High School Age Adolescents
Adolescents ages 14-17 regardless of current relationship status. We consider the needs of youth in school as well as youth no longer in school or in alternative school settings.

**Inputs**

- **A curriculum** that is engaging, clearly-focused, logically sequenced, factually accurate, and scripted, and includes guidance for program delivery and adaptation.
- **An environment** that is safe, welcoming, and respectful of diversity.
- **Facilitators** (teachers for school-based programs, program staff for non-school-based programs) who are well-trained, motivated, comfortable with the content, and able to build rapport with youth.
- Opportunities to include peer or near-peer facilitators (optional).
- As-needed recruitment and retention activities.

**Activities**

- **Classroom activities** that: utilize best instructional practices; include well-facilitated discussion; offer youth opportunities to relate content to their own experiences; teach, promote, and apply effective social skills (including effective communication and conflict resolution skills); are engaging to male and female students and include a focus on gender identity/gender relationships.
- **Extra-curricular/homework assignments** that offer youth the opportunity to apply content outside of the classroom.
- As-needed **referrals** to wraparound services.
- Opportunities to **involve parents/guardians** in the program.
- Components that focus on **career/college readiness** (e.g. internship, financial planning, career counseling)
- **Additional components** to fit the needs of particular target populations.

**Outputs**

- **Standard performance management and evaluation measures**, e.g.:
  - # of sites that implement program
  - # of trained facilitators
  - # of recruited participants
  - # of retained participants/ # of individuals who completed the program
  - Quality, fidelity, and participants’ perspectives of the program
  - Improved knowledge of characteristics of healthy relationships
  - Improved attitudes towards healthy relationships, and higher expectations for relationships
  - Improved communication and social skills across relationships
  - Improved ability to engage in positive and age-appropriate activities with a dating partner

**Short-term Goals**

- Improved individual psychological / emotional well-being
- Improved functioning in non-romantic relationships
- Improved quality of romantic relationships
- Decreased risky sexual behavior
- Decreased victimization/perpetration of violence
- Improved career/college readiness

**Intermediate Goals**

- Improved individual well-being
- Improved career/college readiness
- Decreased victimization/perpetration of violence
- Improved ability to form stable, healthy relationships in young adulthood

**Long-term Goals**

- Improved individual psychological / emotional well-being
- Improved career/college readiness
- Decreased victimization/perpetration of violence
- Improved ability to form stable, healthy relationships in young adulthood

Source: Child Trends, 2014. The Healthy Marriage-Relationship Education – Models and Measures Study