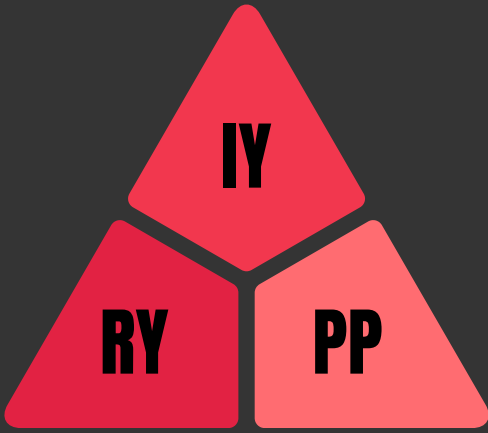
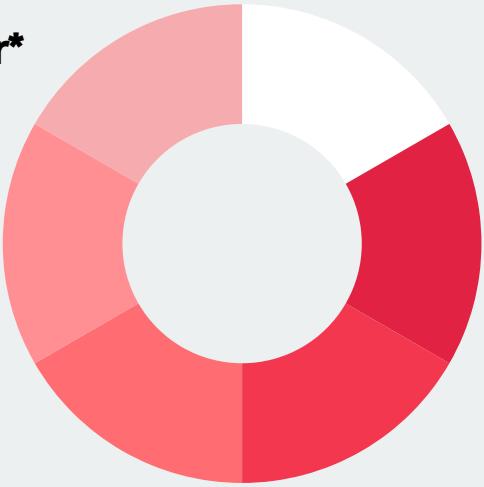




6 out of 7 Outcomes

- ↓ 46% less likely to experience a pregnancy at 1 year*
- ↓ Fewer sexual partners
- ↓ Less Likely to be currently sexually active
- ↓ Decreased frequency of sexual activity
- ↑ Increased contraceptive use and consistency
- ↑ More likely to remain abstinent and not initiate sex



Sexual Health Education Program for:

- Runaway Youth
- Incarcerated Youth
- Pregnant & Parenting Youth

Settings

- Community Based
- Schools
- Specialized Settings
- After School Programs



Populations

- All Races and Ethnicities
- Male and Female
- Youth to Young Adults



Details



13 Sessions
60 Minutes ea.
Implementation
Approach Varies



Training Available for

- Teachers
- Facilitators



Parent Engagement
Trusted Adult Connection
Activities in Each Lesson!



In-Person and
Virtual Lessons



Ages 14-24
Adaptation available
for ages 10-13



English and
Spanish

*Barbee, A. P., Cunningham, M. R., Antle, B. F., Langley, C. N. (2022).
Impact of a relationship-based intervention, Love Notes, on teen pregnancy prevention. Family Relations, 1-20.