#### June 2024 Webinar

### Solutions of Success Using *Mind Matters* in Juvenile Justice

Presenter(s):

**Kelly Tanner and Sara Colbert** 

Arizona Youth Partnership and Mohave County Juvenile Probation

#### **Technical Questions**

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### Charlie and Helen Dibble





2022-2023 Clients serving over 126,000 youth



The Dibble Institute is a national, independent non-profit organization.

#### **Our Mission**

Empowering teens and young adults with knowledge and research-based skills to successfully navigate their intimate relationships.



#### We believe in research.



We believe in stable, safe, and nurturing families.



We believe that relationship education is for everyone.



# Rural Collaboration for Serving Justice Involved Youth



Introductions

Needs in Rural Communities

**Engaging Youth** 

**Evidence-Informed Practices** 

Mind Matters Implementation

Practical Skill Building

**Impact** 

Q & A





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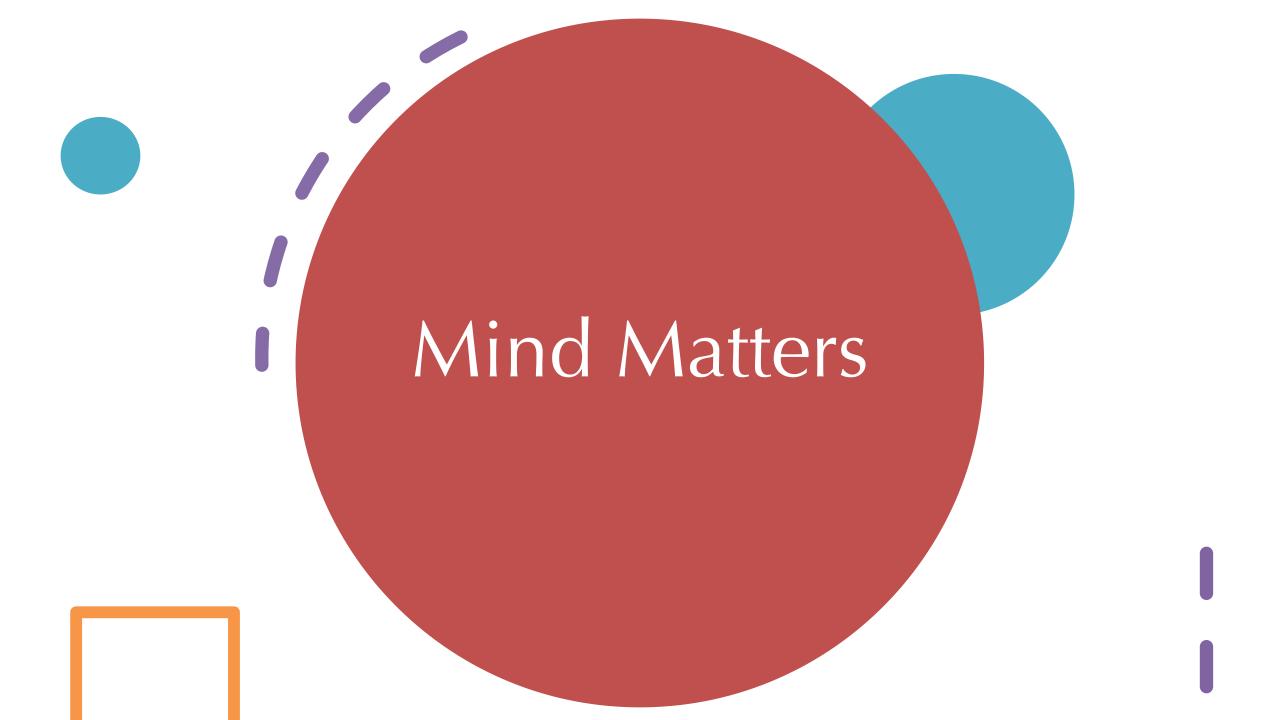
# Addressing Needs

Asking Questions
Braiding of Services
Appropriate Programming
Honest Communication
Mutual Respect and Understanding
Symbiotic Partnerships
Continuous Feedback for Quality
Improvements

# Engaging Youth

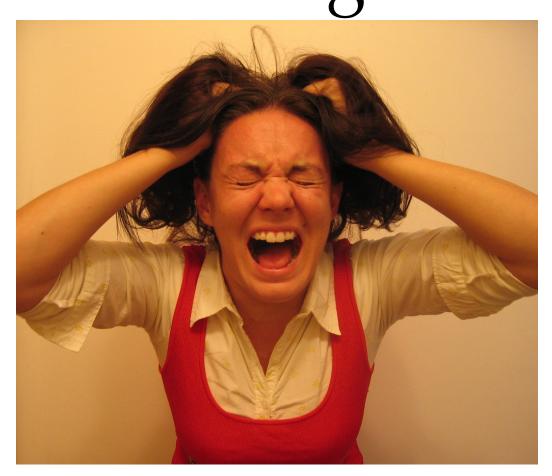
- Meeting them where they are Youth Centered
- Check yourself (before you wreck yourself!)
- Positive Youth Development Strengths Based
- Encourage peer leadership
- Embrace different opinions
- Understand triggers and trauma (Trauma Informed)
- Healthy Boundaries
- Respect different learning styles (doodles)





# Practical Skill Building

- Manage Tough Emotions
- Diverse groups age, culture, gender
- Impulse and Behavior Controls
- New skills
- Confidence Building
- Delinquency Prevention



## Impact

Resiliency Building

Engaged

**Build Permanent Connections** 

Peer Support and Accountability

Open Communication

**Pro-Social Activity** 



# Final tips & takeaways

**Needs Based** 

NO Community Silos

**Quality Adult Facilitators** 

Youth Centered

Solution Oriented

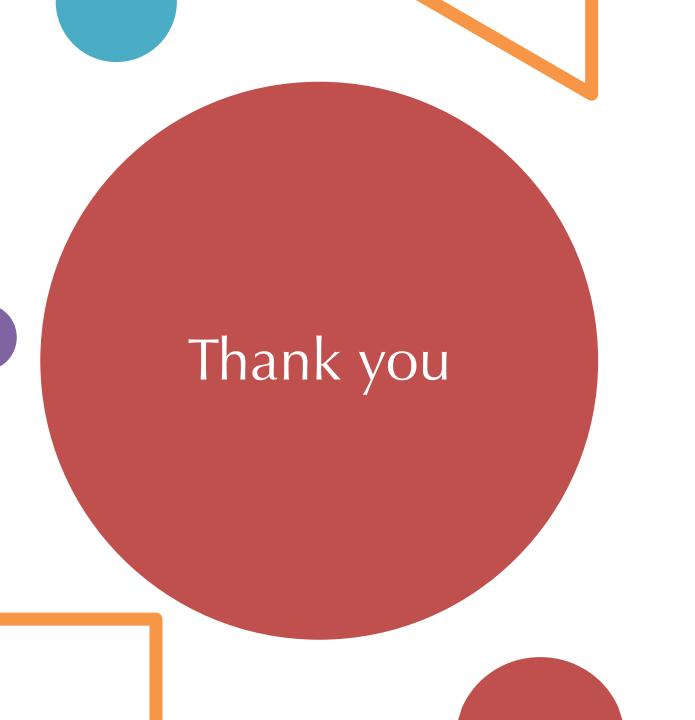
**Plant Seeds** 

**Protective Factors** 









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# Thank you for joining us today!

There is a brief survey after the end of this webinar. Thank you for providing us feedback by completing this survey.

Webinar will be available in 3 days:

http://www.dibbleinstitute.org/webinar-archives/

Questions? RelationshipSkills@Dibbleinstitute.org

#### **Second Wednesday Webinar**

July 10, 2024

#### Making Relationship Programs More Inclusive For LGBTQ+ Youth: Findings From the FRAMING Research Project

Dr. Julia Alamillo, Dr. Lourdes Fernandez and Lexi Ouellette

Mathematica