

# 46 REASONS

TO INCLUDE **LOVE NOTES** IN YOUR

## TIER 1 EBP REVIEW

 <p>46%</p>	<p>More effective at preventing pregnancy!</p>	<p>Effective in many settings</p>	<p>Adaptable</p>
<p>Heart-Based</p>	<p>Developed by Research</p>	<p>Builds Empathy</p>	
<p>Great Value</p>	<p>Current Music and Videos</p>	<p>Empowering</p>	
<p>Motivating</p>	<p>Evidence-Based</p>	<p>Flexible Implementation</p>	
<p>"North Star"</p>	<p>Fun!</p>	<p>Ages 12-24</p>	
<p>5 Outcomes</p>	<p>Multimedia</p>	<p>Speaker-Listener</p>	
<p>Activity Based</p>	<p>Love Chemicals</p>	<p>Inspiring</p>	
<p>Soft Skills Training</p>	<p>46%</p>	<p>Robust Relationship Skills</p>	
<p>Positive Youth Development</p>	<p>Respectful</p>	<p>Multiple Teaching Modalities</p>	
<p>Decide, Don't Slide!</p>	<p>Engaging</p>	<p>Art Activities</p>	
<p>Strengths Based</p>	<p>Social Media</p>	<p>Workplace Scenarios</p>	
<p>Trauma-Informed</p>	<p>Written for All Youth</p>	<p>Cost Effective</p>	
<p>Certified Training</p>	<p>Success Planning</p>	<p>Focus on intimate relationships</p>	
<p>Red Flags</p>	<p>Hands-On</p>	<p>Handles Sensitive Content</p>	
<p>Technology and relationships</p>	<p>Draw the line of respect</p>	<p>Let's say it again... 46% less likely to get pregnant!</p>	

### Speaks to:

- ✓ Young adults
- ✓ Parenting teens
- ✓ Rural youth
- ✓ Urban youth
- ✓ Suburban youth
- ✓ Disconnected youth
- ✓ Youth in care
- ✓ Secondary students
- ✓ After school programs
- ✓ Post-secondary Youth

#46 - Did we mention that teens who took love notes were **46% less likely** to get pregnant or cause a pregnancy?

Check out our [TPP Tier 1 Toolkit!](#)