Love Notes 4.0

Alignment with The National Standards for
Family and Consumer Sciences Education

Interpersonal Relationships
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13.2.5 Explain the effects of personal standards and behaviors on interpersonal relationships.
[Lessons 2-5; 7-8; 11-12]

13.3 Demonstrate communication skills that contribute to positive relationships.

13.3.1 Analyze communication styles and their effects on relationships.
[Lessons 9, 10]

13.3.2 Demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication.
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13.3.3 Demonstrate effective listening and feedback techniques.
[Lessons 9-10; 12]

13.3.4 Analyze strategies to overcome communication barriers in family, community and work settings.
[Lessons 2, 9, 10]

13.3.5 Apply ethical principles of communication in family, community and work settings.
[Lessons 7, 9, 11, 12]

13.3.6 Analyze the effects of technology on communications in family, work, and community settings.
[Lessons 7; 9-12]

13.3.7 Analyze the roles and functions of communications in family, work, and community settings.
[Lessons 4, 5, 7; 9-12]

13.4 Evaluate effective conflict prevention and management techniques.

13.4.1 Analyze the origin and development of attitudes and behaviors regarding conflict.
[Lessons 2, 9]
13.4.2 Explain how similarities and differences among people affect conflict prevention and management.
[Lessons 2, 3]

13.4.3 Apply the roles of decision making and problem solving in reducing and managing conflict.
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13.4.4 Demonstrate nonviolent strategies that address conflict.
[Lessons 7; 9-12]

13.4.5 Demonstrate effective responses to harassment.
[Lessons 7, 12]

13.4.6 Assess community resources 'that support conflict prevention and management
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13.5 Demonstrate teamwork and leadership skills in the family, workplace, and community.

13.5.1 Create an environment that encourages and respects the ideas, perspectives, and contributions of all group members.
[Lessons 5, 9]

13.5.2 Demonstrate strategies to motivate, encourage, and build trust in group members.
[Lessons 2, 7, 9, 10, 12]

13.5.3 Demonstrate strategies that utilize the strengths and minimize the limitations of team members.
[Lesson 2]

13.5.4 Demonstrate techniques that develop team and community spirit.
[Lessons 7, 9, 10, 13]
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[Lessons 10, 13]

13.5.6 Create strategies to integrate new members into the team.

13.5.7 Demonstrate processes for cooperating, compromising, and collaborating.
[Lessons 3, 6, 8-10]

13.6 Demonstrate standards that guide behavior in interpersonal relationships.

13.6.1 Apply critical thinking and ethical criteria to evaluate interpersonal relationships.
[Lessons 2; 6-9]

13.6.2 Apply ethical guidelines when assessing interpersonal issues and situations.
[Lessons 6, 7, 12, 13]

13.6.3 Apply critical thinking and ethical standards when making judgments and taking action.
[Lessons 6-8; 12, 13]

13.6.4 Demonstrate ethical behavior in family, workplace, and community settings.
[Lessons 6, 7; 9-11; 13]

13.6.5 Compare the relative merits of opposing points of view regarding current ethical issues.
[Lessons 6, 7, 9, 12, 13]