

March 2024

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**WEBINAR** - March 13, 2024

**The Power of Relationship Education  
from a Policy Perspective**

## FUNDING STREAMS

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### DIBBLE NEWS



#### Great News in Dibble's Annual Report

On Valentine's Day, we at The Dibble Institute® celebrated our mission – empowering young people to successfully navigate their intimate relationships. In other words... equipping young people to get smart about their love lives! We continue to be amazed by the power of this approach!

We conservatively estimate that in Fiscal Year 2023 our clients reached 126,000 young people with a Dibble program. That's 2,423 teens a week!

The great outcomes in 2024 have only been accomplished thanks to all of you who are committed to helping young people build safe and healthy relationships.

[Read Annual Report](#)

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## courier journal

#### YMCA Using *Love Notes* in Louisville to Reduce Relationship Violence

Since 2021, the [Loves Notes](#) program at the YMCA of Greater Louisville, has reached over 1,000 people. The Y works with youth to navigate the common challenges often faced in a relationship. While geared toward romantic relationships, the skills learned in the program apply to all relationships.

[Read more...](#)

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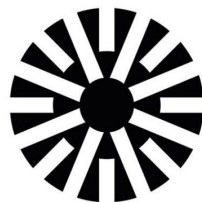
## **A Formative Evaluation of *Mind Matters* with Hispanic Adolescents Prior to and During Covid-19**

Youth living in poverty are more likely to experience cumulative stressors including multiple adverse childhood events. Further, the Covid-19 pandemic disproportionality affected Hispanic youth and communities, leading to unprecedented levels of trauma. This research responded to a need for a youth resiliency-building program in an urban and impoverished area with a majority Hispanic population. They conducted a formative evaluation of [Mind Matters](#), which aims to help youth overcome adversity and to build resilience via psychoeducation and skill development.

[Read Evaluation...](#)

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## **THE LATEST**



Pew Research Center

## **For Valentine's Day, Facts About Marriage and Dating in the U.S.**

In February, many Americans celebrate Valentine's Day with important people in their lives, whether it's their romantic partner or their closest friends. Here are some key facts about marriage and dating in the United States, taken from Pew Research Center surveys and other analyses.

[Read more...](#)

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# PsyPost

## **New Psychology Research Sheds Light on the Link Between Romance and Friendships During Adolescence**

A study in the *Journal of Social and Personal Relationships* found that teenagers in romantic relationships are less likely to form new friendships but do not lose existing ones. This dynamic offers insights into adolescent development.

[Read more...](#)

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**NIJ** | National Institute  
of Justice  
STRENGTHEN SCIENCE. ADVANCE JUSTICE.

## **Longitudinal Follow-up in the National Survey of Teen Relationships and Intimate Violence**

This is the Final Summary Overview of the third and fourth waves of data collection with the original cohort, whose objectives were to document changes in various forms of adolescent relationship abuse from 2013 to 2016 and investigate longitudinal development of victimization and perpetration among youth.

[Read more...](#)

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## **NEWS YOU CAN USE**

**The  
New York  
Times**

### **For Gen Z, an Age-Old Question: Who Pays for Dates?**

Young people tend to lean more liberal on a range of issues pertaining to relationship

norms. But when it comes to dating, the idea that men should pay still prevails in heterosexual courtship.

[Read more...](#)

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## **The Impact of Social Media on Adolescent Development**

A natural (and scary!) way for teens seeking answers to the age-old questions “Who am I?” and “Am I normal?” is to compare themselves to others. This can create pain and self-doubt in the real world. With social media, they’re comparing themselves to carefully crafted versions (fake!) of peers. Their stories aren’t real. They’re versions of who they wish to be. Filters make them look better than they do in real life. No wonder social media can make teens feel bad about themselves.

[Read more...](#)

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## **How Healthy Relationships can Change Businesses and the World for the Better**

In a world where business is often about dividing and conquering, healthy relationships seem like an oasis in a desert of discord. Yet, precisely, these relationships are key to transforming our business landscape and, by extension, the world.

[Read more....](#)

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## TOOLS YOU CAN USE

# Psychology Today

### **What Teens Should Consider in Romantic Relationships**

The important topic of relationships is common among teenagers, especially as their friends start to date. Find out four keys to a good relationship in the teenage years.

[Read more...](#)

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The Lancet logo consists of a solid blue rectangle with the words "THE LANCET" in white, uppercase, serif font centered within it.

THE LANCET

### **A Global Call for Adolescent Intimate Partner Violence Prevention**

Intimate partner violence (IPV), broadly defined as behaviors within a current or previous romantic relationship that cause physical, psychological, or sexual harm, begins early (age 15-19) in dating relationships. Find out key actions for preventing IPV and potential implementation pathways.

[Read more...](#)

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The logo for the Administration for Children & Families features the words "ADMINISTRATION FOR" in a small, blue, sans-serif font above the words "CHILDREN & FAMILIES" in a larger, blue, sans-serif font. A stylized ampersand symbol is placed between "CHILDREN" and "FAMILIES".

ADMINISTRATION FOR  
CHILDREN & FAMILIES

### **Strengthening Support for Adolescents and Young Adults in ACF Programs**

The Administration for Children and Families is excited to announce the release of a new Dear Colleague Letter that provides information on youths' unique developmental stage and suggests approaches and resources for incorporating practices into

programs to meet their particular needs. This letter includes information on co-regulation practices, youth peer support, and authentically partnering with youth with lived experience, all of which further ACF's goal to improve how we connect young adults to critical services that can support their path to success.

[Read more...](#)

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## WEBINAR



*March 13, 2024*

### **The Power of Relationship Education from a Policy Perspective**

Policymakers and policy analysts are increasingly turning to micro-level interventions to address large and widespread social issues. There is a growing recognition that what happens inside a home and family has broader social ramifications, which is turning policy conversations toward approaches that can strengthen couples and families.

Relationship Education has proven to be effective for improving outcomes in a variety of settings related to families. Because many of the issues that public policy seeks to address are affected by family instability and parental conflict, Relationship Education can act as a preventative measure that diminishes risk factors that originate in the home. Also, addressing a problem after it has taken hold is often more expensive than stopping it from happening in the present.

Join Dr. Jocelyn Wikle to learn how Relationship Education can be beneficial in diminishing serious and costly issues of divorce, children's mental health, children's academic outcomes, foster care, teen pregnancy, incarceration, and domestic violence.

This webinar will also provide suggestions for ways that federal and state policy could expand support for Relationship Education to address many social issues and the costs associated with them.

**Objectives:** Participants will be able to:

- Communicate the economic – and human – value of supporting Relationship Education programs to reduce public costs and to improve the lives of people across the nation.
- Use a research-based approach and data to demonstrate the effectiveness of Relationship Education to address policy issues.
- Provide suggestions for how policy can better support Relationship Education.

**Presenter:** Jocelyn Wikle, Ph.D.; Assistant Professor of Family Studies in the School of Family Life at Brigham Young University

**Who should attend:** Federal, state, and local policy makers, youth and family serving non-profits who engage policy makers, state and local education agency policy makers, community-based organizations who seek new ways to communicate about Relationship Education, non-profit executives who wish to expand their reach and improve mission outcomes.

**When:** Wednesday, March 13 @ 1:00pm Pacific/4:00pm Eastern

**Duration:** 60 minutes

**Cost:** Free!

[Register Now >](#)

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## FUNDING STREAMS



### [Research and Evaluate Strategies Aligned with CDC's What Works in Schools Approach](#)

**Application Due Date:** March 11, 2024

The Division of Adolescent and School Health (DASH) has announced the availability of funding to support implementation and evaluation strategies that address students' health behaviors, experiences, and outcomes, particularly those related to sexual and reproductive health, mental and behavioral health, suicidality, substance use, and experiences of violence. Under this cooperative agreement, nonprofit organizations,



colleges, and state governments would be eligible to receive funds that can be used for research of school-based or school-linked strategies that promote the health of youth. A total of two awards would be made, with each award being capped at \$500,000.

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### **Outreach and Services to Underserved Populations Program**

**Application Due Date:** March 26, 2024

The Grants for Outreach and Services to Underserved Populations Program supports efforts to develop or enhance population-specific outreach and victim services to adult and youth victims of domestic violence, dating violence, sexual assault, and stalking in underserved populations. Funds may be used to: develop or enhance population specific victim services; develop or enhance outreach strategies to reach underserved survivors; build the capacity of population specific organizations to serve survivors of these crimes; build the capacity of victim service providers to provide victim services that are population specific; train and educate community partners and the criminal and civil justice system on the needs of survivors from underserved populations; and develop culturally and linguistically appropriate materials for underserved survivors.

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### **NYS Learning and Enrichment After-School Program Supports (LEAPS)**

**Application Due Date:** April 11, 2024

OCFS has released this Request for Proposals to solicit competitive applications to the NYS Learning and Enrichment After-school Program Supports (LEAPS) initiative to serve youth from Pre-K (with SACC waiver) through high school. Eligible not-for-profit organizations may submit proposals for the development and/or continuation of quality after-school programs in partnership with local schools and/or school districts.

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## **Office on Violence Against Women Fiscal Year 2024 Research Initiative Solicitation**

**Application Due Date:** April 11, 2024

The purpose of the Research and Evaluation Initiative is to research and evaluate approaches to preventing and addressing domestic violence, dating violence, sexual assault, and stalking. By generating more knowledge about strategies for serving victims and holding offenders accountable, communities that benefit from Violence Against Women Act funding will be better equipped to align their work with practices that are known to be effective as well as build their own capacity to evaluate new and promising ways of doing things.

The initiative is designed to support researcher-practitioner partnerships and a broad range of research and evaluation methods, including qualitative, mixed-method, quasi-experimental, and experimental designs. Because OVW has limited funds to support research and evaluation, this initiative prioritizes topics for which a stronger evidence base would help OVW grantees use federal funds most effectively.

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## **After School Education and Safety**

**Application Due Date:** April 16, 2024

These ASES programs are created through partnerships between schools and local community resources to provide literacy, academic enrichment and safe, constructive alternatives for students in kindergarten through ninth grade. Funding is designed to: (1) maintain existing before and after school program funding; and (2) provide eligibility to all elementary and middle schools that submit quality applications throughout California.

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**[Violence, Sexual Assault, Stalking, and Sex Trafficking Against Children and Youth Program](#)**

**Application Due Date:** April 26, 2024

This program is authorized by annual appropriations acts. The Children and Youth Program solicitation is one of two solicitations issued under the Children and Youth and Engaging Men Program. The other program solicitation is the Grants to Engage Men and Boys as Allies in the Prevention of Violence Against Women and Girls Program. Applicants interested in developing projects to engage men and boys as allies should submit a proposal under the OVW Fiscal Year 2024 EM solicitation. Applicants and project partners that apply to both CY and EM grant programs are only eligible to receive one award. The CY Program supports comprehensive, community-based efforts to develop or expand prevention, intervention, treatment, and response strategies to address the needs of children and youth impacted by domestic violence, dating violence, sexual assault, stalking, and sex trafficking.

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***SAMHSA***

**FORECAST**

**[Garrett Lee Smith State/Tribal Youth Suicide Prevention and Early Intervention Program](#)**

**Estimated Post Date:** March 15, 2024

The purpose of this program is to support states and tribes with implementing youth suicide prevention and early intervention strategies in schools, institutions of higher education juvenile justice systems, substance use and mental health programs, foster care systems, and other child and youth-serving organizations.

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### **Maternity Group Home Program**

**Estimated Post Date:** March 20, 2024

The Maternity Group Home (MGH) program provides safe, stable, and appropriate shelter for pregnant and/or parenting youth and young adults ages 16 to under 22 who have runaway or are experiencing homelessness, and their dependent child(ren), for 18 months and, under extenuating circumstances, up to 21 months. Service providers must accommodate for the needs and safety of the dependent children to include facility safety standards for infants and children on the premises. MGH services include, but are not limited to, parenting skills, child development, family budgeting, and health and nutrition education, in addition to the required services provided under the Transitional Living Program to help MGH youth and young adults realize improvements in four core outcome areas. The MGH combination of shelter and services is designed to promote long-term, economic independence to ensure the well-being of the youth and their child(ren).

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### **General Departmental Sexual Risk Avoidance Education (GDSRAE)**

**Estimated Post Date:** April 19, 2024

The Administration for Children and Families, Administration on Children, Youth and Families' Family and Youth Services Bureau announces the anticipated availability of funds under the General Departmental Sexual Risk Avoidance Education (GDSRAE) Program. The purpose of the GDSRAE Program is to fund projects to implement sexual risk avoidance education that teach participants how to voluntarily refrain from non-marital sexual activity. The services are targeted to participants that reside in areas with high rates of teen births and/or are at greatest risk of contracting sexually