

...shouldn't leave you broke or broken

There are no "rules" about money in relationships, but this info can help you see warning signs that something isn't right and that can help you avoid bigger problems later! Check the box if you've heard your boyfriend or girlfriend say these statements.



 1. You have a job (or you have more money than me), so you should pay.



□ 2. I paid for you, so you owe me.



☐ 3. Let's split this, or, I forgot my money. I'll pay you back. (But they don't.)



□ 4. You don't deserve nice things.



 5. You should quit working so that we can hang out more.



 6. If you don't have anything to hide, why wouldn't you share your passwords, PIN & other codes?



□ 7. If you loved me, you'd buy me things.



□ 8. Just ask your parents/family for money.



 9. Don't buy those clothes. I don't want anybody looking at you.



□ 10. Get a job - we need more money.



□ 11. If you really love me, you'd co-sign on my car/apartment/house.



□ 12. Don't buy anything without asking first.

If you answered "yes" to any of the statements, it could be a sign of financial control—and that's not okay. Real love doesn't come with strings attached. In healthy relationships, couples respect each other and respect boundaries. Just because someone says they love you, it doesn't mean they have the right to control you, your money, time or choices.

MORE SIGNS SOMETHING ISN'T RIGHT... (Do any of these feel familiar?)

You've felt pressured to buy things even when you don't want to or can't afford to.

You've lied to family or friends about how you got money or used your money.

You're afraid to say "no" when asked to do something you don't want to do.

WHAT YOU CAN DO TO STAY SAFE AND SOUND



Trust your gut. If something feels wrong, it probably is.





Talk to a safe adult.
Someone you trust who can offer support and suggestions.





Do not share codes, pins, social security numbers and passwords. Change passwords.





Ask a banker how to safely separate joint accounts and credit cards.





Have a safety/exit plan before ending a relationship if there have been threats.



GET HELP: Call S.A.F.E.

24/7 Confidential Crisis Line

406-363-4600

LOVE IS RESPECT-National Program for teens and young adults for dating & relationships. Chat: loveisrespect.org Call: 1-866-331-9474

Text: LOVEIS to 22522WHAT



A collaborative project of
Safe and Sound (safeandsoundsinfo.org) and
S.A.F.E. (Supporters of Abuse Free
Environments) in the Bitterroot

