

Training Supply List

For Love Notes and Relationship Smarts PLUS

These items are also necessary when teaching the curriculum.
Many of the supplies can be reused.

Assumptions: 15 participants divided into 3 groups of 5. Scale the supplies accordingly with larger or smaller groups.

1	Pad of flipchart paper with adhesive backing (Post-it) plus easel if no whiteboard. Water based markers.	for presenter and group work
1	Box or bag of wooden craft sticks, colored if possible - popsicle size	6 individual sticks for 3 groups
2	Six packs of Playdough (regular size – not mini)	3 colors per small group of trainees with no more than 5 people in a group. For smaller number of trainees, divide into at least 2 small groups
1	Bag of jelly spice drops, Dots, or something toothpicks can pierce	enough to divide a handful for each of 3 groups
1	Bag of mini-marshmallows	one bag only which will be distributed among the 3 groups
1	Box of strong wooden toothpicks with pointed ends	enough to divide a handful for each of 3 groups
1-2	Packages of colorful craft pipe-cleaners	enough for 8 for each group

Craft items may be found at a Joanne's, Michael's, or other craft store.

Each facilitator will need the following for instruction:

4	Colors of glitter	for use in instructional demo
1	Small funnel	for use pouring glitter into water bottle.
2	Small clear plastic water bottles with screw tops	for use in instructional demo
2	Small package of plastic GREEN and RED craft beads (1 of each color)	Beads are mixed in cups for use in demo
2	Small clear 9 oz. plastic beverage cups or clear glass jars with lids	To hold beads in red/green demo

**P.O. Box 7881
Berkeley, California 94707-0881
800.695.7975**



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