

Emerging Relationships

Collaborative for Academic, Social, and Emotional Learning (CASEL) Core Competencies
GRADE 6

Lesson 1: I am Intentional

Self-Awareness

What Should Remi Do?

Self-Management

I am Intentional
Classroom Commitment

Social Awareness

I am Intentional
Classroom Commitment

Relationship Skills

I am Intentional

Responsible Decision-Making

I am Intentional
Classroom Commitment

Lesson 2: I am Caring

Self-Awareness

Overview of Emotions
Understanding Your Emotions
How Would I Feel If?
Understanding Others' Emotions Through Empathy

Social Awareness

Understanding Others' Emotions Through Empathy

Relationship Skills

Understanding Others' Emotions Through Empathy

Lesson 3: I Am Awesome

Self-Awareness

I am Awesome
Brain Power

Self-Management

Brain Power
Body Beliefs

Social Awareness

Social Skills

Relationship Skills

Social Skills

Lesson 4: I Am a Friend

Self-Awareness

Sunny Relationships
Stormy Relationships

Social Awareness

Sunny Relationships
Stormy Relationships

Relationship Skills

Sunny Relationships
Stormy Relationships

Lesson 5: I Am Healthy

Self-Awareness

My Inner Bodyguard

Social Awareness

What are Boundaries?
Accepting Boundaries

Relationship Skills

Boundary Setting Activity
Accepting Boundaries

Lesson 6: I Am a Leader

Self-Management

What is Leadership?

Social Awareness

What is Leadership?

Giving Back

Responsible Decision-Making

What is Leadership?

Giving Back