

46 REASONS

TO INCLUDE **LOVE NOTES** IN YOUR PREP PLANS

 46% More effective at preventing pregnancy!	Effective in many settings	Meets 5 of 6 Adult PREP topics
Heart-Based	Developed by Research	Builds Empathy
Great Value	Current Stats, Music, and Videos	Empowering
Motivating	Evidence-Based	Flexible Implementation
"North Star"	Fun!	Ages 14-24
5 Outcomes	Multimedia	Includes both Abstinence and Contraception
Activity Based	Love Chemicals	Inspiring
Soft Skills Training	46%	Robust Relationship Skills
Positive Youth Development	Respectful	Multiple Teaching Modalities
Decide, Don't Slide!	Engaging	Art Activities
Strength Based	Social Media	Workplace Scenarios
Trauma-Informed	Written for All Youth	Cost Effective
Certified Training	Success Planning	Focus on Intimate Relationships
Dating Red Flags	Hands-On	Handles Sensitive Content
Technology and Relationships	Draw the Line of Respect	Let's say it again... 46% less likely to get pregnant!

What's new in 4.0?

- ✓ Sex Trafficking Prevention
- ✓ Online Porn
- ✓ Technology in Relationships
- ✓ Sexual Assault
- ✓ Relationships in the Digital Age
- ✓ Consent

Speaks to:

- ✓ Young adults
- ✓ Minority youth (including sexual minorities)
- ✓ Parenting teens
- ✓ Youth in care
- ✓ Rural/Urban youth
- ✓ Secondary students
- ✓ Suburban youth
- ✓ After school programs
- ✓ Unhoused youth
- ✓ Post-secondary Youth
- ✓ Disconnected youth

#46 - Did we mention that teens who took Love Notes were **46% less likely** to get pregnant or cause a pregnancy?

Check out [Love Notes 4.0](#)