

November 2024

#### **DIBBLE NEWS**

• The Hidden Biases of Good People Training

#### THE LATEST

- Sextortion: A Scoping Review
- Youth Risk Behavior Survey Results
- Children Who Face Adversity Have Better Long-Term Health if They Have Enough Positive Childhood Experiences Too

#### **NEWS YOU CAN USE**

- Poor Teen Friendships Predict Adult Anxiety and Depression Symptoms
- What Girls Need to Know About Porn
- Childhood Stress and Anxiety

#### **TOOLS YOU CAN USE**

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- 5 Ways to Support Teens with Depression
- Rural Youth and Adverse Childhood Experiences (ACEs) Webinar

WEBINAR - November 13, 2024

Innovative Uses of *Mind Matters* to Promote Youth & Family Well-Being

**FUNDING STREAMS** 

#### **DIBBLE NEWS**



#### The Hidden Biases of Good People Training

Join us Tuesday, December 10, 2024 for The Hidden Biases of Good People- Implications for Individuals and Organizations. This is the second workshop in an annual series with Dr. Marks. You do not need to have attended the first workshop to attend the second.

This training satisfies federal grant requirements for DEI Trainings.

Learn more and register...

#### THE LATEST



#### **Sextortion: A Scoping Review**

Sextortion refers to making threats to share nude or sexual images to coerce the victim into complying with certain demands, such as paying a ransom, sharing intimate images, or engaging in unwanted acts. Sextortion occurs in a diverse range of contexts, including intimate partner abuse, cyberbullying, sexuality or sex worker "outing," online dating, "cybersex," sex trafficking, online sexual exploitation of children, computer hacking, and organized crime. Despite the heightened media focus, few studies have measured the prevalence, nature, and impacts of sextortion. We conducted a scoping review with the aim of providing a comprehensive overview of existing empirical research on sextortion victimization and perpetration among youth and adults.



#### 2023 Youth Risk Behavior Survey (YRBS) Results

The YRBS was developed to monitor high school students' health and risk behaviors that contribute to death, disability, and social problems. Their 2023 report includes new measures related to sexual orientation, social media use, school discipline, and experiences of racism in school. This is the first time a supplemental sample of American Indian/Alaska Native students has been included.

Survey Results...



## Children Who Face Adversity Have Better Long-Term Health if They Have Enough Positive Childhood Experiences Too

Previous studies found having adverse childhood experiences can lead to poor health outcomes later in life. New BYU research finds the antidote is to counter those with enough positive experiences.

#### **NEWS YOU CAN USE**



#### Poor Teen Friendships Predict Adult Anxiety and Depression Symptoms

Researchers found adolescents who struggled to form and maintain meaningful friendships were more likely to experience negative emotions and a poor self-concept between the ages of 27 and 32.

Read more...



#### What Girls Need to Know About Porn

Every young woman deserves the facts about the harms of porn on individuals and relationships and needs to hear that she is worthy of being loved, cherished, and respected, rather than objectified.



#### **Childhood Stress and Anxiety**

Uncomfortable as it is, anxiety is a normal human emotion that serves important functions, including protecting people and motivating them to solve problems. Children are vulnerable to feeling anxious as they don't know much about the world and rely on adults for security. Learning to manage anxiety productively, including developing the ability to differentiate between reasonable and unreasonable fears and ways to calm down, is a valuable and important life skill.

Read more...

#### **TOOLS YOU CAN USE**



#### How to Help Students Learn to Listen to Each Other's Stories

Interview-based storytelling projects can build active listening skills that increase empathy and foster relationships.

Read more...



#### **Five Ways to Support Teens with Depression**

The tween and teen years are a time of rapid physical and emotional development. With such significant development and so much change and uncertainty, it's normal for tweens and teens to experience what's often referred to as "growing pains." Those may include bad moods or even some acting out. But a teen suffering from depression is different, and it's important to recognize the signs.



#### Rural Youth and Adverse Childhood Experiences (ACEs) Webinar

This webinar will discuss various aspects of adverse childhood experiences among rural youth, providing perspectives from public health researchers and system-involved youth service providers.

Register...

#### **WEBINAR**



November 13, 2024

# Innovative Uses of *Mind Matters* to Promote Youth & Family Well-Being

This webinar will describe implementation approaches, including adaptations, of <u>Mind Matters</u> across diverse populations and settings, including traditional school, alternative schools for at risk students/young adults, residential treatment for youth, community-based organizations, and college campuses. The presenters will then review data collected from a series of grants/research projects evaluating *Mind Matters* with a focus on the impact on knowledge of trauma, trauma related coping skills, PTSD symptoms, resilience, and social skills. This discussion will also include various evaluation strategies and guidance on how to gather essential data for continuous quality improvement and documentation of impact. Lastly, the presenters will share emerging opportunities for applications of *Mind Matters* to new populations and issues including parents and children affected by the opioid epidemic, racial trauma, and supports for refugee/immigrant youth and families.

**Objectives:** Participants will be able to:

Describe implementation strategies and adaptations of *Mind Matters* across diverse populations and settings

- Summarize evaluation research on *Mind Matters* outcomes for different populations and settings
- Discuss future opportunities to address emerging issues in justice involved populations (adults with opioid use disorder, youth in juvenile justice settings) and community-based settings (racial trauma, refugee/immigrant needs)

#### Presenter:

- Becky Antle, PhD, MSSW, LMFT- Professor, University Scholar, Director Center for Family and Community Well-Being- University of Louisville Center for Family and Community Well-Being
- Danielle Whiteside- Research Manager- University of Louisville Center for Family and Community Well-Being
- Ashley Logsdon- Research Manager- University of Louisville Center for Family and Community Well-Being

#### Who should attend:

alternative schools for at risk students/young adults, residential treatment for youth staff, community-based organizations, family treatment center staff, social workers, juvenile justice, school counselors, SEL programs, domestic violence shelter staff, Family and Consumer Sciences teachers, afterschool program staff, and anyone interested in utilizing Mind Matters with the people they serve.

When: Wednesday, November 13, 2024 @ 1:00pm Pacific/4:00pm Eastern

**Duration:** 60 minutes

Cost: FREE!

Register Now >

#### **CURRENT FUNDING STREAMS**



Formative Research of Community-led Primary Prevention Approaches to Address Elevated Risk of Intimate Partner Violence & Sexual Violence

Application Due Date: December 2, 2024

The purpose of this NOFO is to build the evidence base for the prevention of intimate partner violence (IPV), including teen dating violence, and/or sexual violence (SV) in communities experiencing elevated risk of IPV/SV (i.e., people with shared social and structural conditions that create elevated risk). These communities include but are not limited to racial/ethnic minority groups, sexual and gender minority groups, and people with disabilities. This NOFO seeks proposals to support formative research of innovative primary prevention approaches (i.e., policies, programs, or practices) that address inequities in IPV and/or SV.



### <u>Rigorously Evaluating Primary Prevention Strategies for Intimate Partner Violence and Sexual Violence</u>

Application Due Date: December 2, 2024

This proposal aims at building the evidence base for the primary prevention of intimate partner violence, including teen dating violence, and/or sexual violence. This funding opportunity will support rigorous outcome evaluations of promising practice-based prevention approaches that are currently being implemented by state and/or local organizations that address intimate partner violence and/or sexual violence. This includes, but is not limited to, organizations that receive funding under CDC's Rape Prevention and Education Program and CDC's DELTA AHEAD program. By promising practice-based approaches we mean programs, policies, or practices that can demonstrate the following: (a) Evidence of implementation in the field for a minimum of two years; and (b) Collection of prior positive implementation-related outcomes (e.g., data demonstrating reach, fidelity, availability, and/or acceptability of the approach) and/or collection of outcome monitoring data before and after implementing the approach that demonstrate positive changes in relevant outcomes. Research on promising practice-based prevention approaches will evaluate the effectiveness of prevention approaches that already have traction within the field but have not been rigorously evaluated

#### FORECASTED FUNDING STREAMS



**Transitional Living Program** 

Estimated Post Date: February 28, 2025

#### Estimated Application Due Date: May 1, 2025

The Transitional Living Program (TLP) provides shelter and comprehensive supportive services to youth ages 16 through 21 for up to 18 months or, under extenuating circumstances, 21 months. In addition to shelter, TLPs provide comprehensive services that support participating youth's transition to self-sufficiency and stable, independent living. Through the combination of shelter and services, TLP youth are expected to show improvements in four core outcome areas: safe and stable housing, education or employment, permanent connections, and social and emotional well-being.



Relationships, Education, Advancement, and Development for Youth for Life (Ready4Life)

Estimated post date: February 28, 2025 Estimated Application Due Date: May 1, 2025

The Department of Health and Human Services (HHS), Administration for Children and Families (ACF), Office of Family Assistance (OFA) announces its plan to solicit applications for the competitive award of grants that support healthy marriage and relationship education activities including parenting, and job and career advancement activities as authorized under Section 403(a)(2) of the Social Security Act. The Relationships, Education, Advancement, and Development for Youth for Life (READY4Life) grants will be targeted exclusively to projects designed to provide healthy marriage and relationship education skills, parenting (for young fathers and mothers as applicable), financial management, job and career advancement, and other activities, to youth that are high-school aged (grades 9-12) or in late adolescence and early adulthood (ages 14 to 24), including parenting and/or pregnant youth.



Family, Relationship, and Marriage Education Works - Adults (FRAMEWorks)

Estimated Post Date: February 28, 2025 Estimated Application Due Date: May 1, 2025

The Department of Health and Human Services (HHS), Administration for Children and Families (ACF), Office of Family Assistance (OFA) announces its plan to solicit applications for the competitive award of grants that support "healthy marriage promotion" activities as authorized under Section 403(a)(2) of the Social Security Act. This funding will be targeted exclusively to projects designed for adult individuals or adult couples, defined as persons who are age 18 and older. Applicants will be asked to submit proposals that are designed to implement programs that include a broad array of service provision strategies. These include curriculum-based skills development and services designed to support family strengthening activities through one or more of seven activities specified under the authorizing legislation: marriage and relationship education/skills (MRES); pre-marital education; marriage enhancement; divorce reduction activities; marriage mentoring; public advertising campaigns; and activities to reduce the disincentives to marriage. ACF is interested in funding a diverse range of projects, from high impact projects, to moderate scope projects, to smaller scope projects, as well as smaller new/initial projects.



#### Fatherhood - Family-focused, Interconnected, Resilient, and Essential (Fatherhood FIRE)

Estimated Post Date: February 28, 2025 Estimate Application Due Date: May 1, 2025

The Department of Health and Human Services (HHS), Administration for Children and Families (ACF), Office of Family Assistance (OFA) announces its plan to solicit applications for the competitive award of grants that support "activities to promote responsible fatherhood" under each of the three broad categories of promoting or sustaining marriage, responsible parenting, and economic stability activities authorized under Section 403(a)(2) of the Social Security Act. This funding will be targeted exclusively to projects designed for adult fathers, defined as fathers that are age 18 and older.