

46 REASONS

TO CHOOSE

LOVE NOTES

| | | | |
|---|---|---|--------------------------------|
|  46% | More effective at preventing pregnancy! | Effective in many settings | Meets 5 of 6 Adult PREP topics |
| Heart-Based | Developed by Research | Builds Empathy | |
| Great Value | Current Stats, Music, and Videos | Empowering | |
| Motivating | Evidence-Based | Flexible Implementation | |
| "North Star" | Fun! | Ages 14-24 | |
| 5 Outcomes | Multimedia | Includes both Abstinence and Contraception | |
| Activity Based | Love Chemicals | Inspiring | |
| Soft Skills Training | 46% | Robust Relationship Skills | |
| Positive Youth Development | Respectful | Multiple Teaching Modalities | |
| Decide, Don't Slide! | Engaging | Art Activities | |
| Strength Based | Social Media | Workplace Scenarios | |
| Trauma-Informed | Written for All Youth | Cost Effective | |
| Certified Training | Success Planning | Focus on Intimate Relationships | |
| Dating Red Flags | Hands-On | Handles Sensitive Content | |
| Technology and Relationships | Draw the Line of Respect | Let's say it again... 46% less likely to get pregnant! | |

What's new in 4.0?

- ✓ Sex Trafficking Prevention
- ✓ Technology in Relationships
- ✓ Relationships in the Digital Age
- ✓ Online Porn
- ✓ Sexual Assault
- ✓ Consent

Speaks to:

- ✓ Young adults
- ✓ Parenting teens
- ✓ Rural/Urban youth
- ✓ Suburban youth
- ✓ Unhoused youth
- ✓ Disconnected youth
- ✓ Minority youth (including sexual minorities)
- ✓ Youth in care
- ✓ Secondary students
- ✓ After school programs
- ✓ Post-secondary Youth

#46 - Did we mention that teens who took Love Notes were **46% less likely** to get pregnant or cause a pregnancy?

Check out [Love Notes 4.0](#)