

January 2025

DIBBLE NEWS

• Updated! Love Lives are Not Neutral: An Infographic

THE LATEST

- The Relationship Between Childhood Trauma and Romantic Relationship Satisfaction
- Social-Emotional Competence Among Adolescents
- Children Who Face Adversity Have Better Long-Term Health if They Have Enough Positive Childhood Experiences Too

NEWS YOU CAN USE

- How to Talk to Your Teen About Pornography
- How Relationships Shape Your Brain

TOOLS YOU CAN USE

- Lessons From the Lab
- Three Lessons for Bringing Gratitude into Your School
- Guidebook Points Young Adults Toward a Flourishing Life

WEBINAR - January 8, 2025

Sexual Cyberbullying & Healthy Relationships

FUNDING STREAMS

DIBBLE NEWS



Updated! Love Lives are Not Neutral: An Infographic

Need a visual to showcase the power of Relationship Education? Download our new infographic and share it with your network!

See infographic...

THE LATEST



The Relationship Between Childhood Trauma and Romantic Relationship Satisfaction

Studies find that childhood trauma negatively impacts romantic relationship satisfaction in college students, primarily by disrupting healthy attachment styles. Social support can buffer this effect by promoting secure attachment, highlighting the importance of interventions focusing on improving attachment and strengthening social support networks for individuals with a history of trauma.

Read more...

GALLUP[®]

Social-Emotional Competence Among Adolescents

Study found that self-management and social awareness were crucial for emotional well-being in students. While social awareness was linked to increased anxiety, effective self-management and strong relationship skills helped mitigate this. Importantly, emotion regulation, particularly through cognitive reappraisal, played a significant role in how social-emotional competencies influenced test anxiety.

Read more...



Children Who Face Adversity Have Better Long-Term Health If They Have Enough Positive Childhood Experiences Too

Previous studies found having adverse childhood experiences can lead to poor health outcomes later in life. New BYU research finds the antidote is to counter those with enough positive experiences.

Read more...

NEWS YOU CAN USE

The New York Times

How to Talk to Your Teen About Pornography

Odds are your adolescent has already encountered online pornography. Your role is to openly address it, scholars say.

Read more...



How Relationships Shape Your Brain

This episode features an interview with Dr. Allan Schore from the University of California, a leading expert on how early childhood experiences shape our brains and relationships. The discussion explores how early interactions with caregivers impact our emotional regulation, attachment styles, and even our ability to be creative. Dr. Schore explains how understanding the role of the right brain in emotional processing can help us improve our relationships, navigate conflict, and cultivate a deeper sense of self.

Listen now...

TOOLS YOU CAN USE



Guidebook Points Young Adults Toward a Flourishing Life

Like the university course it is based upon, 'The Young Adult Playbook' addresses three core elements of life: work, leisure, and love.

Read more...



Three Lessons for Bringing Gratitude into Your School

Hawaii schools are discovering how gratitude practices help improve school culture and foster a sense of belonging for staff and students.

Read more...



Lessons From the Love Lab

Strong, supportive relationships are key to our mental and even physical health. But what are the keys to a healthy, loving relationship? John Gottman, PhD, and Julie Schwartz Gottman, PhD, talk about why it's so important to pay attention to your partner's "bids for connection," how to have productive rather than destructive fights, whether any couple can learn to communicate better, and why it's a myth that you should never go to bed angry.

Listen now...

WEBINAR



January 8, 2025

Sexual Cyberbullying & Healthy Relationships

Join this webinar to learn about Child Trend's project <u>Activate</u>: a research-to-practice translation center that creates research-based sexual and reproductive health resources for use by professionals who support young people. They focus on youth who are experiencing the child welfare and/or justice systems, homelessness, and/or disconnection from school and work.

The spotlight will be on two Activate research projects focused on healthy relationships and sexual cyberbullying. You will learn the relevant research findings along with two technical assistance tools - Decoding Sexual Cyberbullying (to increase professionals' capacity and comfort discussing sexual cyberbullying) and Crucial Conversations about Healthy Relationships (to increase professionals' capacity to support youth to develop healthy romantic relationships).

You will also be provided with additional resources related to sexual cyberbullying and healthy relationships.

Objectives: Participants will be able to:

- Learn about *Activate's* resources focused on sexual cyberbullying and healthy relationships.
- Learn about *Activate's* research translation process.
- Understand how and when to incorporate *Activate's* resources in your work to support vouth.

Presenter(s):

- Rachel Rosenberg, PhD; Senior Research Scientist- Child Trends
- Samuel Beckwith, PhD; Research Scientist- Child Trends
- Karlee Naylon; Senior Research Analyst- Child Trends

Who should attend: Social workers, counselors, teachers, youth workers, professionals who support young people experiencing the child welfare and/or justice systems, homelessness, and/or disconnection from school and work, federal and state grantees focused on youth, and community-based organizations.

When: Wednesday, January 8th @ 1:00pm Pacific/4:00pm Eastern

Duration: 60 minutes

Cost: Free!

Register Now >

CURRENT FUNDING STREAMS



Company Communities Supported in WA, OR, CA and ID

Application Deadline: None

Banner Bank's community support program, Banner Gives, prioritizes nonprofit organizations that empower youth in Washington, Oregon, California, and Idaho. Key areas of focus for youth programs include academic achievement, civic involvement, financial literacy, and physical and emotional development. While also supporting housing, financial education, and economic development, Banner Gives specifically emphasizes programs that directly benefit young people, such as tutoring, mentoring, after-school programs, and youth leadership initiatives.



<u>Second Chance Act Addressing the Needs of Incarcerated Parents and Their Minor Children</u>

Application Due Date: February 6, 2025

This funding opportunity seeks to support states, units of local government, Tribal communities, and community-based organizations to implement, develop, or expand programs within detention or correctional facilities to respond to the needs of incarcerated parents (juvenile or adult) who have children younger than age 18 to prevent violent crime, reduce recidivism, and provide support for minor children.

FORECASTED FUNDING STREAMS



Transitional Living Program

Estimated Post Date: February 28, 2025 Estimated Application Due Date: May 1, 2025

The Transitional Living Program (TLP) provides shelter and comprehensive supportive services to youth ages 16 through 21 for up to 18 months or, under extenuating circumstances, 21 months. In addition to shelter, TLPs provide comprehensive services that support participating youth's transition to self-sufficiency and stable, independent living. Through the combination of shelter and services, TLP youth are expected to show improvements in four core outcome areas: safe and stable housing, education or employment, permanent connections, and social and emotional well-being.



Relationships, Education, Advancement, and Development for Youth for Life (Ready4Life)

Estimated Post Date: February 28, 2025 Estimate Application Due Date: May 1, 2025

The Relationships, Education, Advancement, and Development for Youth for Life (READY4Life) grants will be targeted exclusively to projects designed to provide healthy marriage and relationship education skills, parenting (for young fathers and mothers as applicable), financial management, job and career advancement, and other activities, to youth that are high-school aged (grades 9-12) or in late adolescence and early adulthood (ages 14 to 24), including parenting and/or pregnant youth.



Family, Relationship, and Marriage Education Works - Adults (FRAMEWorks)

Estimated Post Date: February 28, 2025 Estimate Application Due Date: May 1, 2025

This funding will be targeted exclusively to projects designed for adult individuals or adult couples, defined as persons who are age 18 and older. Applicants will be asked to submit proposals that are designed to implement programs that include a broad array of service provision strategies. These include curriculum-based skills development and services designed to support family strengthening activities through one or more of seven activities specified under the authorizing legislation: marriage and relationship education/skills (MRES); pre-marital education; marriage enhancement; divorce reduction activities; marriage mentoring; public advertising campaigns; and activities to reduce the disincentives to marriage.



Fatherhood - Family-focused, Interconnected, Resilient, and Essential (Fatherhood FIRE)

Estimated Post Date: February 28, 2025 Estimate Application Due Date: May 1, 2025

The Department of Health and Human Services (HHS), Administration for Children and Families (ACF), Office of Family Assistance (OFA) announces its plan to solicit applications for the competitive award of grants that support "activities to promote responsible fatherhood" under each of the three broad categories of promoting or sustaining marriage, responsible parenting, and economic stability activities authorized under Section 403(a)(2) of the Social Security Act. This funding will be targeted exclusively to projects designed for adult fathers, defined as fathers that are age 18 and older.