

February 2024

DIBBLE NEWS

- [CYFAR Grant Toolkit Available!](#)
- [Louisville YMCA Using ‘Love Notes’ Program Taking Proactive Approach to Address Teen Dating Violence](#)
- [Relationships Smarts Plus and Mind Matters on Resource List in WV](#)

THE LATEST

- [Trends in Children’s Living Arrangements](#)
- [The Quality of Parent-Child Relationships in U.S. Families](#)
- [Making Healthy Marriage and Relationship Education Programs More inclusive for LGBTQ+ Youth and Adults](#)

NEWS YOU CAN USE

- [Exploring the Use of Peer-Based Strategies in the Sexual Risk Avoidance National Evaluation](#)
- [Family Time is Far More Important Than Other Aspects of Life for Most Americans](#)
- [Does Your ‘Love Language’ Really Matter? Scientist Are Skeptical](#)

TOOLS YOU CAN USE

- [6 Minutes to Improve Your Relationship](#)
- [The Science of Happiness: Happiness Break: Visualizing Your Best Self in Relationships](#)
- [Teen Dating Violence Awareness Month](#)

WEBINAR - *February 14, 2024*

**Young People’s Perspective and Thoughts on Relationships
Today:
A Conversation with Marline E. Pearson, MA**

FUNDING STREAMS

DIBBLE NEWS



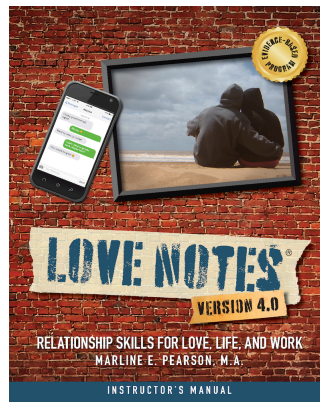
CYFAR Grant Writing Toolkit Available

The [Children, Youth and Families At-Risk Sustainable Community Projects](#) funding has been announced. Its goal is to develop and deliver educational programs that equip limited resources families and youth who are at-risk for not meeting basic needs with the skills they need to lead positive, productive, contributing lives. Deadline is February 15, 2024.

Check out our CYFAR toolkit that will help you write a strong application.

[View Toolkit...](#)

(Ed. Note: We believe that, [Love Notes](#), [Mind Matters](#), and [Money Habitudes](#) make great evidence-based interventions for teens that also address [CYFAR's guiding principles](#).)



Louisville YMCA Using 'Love Notes' Program Taking Proactive Approach to Address Teen Dating Violence

National data shows that one in 12 teens experience physical dating violence. The YMCA of Greater Louisville is taking a proactive approach to address the issue locally using [Love Notes](#), an evidence-based program that supports teens and young adults in developing skills and confidence to engage in respectful, equitable and healthy relationships.

Read more from two different media outlets in Louisville; [WLKY](#) and [WDRB](#)



Relationships Smarts Plus and Mind Matters on Resource List in WV

The West Virginia Foundation for Rape Information Services (WVFRIS) works with the crisis centers and other allied professionals to develop and strengthen intervention and prevention programs that address sexual violence, human trafficking, and stalking. [Relationships Smarts Plus](#) and [Mind Matters](#) are on the list of curricula used and recommended in West Virginia.

[Read more...](#)

THE LATEST



Trends in Children's Living Arrangements

Children in the U.S. living with a grandparent has grown by over 36% since 2000. This change stems from an increase in both multigeneration households—children living with a parent and grandparent—and skip-generation households—children living with a grandparent but no parent. These trends vary across race/ethnicity groups and have important implications for safety net policy.

[Read more...](#)



The Quality of Parent-Child Relationships in U.S. Families

Less than 50% of parents report excellent relationships with their teens. Factors like age of child, marriage, biology and ideology impact this.

[Read more...](#)



Making Healthy Marriage and Relationship Education Programs More inclusive for LGBTQ+ Youth and Adults

This brief highlights strategies Healthy Marriage and Relationship Education (HMRE) programs can use to improve their inclusivity for lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQ+) youth.

[Read more...](#)

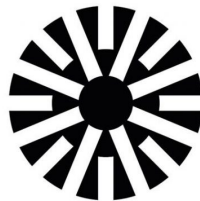
NEWS YOU CAN USE



Exploring the Use of Peer-Based Strategies in the Sexual Risk Avoidance National Evaluation

This brief examines the role of peer-based strategies in sexual risk avoidance education (SRAE) programs, sharing findings from a Technical Working Group of 18 SRAE grantees (including Dibble clients), as well as from a literature review and web scan.

[Read more...](#)



Pew Research Center

Family Time Is Far More Important Than Other Aspects of Life for Most Americans

Americans overwhelmingly view spending time with family as one of the most important things in their life, far outranking other personal priorities

[Read more...](#)

The Washington Post

Does Your 'Love Language' Really Matter? Scientist Are Skeptical

Love language, a theory about expressing and receiving love, was introduced by Baptist pastor Gary Chapman 30 years ago. Scientists say it's not backed by research.

[Read more...](#)

TOOLS YOU CAN USE

Psychology Today

6 Minutes to Improve Your Relationship

Whether you are just getting to know one another, newlyweds, new parents, or longtime partners, a simple reflection technique can dramatically improve communication in your relationship.

[Read more...](#)



The Science of Happiness: Happiness Break: Visualizing Your Best Self in Relationships

When we imagine our best possible selves in our relationships, we feel more motivated to achieve our goals and a greater sense of control over our lives.

[Listen on Apple Podcasts...](#)



Teen Dating Violence Awareness Month (TDVAM)

With nearly 1.5 million high school students nationwide experiencing physical abuse from a romantic partner every year. Each February, Love Is Respect shines a spotlight on this issue during Teen Dating Violence Awareness Month (TDVAM). Explore Love Is Respect's TDVAM page for helpful tools you can use to shine a spotlight on Teen Dating Violence.

[Read more...](#)

WEBINAR



February 14, 2024

Young People's Perspective and Thoughts on Relationships Today: A Conversation with Marline E. Pearson

Many of us wonder about young people's current lived experience and aspirations regarding their relationships.

For instance:

- Do adolescents still date? Do they still hope for a long-term committed partner or spouse?
- How are young people thinking about their intimate relationships?
- How are they visualizing their current or future families?

Join Love Notes author and noted thought leader, Marline Pearson, as she shares her experiences and reflections that come from teaching thousands of young people at Madison College, a two-year technical and community college as well as younger teens through STEM and Gateway programs. She will also share the different messages she gives young people from teens to late twenties about how best to approach relationships during those years.

Note: This is a conversational format. Please come prepared with questions to ask Marline.

Objectives: Participants will be able to:

- Understand many young people's outlook on intimate relationships.
- Feel more comfortable in answering young people's questions about planning and pacing of relationships.
- Have their questions about adolescent relationships addressed through Ms. Pearson's insights.

Presenter: Marline E. Pearson, MA. Author – [Love Notes](#), [Relationship Smarts PLUS](#), and Making a Love Connection.

Who should attend: [Love Notes](#) and [Relationship Smarts PLUS](#) facilitators and certified trainers, teen pregnancy prevention, SRA, healthy relationship grant managers, policy makers, researchers, community based program managers and administrators, people who want to learn more about the field of relationship education.

When: Wednesday, February 14, 2024 @ 1:00pm Pacific/4:00pm Eastern

Duration: 60 minutes

Cost: Free!

Register Now >

FUNDING STREAMS



Children, Youth and Families At-Risk Sustainable Community Projects (CYFAR)

Deadline: February 15, 2024

The National Institute of Food and Agriculture (NIFA), USDA announces the Children, Youth, and Families at Risk (CYFAR) funding program to improve the quality and quantity of comprehensive community-based programs for at-risk children, youth, and families supported by the Cooperative Extension System. The CYFAR program mission is to marshal resources of the Land-Grant and Cooperative Extension Systems to develop and deliver educational programs that equip limited resource families and youth who are at-risk for not meeting basic human needs with the skills they need to lead positive, productive, contributing lives.

[Check out our CYFAR grant toolkit here!](#)



Strategic Prevention Framework – Partnerships for Success for Communities, Local Governments, Universities, Colleges, and Tribes/Tribal Organizations

Application Due Date: February 21, 2024

The purpose of this program is to help communities, local governments, universities, colleges, and tribes/tribal organizations reduce the onset and progression of substance misuse and its related problems by supporting the development and delivery of community-based substance misuse prevention and mental health promotion services.
