

November 2023

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WEBINAR - November 8, 2023

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DIBBLE NEWS

The Hidden Biases of Good People: Implicit Bias Awareness Training

The Dibble Institute® is offering this workshop because for us to create healthy relationships, we need to understand our hidden biases so that we might reduce and manage them.

Wednesday, December 13, 2023

9am-12pm (Pacific) 12pm-3pm (Eastern)

Cost- \$45.00 per person

[Purchase tickets...](#)



THE LATEST



Romantic Relationships Linked To Disturbed Sleep Patterns In Adolescents, Study Finds

Adolescence is a turbulent, dynamic period characterized by new experiences, one of which may be commencing a romantic relationship. While engaging in a relationship is ideally a positive experience that can boost mental health, relationships are major life events that can potentially act as a source of stress. Adolescents can be impacted emotionally and behaviorally, with research suggesting issues such as lowered self-esteem, more mood swings, and more alcohol and substance abuse.

[Read more...](#)



Capstones vs. Cornerstones: Is Marrying Later Always Better?

The median age at first marriage has increased dramatically over the past 50 years in the United States, from 23 in 1970 to about 30 in 2021 for men, and from 21 in 1970 to 28 in 2021 for women, and there is no evidence that this upward trend is leveling off. Many view this trend as a positive development because a capstone model of marriage emphasizes delaying marriage while young adults explore their identities, “get themselves together,” fully experience single life, pursue education and careers, and establish themselves financially. But, as often as we hear about the advantages of capstone marriage, there has been little empirical investigation of those purported advantages.

[Read more...](#)



Exploring Family Structure Diversity Among Children in Families With Low Incomes

This brief describes family structure variation among children living at or below 200 percent of the federal poverty line (or “families with low incomes”)—families that are most often served by a range of human and social service programs in the United States.

[Read more...](#)

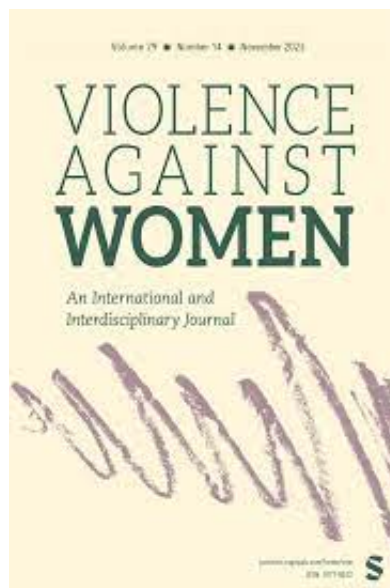
NEWS YOU CAN USE



High Schoolers Who Don't Date Are Less Depressed Than Their Counterparts

Dating is a normal part of adolescence – and a formative one at that. Decades of research have suggested a link between romantic relationships and identity development as teenagers mature into young adults. But a [recent study](#) published in the Journal of School Health reveals that adolescents who choose not to date fare as well as, or better than, their coupled counterparts in social and leadership skills. They're also less depressed.

[Read more...](#)



Promoting Healthy Relationships in Foster Care

High levels of intimate partner violence among youth and young adults with history in foster care can perpetuate the cycle of violence and abuse. It is therefore important to understand how the experience of growing up in foster care impacts youths' understanding and formation of intimate relationships. This qualitative study centered the perspectives of young adults and investigated what they learned about relationships through interactions with foster caregivers and child welfare professionals.

[Read more...](#)



Why Children of Married Parents Do Better, But America is Moving the Other Way

The economist Melissa Kearney has been both [vilified](#) and [praised](#) for her new book, [The Two-Parent Privilege: How Americans Stopped Getting Married and Started Falling Behind](#). In the book, released last month, Kearney points out a rather obvious fact: Children raised by two parents have a much higher chance of success than those raised by one. Yet she goes even further to argue that whether parents are married or not impacts their children's success.

[Read more...](#)

TOOLS YOU CAN USE

New Aces Video: Reducing Stress

[Adverse Childhood Experiences \(ACEs\)](#) and toxic stress can have long-lasting effects on bodies and brains. The second installment of our [Understanding ACEs](#) animated video series shares strategies we can use daily to reduce stress and feel better. The video is currently available in English and a Spanish version will be released next month.

[Read more...](#)



Adult Relationship Quality Data Tool

Relationship quality is a complex and evolving concept. Researchers have assessed relationship quality across a number of topics, including affection, commitment, communication, conflict, disagreement, happiness, trust, and satisfaction. And within each of these topics, there are many different ways to ask about the topic. This Relationship Quality Measures Data Tool details specific measures of relationship quality included in 15 data sets that are commonly used by scholars/researchers doing quantitative analyses to study romantic relationship quality in the United States.

[Read more...](#)



Teens Recommend That You Use an “I Statement”

More advice for teens by teens about being a self-advocate: Sometimes, when we’re trying to get our point across, we need to consider framing it differently. The [“I statement”](#) is a conversation tool that can be the first step in advocating for yourself. It

reframes a tough conversation around your feelings and experiences and allows you to take responsibility for your side of things. If something seems unfair, you could use an “I statement” such as, “I don’t think it is fair because...” These statements will demonstrate maturity and allow you to advocate for yourself.

[Read more...](#)

WEBINAR



November 8, 2023

Capture and Motivate: Reigniting Youth Collaborations and Engagement

Kinesthetic learning is the theory that we learn more when we perform an action and less when we read about it in a book. Bee Busy, based in Texas, reignites this way of innovative learning with the youth in their programs.

Bee Busy Inc. utilizes social media to guide students through the six Adult Preparation Topics while they learn multimedia skills that unlock hidden talents, which may have otherwise gone unnoticed. Students learn about teen pregnancy prevention and relationship education. They then produce media to show what they learn. This same media is then used to reach and teach other teens.

Join the Bee Busy Inc. staff to learn how to utilize multimedia production as a positive youth development activity and grow your own youth programs.

Objectives:

1. Identify ways to utilize multimedia in youth programs
2. Learn from the Bee Busy Inc.'s social media model to grow your program
3. Strengthen youth engagement and learning

Presenter: Ralph Nickerson, Marketing/Social Media Director, Erika Ortega and Guadalupe Hernandez, Bee Busy Inc.

Who should attend: Teen pregnancy prevention grantees and program managers,

community-based organizations, positive youth development professionals, prevention staff, youth outreach coordinators, anyone wanting an innovative way to reach and inspire teens.

When: *Wednesday, November 8, 2023 @ 1:00pm Pacific/4:00pm Eastern*

Duration: 60 minutes

Cost: Free!

Register Now

FUNDING STREAMS



[Rape Prevention Education: PeRPEtual \(Promoting Equity in RPE Through Understanding, Action, and Leadership\)](#)

Deadline: November 30, 2023

This five-year funding opportunity requires that recipients build infrastructure for SV prevention; develop/enhance a state/territory action plan; implement community- and societal-level SV prevention strategies that promote health equity; and utilize data to inform action. Completing these activities should lead to increased capacity to promote health equity, capacity to implement/evaluate SV prevention at the community- and societal-levels, increased partner and community awareness of effective prevention strategies, and increased partner coordination to prevent SV.

(Ed. Note: [Relationship Smarts PLUS](#) is currently being used for Rape Prevention Education in California!)

Grants to Support New Investigators in Conducting Research Related to Preventing Interpersonal Violence Impacting Children and Youth

Deadline: December 1, 2023

The purpose of the Centers for Disease Control and Prevention National Center for Injury Prevention and Control (NCIPC) Mentored Research Scientist Development Award (K01) is to provide support for an intensive, supervised (mentored) career development experience in violence prevention research leading to research independence. NCIPC supports K01 grants to help ensure the availability of an adequate number of trained scientists to address critical public health research questions to prevent violence and injury. Applicants must propose a research project that addresses at least one of the research priorities in the interpersonal violence prevention section of the NCIPC Research Priorities as they relate to violence impacting children or youth.



Research Grants for Preventing Violence and Violence Related Injury (R01)

Deadline: December 1, 2023

Funds are available to conduct studies focused on preventing all forms of community violence involving youth or young adults (ages 10-34 years), including assaults, homicides, violence between groups, and threats/use of weapons. The primary objectives we wish to achieve with this initiative are: (1) Effectiveness research to evaluate innovative approaches with the potential for immediate or near immediate benefits (i.e., within 6 months) for reducing community violence and racial/ethnic inequities in risk for community violence. (2) Effectiveness research to evaluate innovative place-based prevention approaches for reducing community violence and racial/ethnic inequities in risk for community violence. (3) Effectiveness research to evaluate approaches that improve the social or structural conditions that contribute to community violence and racial/ethnic inequities in risk for community violence. Applicants are asked to clearly indicate in the application's Abstract which objective, or combination of objectives, the research proposal intends to address.