement
Trusted Adult Connection
Activities in Each Lesson!



LGBTQ+
Inclusive



In-Person and
Virtual Lessons



Ages 14-24
*Adaptation available
for ages 11-13*



English and
Spanish

*Barbee, A. P., Cunningham, M. R., Antle, B. F., Langley, C. N. (2022).
Impact of a relationship-based intervention, Love Notes, on teen pregnancy prevention. Family Relations, 1-20.