6 out of 7 Outcomes

- 46% less likely to experience a pregnancy at 1 year*
- Fewer sexual partners
- Less likely to be currently sexually active
- Decreased frequency of sexual activity
- Increased contraceptive use and consistency
- More likely to remain abstinent not initiate sex

Sexual Health Education Program for:

- Runaway Youth
- Incarcerated Youth
- Pregnant & Parenting Youth

Settings

- Community Based
- Schools
- Specialized Settings
- After School Programs

Populations

- All Races and Ethnicities
- Male and Female

*Evaluated with African American and Hispanic youth

Details

- 13 Sessions
- 60 Minutes ea.
- Implementation Approach Varies

Training Available for

- Educators
- Trainers

Parent Engagement

- Trusted Adult Connection
- Activities in Each Lesson!

LGBTQ+ Inclusive

In-Person and Virtual Lessons

Ages 14–24

Adaptation available for ages 11–13

English and Spanish