

46 REASONS

TO INCLUDE **LOVE NOTES** IN YOUR STATE PREP PLANS

 46%	More effective at preventing pregnancy!	Effective in many settings	Meets 5 of 6 Adult PREP topics
Heart-Based	Developed by Research	Builds Empathy	
Great Value	Current Stats, Music, and Videos	Cost-Effective	
Motivating	Evidence-Based	Flexible Implementation	
"North Star"	Fun!	Ages 12-21	
5 Outcomes	Multimedia	Includes both Abstinence and Contraception	
Activity Based	Love Chemicals	Inspiring	
Soft Skills Training	46%	Robust Relationship Skills	
Positive Youth Development	Respectful	Multiple Teaching Modalities	
Decide, Don't Slide!	Engaging	Art Activities	
Strength Based	Social Media	Workplace Scenarios	
Trauma-Informed	Written for All Youth	Empowering	
Certified Training	Success Planning	Focus on Intimate Relationships	
Dating Red Flags	Hands-On	Handles Sensitive Content	
Technology and Relationships	Draw the Line of Respect	Let's say it again... 46% less likely to get pregnant!	

Covers 5 of 6 adult PREP topics

- ✓ Healthy Relationships
- ✓ Adolescent development
- ✓ Parent-Child Communication
- ✓ Educational and Career Success
- ✓ Healthy Life Skills

Speaks to:

- ✓ Young adults
- ✓ Parenting teens
- ✓ Rural/Urban youth
- ✓ Suburban youth
- ✓ Unhoused youth
- ✓ Disconnected youth
- ✓ Minority youth (including sexual minorities)
- ✓ Youth in care
- ✓ Secondary students
- ✓ After school programs
- ✓ Post-secondary Youth

#46 - Did we mention that teens who took love notes were **46% less likely** to get pregnant or cause a pregnancy?