

### August 2024

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- For Some Young Couples, Saving on Rent Means Moving in Together Early

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- Six Misconceptions We Have About Romantic Love
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- The 5 Science-Based Tips Can Improve Your Relationship
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WEBINAR - August 14, 2024

### **Results from a Recent Investigation of Love Notes**

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### **DIBBLE NEWS**



### **Dibble's Participant Materials Now in Spanish!**

The Dibble Institute's® participant materials\* for <u>Love Notes</u>, <u>Relationship Smarts</u> <u>PLUS</u>, and <u>Mind Matters</u> are now translated into Spanish!

This means that you can meet the needs of more young people and their families!

Find the full range of our Spanish materials here.



### Dibble's Hiring! Opportunity to Join a Top Team!!

## <u>The Dibble Institute®</u> is seeking a <u>Client Services Coordinator</u> to help us change the <u>world!</u>

We are looking for an organized person with experience in customer service, bookkeeping, and/or administration who can work independently with a minimum of supervision to process orders and support clients.

Feel free to download a complete job description.

Salary commensurate with experience. This full-time position has generous benefits, including medical, dental, vision, and 401k, along with Paid Time Off.

If you feel you have the skills and experience to succeed in this challenging position, please send your cover letter and resume to <u>TopTeam@DibbleInstitute.org</u>. Please, no telephone calls.

### THE LATEST

# The Washington Post

### Going 'Boy Sober' is About More Than Celibacy

Young people are reexamining their relationships with sex and dating amid a toxic online dating culture and increasingly volatile gender divide.

Read more ....



### Young People Happier with Singlehood Than a Decade Ago

Adolescents today are more likely to be single and more satisfied with singlehood than those from a decade ago.

Read more ....



# For Some Young Couples, Saving on Rent Means Moving in Together Early

Citing high housing costs, some couples are sharing apartments after dating for just a short period. Not all relationships survive.

Read more ....

### **NEWS YOU CAN USE**



### Apply to Join The In/Tend Incubator Hub

Get Your Hands Dirty with Human-Centered Design!

If you have a big challenge you want to solve in the field of teen pregnancy prevention, join the Healthy Teen Network for an immersive 7-month journey at the In/Tend Incubator Hub, where dreamers, doers, and changemakers come together to make a difference.

Learn how to apply....



### Six Misconceptions We Have About Romantic Love

Research suggests that not everything you have heard or read about romantic love is true.

Read more...



### Some Conservative Lawmakers Want to End No-Fault Divorce

Right now, couples in all 50 states who want to end their marriage can get what's called a no-fault divorce, where neither side has to prove that the other did something wrong. But some Republican lawmakers in a handful of red states want to get rid of it, saying it's unfair to men and makes divorce "too easy."

Listen now...

### **TOOLS YOU CAN USE**



### @Heart2HeartGov

Heart2Heart is a new initiative funded by the Office of Family Assistance that promotes healthy relationships for all.

Follow them on Facebook and Instagram

## The Gottman Institute

### The 5 Science-Based Tips Can Improve Your Relationship

Gratitude, laughter and holding hands are just some of the ways science shows couples can stay connected.

Read more ....



### Co-Regulation: What It Is and Why It Matters?

If you work with, coach, teach, or care for adolescents, this animation offers a brief introduction to co-regulation support rooted in evidence-informed strategies to foster self-regulation in youth.

Watch Video...

WEBINAR



### August 14, 2024

### **Results From a Recent Investigation of Love Notes**

Join Dr. Scott Crapo from Utah State University as he delves into recent research on the multifaceted, positive impacts of *Love Notes*.

*Love Notes* aims to achieve a wide array of outcomes beyond reducing sexual risktaking, yet limited research has explored its effectiveness in reaching broader learning objectives. Given the significant association between healthy adolescent dating relationships and both current and future outcomes, it is crucial to understand how *Love Notes* influences youths' general approach to relationships, particularly across diverse contexts.

Additionally, since schools and organizations are often unable to commit extensive time to relationship education programs, Dr. Crapo also assessed whether Love Notes can be effectively taught in fewer lessons.

Join us to discover how *Love Notes* impacts youth perceptions and attitudes about relationship behaviors and also one's capacity to succeed in relationships. See how changes to the format of *Love Notes* impacts these outcomes, all explained in an easy-to-understand and engaging manner.

**Objectives:** Participants will be able to:

- 1. Articulate which non-sexual outcomes empirically demonstrate gains
- 2. Understand the implications of format and dosage of *Love Notes*
- 3. Determine the applicability of findings to their own program/models

**Presenter:** J. Scott Crapo, Ph.D., Research Associate- Utah State University, Human Development and Family Studies

Who should attend: Healthy relationship and pregnancy prevention grantees, grant managers, grant writers, facilitators and trainers, policy makers, youth-serving community organizations, correctional agencies, organizations working with runaway and homeless youth, those who serve foster youth, program evaluators and general researchers

When: Wednesday, August 14 @ 1:00pm Pacific/4:00pm Eastern

Duration: 60 Minutes

Cost: FREE!

**Register Now >** 

### **FUNDING STREAMS**



<u>Sexual Risk Avoidance Education Funding Opportunity (INDIANA ONLY)</u> Application Due: Friday, August 9

The Indiana Department of Health's Maternal and Child Health Division seeks to fund community-based organizations, local health departments, hospitals, and not-for-profit organizations (as defined by IRS tax determination) within the state of Indiana to implement evidence-based or promising practice programs focused on teen pregnancy prevention and positive youth development.



#### FORECAST

Formative Research of Community-led Primary Prevention Approaches to Address Elevated Risk of Intimate Partner Violence & Sexual Violence Estimated Post Date: September 3, 2024 Estimated Application Due Date: December 2, 2024

The purpose of this NOFO is to build the evidence base for the prevention of intimate partner violence (IPV), including teen dating violence, and/or sexual violence (SV) in communities experiencing elevated risk of IPV/SV (i.e., people with shared social and structural conditions that create elevated risk). These communities include but are not limited to racial/ethnic minority groups, sexual and gender minority groups, and people with disabilities. This NOFO seeks proposals to support formative research of innovative primary prevention approaches (i.e., policies, programs, or practices) that address inequities in IPV and/or SV.