

46 REASONS

TO CHOOSE

LOVE NOTES

46% More effective at preventing pregnancy!	Effective in many settings	Meets 5 of 6 Adult PREP topics
Heart-Based	Developed by Research	Builds Empathy
Great Value	Current Stats, Music, and Videos	Empowering
Motivating	Evidence-Based	Flexible Implementation
"North Star"	Fun!	Ages 14-24
5 Outcomes	Multimedia	Includes both Abstinence and Contraception
Activity Based	Love Chemicals	Inspiring
Soft Skills Training	46%	Participant materials available in Spanish*
Positive Youth Development	Respectful	Multiple Teaching Modalities
Decide, Don't Slide!	Engaging	Art Activities
Strength Based	Social Media	Workplace Scenarios
Robust Relationship Skills	Written for All Youth	Cost Effective
Certified Training	Success Planning	Focus on Intimate Relationships
Dating Red Flags	Hands-On	Handles Sensitive Content
Technology and Relationships	Draw the Line of Respect	Let's say it again... 46% less likely to get pregnant!

*if you are interested in participant materials in Spanish, please contact us!

What else is in Love Notes?

- ✓ Sex Trafficking Prevention

✓ Technology in Relationships

✓ Relationships in the Digital Age
- ✓ Sexual Assault

✓ Consent

Speaks to:

- ✓ Young adults

✓ Parenting teens

✓ Rural/Urban youth

✓ Suburban youth

✓ Unhoused youth
- ✓ Disconnected youth

✓ Youth in care

✓ Secondary students

✓ After school programs

✓ Post-secondary Youth

#46 - Did we mention that teens who took Love Notes were 46% less likely to get pregnant or cause a pregnancy?

Check out Love Notes 4.1