### **LOVE NOTES 4.1 Logic Model for Ready4Life**

# Specific Curriculum Driven Workshop Topics

Lesson 1: Relationships Today

Lesson 2: Knowing Yourself

Lesson 3: **My Expectations—My** 

**Future** 

Lesson 4: Attractions and

**Starting Relationships** 

Lesson 5: **Principles of Smart** 

Relationships

Lesson 6: Is It a Healthy

Relationship?

Lesson 7: **Dangerous Love** 

Lesson 8: Decide, Don't Slide!

Pathways &

**Sequences Towards** 

Success

Lesson 9: Communication and

**Healthy Relationships** 

Lesson 10: Communication

**Challenges and More** 

**Skills** 

Lesson 11: Let's Talk About Sex

Lesson 12: Let's Plan for Choices

Lesson 13: Through the Eyes of a

Child

All lessons: Trusted Adult

**Connection Activities** 

#### **Short Term Outcomes**

- Developing or improving healthy relationship skills, including skills that support healthy marriages in the future.
- Developing or improving interpersonal skills with peers and family members.
- Developing or improving parenting and co-parenting skills.
- Progressing toward greater economic stability for participants with low incomes, including by attaining professional skills and employment.
- Progressing toward job and career advancement, financial planning and management, and budgeting skills.

### **Long Term Participant Outcomes**

- Improving family functioning.
- Increasing self-esteem and wellbeing.
- Increasing economic stability and mobility.
- Reducing recidivism (as appropriate.)



#### **Ultimate Goals**

- Help form, improve, and sustain healthy marriages with a future spouse.
- Develop and maintain healthy dating decision-making, strategies, and relationships.
- Improve communication with peers and adults.
- Aid in successful youth transition to adulthood.

### Relationship Smarts PLUS 5.1 Logic Model for Ready4Life

# Specific Curriculum Driven Workshop Topics

- Lesson 1: Who Am I and Where Am I Going?
- Lesson 2: Maturity Issues and What I Value
- Lesson 3: Attractions and Infatuation
- Lesson 4: **Principles of Smart Relationships**
- Lesson 5: **Is It a Healthy** Relationship?
- Lesson 6: **Breaking Up and Dating Violence**
- Lesson 7: Decide, Don't Slide!
- Lesson 8: Communication and Healthy Relationships
- Lesson 9: Communication
  Challenges and More
  Skills
- Lesson 10: **Sexual Decision- Making**
- Lesson 11: Anatomy,
  Reproduction,
  Pregnancy, STDs and
  HIV
- Lesson 12: Unplanned Pregnancy
  Through the Eyes of a
  Child
- Lesson 13: Teens, Technology and Social Media
- All lessons: Parent Teen
  Connection Activities

#### **Short Term Outcomes**

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### **Long Term Participant Outcomes**

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#### **Ultimate Goals**

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# **Project WITH Logic Model for Ready4Life**

# Specific Curriculum Driven Workshop Topics

- Lesson 1: Two Wolves Love & Relationships Are a Journey
- Lesson 2: Student Poetry: "Being Male" & "Uncertainty" -Maturity
   Starts with Knowing Who You Are
- Lesson 3: The Old Grandfather & His Little Grandson -We Learn About Love & Relationships from Our Families
- Lesson 4: Alone -To Survive in This World, We Need Connection with Others
- Lesson 5: Our Deepest Fear
   Having a Healthy Sense of Who We
   Are Allows Us to Connect with
   Others in Healthy Ways
- Lesson 6: Ancestor -Love & Relationships Are Often Complex
- Lesson 7: Block Party Real Love Means Getting to Know the Other Person, Respecting Them, & Acting for Their Well-Being
- Lesson 8: Eagle -Waiting & Self-Control Can Lead to Committed, Mature Relationships
- Lesson 9A: Jace's & Mia's Stories
   Sexual Relationships Are a Big Deal
- Lesson 10: Through The Eyes of The Heart -Our Character Often Determines Our Destiny
- Lesson 11: A Brother's Silence
- By Considering Past Regret, We Can Strengthen Our Current Relationships
- Lesson 12: I Love You -Deep Commitment Is Required to Establish & Maintain Lasting Relationships

#### **Short Term Outcomes**

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# **Long Term Participant Outcomes**

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#### **Ultimate Goals**

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