

# 46 REASONS

## TO CHOOSE

# LOVE NOTES

<div><div><div>46%</div></div><div>More effective at preventing pregnancy!</div></div>	Effective in many settings	Meets 5 of 6 Adult PREP topics
Heart-Based	Developed by Research	Builds Empathy
Great Value	Current Stats, Music, and Videos	Empowering
Motivating	Evidence-Based	Flexible Implementation
"North Star"	Fun!	Ages 14-19
5 Outcomes	Multimedia	Includes both Abstinence and Contraception
Activity Based	Love Chemicals	Inspiring
Soft Skills Training	46%	Robust Relationship Skills
Positive Youth Development	Respectful	Multiple Teaching Modalities
Decide, Don't Slide!	Engaging	Art Activities
Strength Based	Social Media	Workplace Scenarios
Trauma-Informed	Written for All Youth	Cost Effective
Certified Training	Success Planning	Focus on Intimate Relationships
Dating Red Flags	Hands-On	Handles Sensitive Content
Technology and Relationships	Draw the Line of Respect	Let's say it again... 46% less likely to get pregnant!

## What else is in Love Notes?

- ✓ Sex Trafficking Prevention

✓ Technology in Relationships

✓ Relationships in the Digital Age
- ✓ Sexual Assault

✓ Consent

## Speaks to:

- ✓ Young adults

✓ Parenting teens

✓ Rural/Urban youth

✓ Suburban youth

✓ Unhoused youth

✓ Disconnected youth
- ✓ Minority youth

✓ Youth in care

✓ Secondary students

✓ After school programs

✓ Post-secondary Youth

#46 - Did we mention that teens who took Love Notes were 46% less likely to get pregnant or cause a pregnancy?

Check out [Love Notes 4.1](#)