

# 46 REASONS

TO INCLUDE **LOVE NOTES** IN YOUR SRA PLANS

 <b>46%</b>	More effective at preventing pregnancy!	Effective in many settings	A-F Criteria Compliant
Heart-Based	Developed by Research	Builds Empathy	
Great Value	Current Stats, Music, and Videos	Empowering	
Motivating	Evidence-Based	Flexible Implementation	
"North Star"	Fun!	Ages 14-19	
5 Outcomes	Multimedia	Pressure Situations & Assertiveness Skills	
Activity Based	Love Chemicals	Inspiring	
Soft Skills Training	<b>46%</b>	Robust Relationship Skills	
Positive Youth Development	Respectful	Multiple Teaching Modalities	
Decide, Don't Slide!	Engaging	Art Activities	
Strength Based	Social Media	Workplace Scenarios	
Trauma-Informed	Written for All Youth	Cost Effective	
Certified Training	Success Planning	Focus on Intimate Relationships	
Dating Red Flags	Hands-On	Handles Sensitive Content	
Technology and Relationships	Draw the Line of Respect	Let's say it again... 46% less likely to get pregnant!	

## What's new in 4.0?

- ✓ Sex Trafficking Prevention
- ✓ Online Porn
- ✓ Technology in Relationships
- ✓ Sexual Assault
- ✓ Relationships in the Digital Age
- ✓ Consent

## Speaks to:

- ✓ Young adults
- ✓ Minority youth (including sexual minorities)
- ✓ Parenting teens
- ✓ Youth in care
- ✓ Rural/Urban youth
- ✓ Secondary students
- ✓ Suburban youth
- ✓ After school programs
- ✓ Unhoused youth
- ✓ Post-secondary Youth
- ✓ Disconnected youth

#46 - Did we mention that teens who took Love Notes were **46% less likely** to get pregnant or cause a pregnancy?

Check out [Love Notes 4.0](#)