

LOVE NOTES CSE Logic Model for Teen Pregnancy Prevention

Specific Interventions and Activities

Love Notes 4.1 CSE
Lesson Content:

- Lesson 1: **Relationships Today**
Lesson 2: **Knowing Yourself**
Lesson 3: **My Expectations—My Future**
Lesson 4: **Attractions and Starting Relationships**
Lesson 5: **Principles of Smart Relationships**
Lesson 6: **Is It a Healthy Relationship?**
Lesson 7: **Dangerous Love**
Lesson 8: **Decide, Don't Slide! Pathways & Sequences Towards Success**
Lesson 9: **Communication and Healthy Relationships**
Lesson 10: **Communication Challenges and More Skills**
Lesson 11: **Let's Talk About Sex**
Lesson 12: **Let's Plan for Choices**
Lesson 13: **Through the Eyes of a Child**
All lessons: **Trusted Adult Connection Activities**

Individual Determinants Shorter Term

- A. Increased knowledge regarding sexual and reproductive health issues including physical, social, and emotional perspectives.
B. Engagement in personal sexual values clarification.
C. Increased agency in intimate relationship skills to negotiate sexual activity along with condom and contraception use.
D. Increased self-regulation and motivation to avoid pregnancy and support healthy behaviors.
E. Increased interpersonal communication knowledge and skills.
F. Increased positive connections and communication between parents/trusted adults and youth about relationships and sex.
G. Focus on serious, longer-term relationships, employment and family.

Behavior Changes Longer Term

- Program recipients are more likely to:
1. Avoid pregnancy and STIs
 2. Avoid behavioral & other risk factors underlying teen pregnancy
 3. Demonstrate increased agency
 4. Use condoms and contraception
 5. Have fewer sexual partners
 6. Decrease sexual activity

Ultimate Goals

- Improve sexual and reproductive health outcomes
- Promote positive youth development
- Improve outcomes related to unintended teen pregnancy and STIs among adolescents, their families, and communities
- Increase adults who respect the developing agency of adolescents