**LOVE NOTES Logic Model for Teen Pregnancy Prevention**

### Specific Interventions and Activities

**Love Notes 4.0 EBP**

**Lesson Content:**
- **Lesson 1:** Relationships Today
- **Lesson 2:** Knowing Yourself
- **Lesson 3:** My Expectations—My Future
- **Lesson 4:** Attractions and Starting Relationships
- **Lesson 5:** Principles of Smart Relationships
- **Lesson 6:** Is It a Healthy Relationship?
- **Lesson 7:** Dangerous Love
- **Lesson 8:** Decide, Don't Slide! Pathways & Sequences Towards Success
- **Lesson 9:** Communication and Healthy Relationships
- **Lesson 10:** Communication Challenges and More Skills
- **Lesson 11:** Let’s Talk About Sex
- **Lesson 12:** Let’s Plan for Choices
- **Lesson 13:** Through the Eyes of a Child

*All lessons: Trusted Adult Connection Activities*

### Individual Determinants

#### Shorter Term

- **A.** Increased knowledge sexual and reproductive health issues including physical, social, and emotional perspectives.
- **B.** Engagement in personal sexual values clarification.
- **C.** Increased agency in intimate relationship skills to negotiate sexual activity along with condom and contraception use.
- **D.** Increased self-regulation and motivation to avoid pregnancy and support healthy behaviors.
- **E.** Increased interpersonal communication knowledge and skills.
- **F.** Increased positive connections and communication between parents/trusted adults about relationships and sex.
- **G.** Learn about serious, longer-term relationships, employment, and family.

### Behavior Changes

#### Longer Term

Program recipients are more likely to:
1. Avoid pregnancy and STI’s
2. Avoid behavioral & other risk factors underlying teen pregnancy
3. Demonstrate increased agency
4. Use condoms and contraception
5. Have fewer sexual partners.
6. Decrease sexual activity

### Ultimate Goals

- Improve sexual and reproductive health outcomes
- Promote positive youth development
- Advance health equity and reduce disparities in unintended teen pregnancy and STIs with adolescents, their families, and communities
- Increase adults who respect the developing agency of adolescents