



October 2025

## DIBBLE NEWS

- [Love Notes: A Quasi-Experimental Comparison of Formats and a 3-Month Follow-up](#)

## THE LATEST

- [Support-Seeking About Social Relationships Associated w/ Friendship Quality and More](#)
- [More than a Third of Young People Say Loneliness Disrupts Daily Life](#)
- [Government Shutdown: What Should Non-Profits Do?](#)

## NEWS YOU CAN USE

- [Parents' Relationship and Their Children's Friendships in Adolescence](#)
- [What Do Young People Really Want to Know About Money?](#)
- [What Does an Emotionally Regulated Adult Look Like?](#)

## TOOLS YOU CAN USE

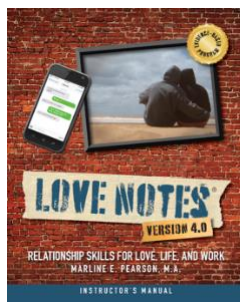
- [Adulting 101- Navigating Life: Addressing and Handling Peer Pressure](#)
- [How Relationships Help Us Grow and Learn](#)
- [National Webinar: What Nonprofits Need to Know About the Current Federal Grant Landscape](#)

WEBINAR - October 8, 2025

**Unpacking the Dibble Treasure Chest!**

## FUNDING STREAMS

## DIBBLE NEWS



### Love Notes: A Quasi-Experimental Comparison of Formats and a 3-Month Follow-up

The focus of this research was to examine the impact of [Love Notes](#) in a variety of settings among youth with elevated risk and compare an adaptation of Love Notes that compressed 13 lessons into a nine-lesson format.

[Read more...](#)

## THE LATEST

The logo for the Journal of Social and Personal Relationships is a black square with the journal's title in white serif font, stacked in four lines: "Journal", "of Social", "and Personal", and "Relationships".

Journal  
of Social  
and Personal  
Relationships

### Support-Seeking About Social Relationships with Friendship Quality and More

New study reveals how the topics adolescents discuss with close friends for social support shift from social issues to future plans as they get older, with girls more likely to seek support on socially-oriented topics.

[Read more...](#)



### More than a Third of Young People Say Loneliness Disrupts Daily Life

Loneliness is draining U.S. youths' mental health, with 61% saying it takes at least somewhat of a toll and 35% reporting it disrupts their daily life, according to Hopelab and Data for Progress survey results shared exclusively with Axios.

[Read more...](#)



### Government Shutdown: What Should Non-Profits Do?

A government shutdown threatens to severely disrupt the essential services provided by nonprofits by freezing payments and increasing community demand, making it critical for organizations to assess their financial resilience, diversify funding, and advocate now.

[Read more...](#)

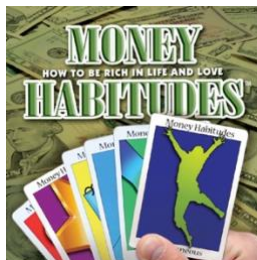
## NEWS YOU CAN USE



### Parents' Relationship and Their Children's Friendships in Adolescence

A study from the Australian Institute of Family Studies found that children of parents who are happy in their relationship and have low levels of conflict tend to have better friendships characterized by more trust and communication.

[Read more...](#)



### What Do Young People Really Want to Know About Money?

Financial education isn't about teaching one right way to manage money. Too often, students are taught rules without being given a chance to practice those lessons in a real-world context.

[Listen to the full interview with Navid...](#)

(ED Note: We carry the [Money Habitudes](#) program! Request a [30-day review copy](#).)



## What Does an Emotionally Regulated Adult Look Like?

According to Marc Brackett, founding director of the Yale Center for Emotional Intelligence and author of the new book *Dealing with Feeling*, emotions are around whether we like them to be or not—and our skill in dealing with them (and helping young people deal with them) will influence how much success and well-being we and they can attain.

[Read more...](#)

## TOOLS YOU CAN USE



## Adulting 101- Navigating Life: Addressing and Handling Peer Pressure

Are our young adults truly ready for the real world? Beyond high school graduation and college acceptance letters, many teens lack the essential skills to thrive on their own. Things like managing their money, taking care of their health, and finding a career aren't covered in a textbook. Listen in to learn how you can equip young people with the practical, real-life skills they need to successfully transition to independent living.

[Listen now...](#)



## How Relationships Help Us Grow and Learn

A new book from Isabelle Hau, executive director of the Stanford Accelerator for Learning, explores the science behind why relationships are key to learning and development, from the early years through adulthood. In *Love to Learn: The Transformative Power of Care and Connection in Early Education*, Hau explains why relationships are in crisis in our individualistic, technology-infused society, and what can be done about it.

[Read more...](#)



## National Webinar: What Nonprofits Need to Know About the Current Federal Grant Landscape

Many nonprofits are struggling to understand how to best navigate recent changes to federal grants. New executive orders, agency memoranda, and grant agreements have caused confusion and concern from nonprofits that regularly partner with the federal government to provide essential services in their communities.

[Register now...](#)

## WEBINAR



*October 8, 2025*

**Unpacking The Dibble Treasure Chest!**

You may think you know The Dibble Institute....but do you really?

Did you know:

- We offer hundreds of free resources on our website?
- We are constantly updating our materials with the latest research?
- Our training clients regularly give us an A+ for our engaging and effective facilitation techniques?
- Annually we help hundreds of organizations apply for and win grants to provide relationship education?

Join us at this special webinar to unpack the Dibble treasure chest and give you some insights into what's coming!

**Objectives:** Participants will be able to:

1. Effectively use Dibble's free resources
2. Review our new programs
3. Explain Dibble's training approach
4. Learn three key facilitation skills
5. Identify sources for future funding

**Presenter:**

- Rachel Savasuk-Luxton, Director of Training and Research
- Aaron Larson, Director of Programs
- Jo Anne Eason, National Outreach Coordinator
- Caleb Cook, Senior Trainer

**Who should attend:**

Those who currently use or are interested in using Dibble materials, grant seekers, community organizations, youth agencies, corrections and child welfare systems professionals, Extension specialists and agents, teen pregnancy prevention, sexual risk avoidance, healthy relationship grantees, FCS educators, and anyone looking for innovative interventions to improve outcomes for young people.

**When:** October 8 @ 1:00pm Pacific/4:00pm Eastern

**Duration:** 60 minutes

**Cost:** Free!

[\*\*Register Now >\*\*](#)

## CURRENT FUNDING STREAMS



**3Rivers Foundation Supports Community Well-Being (Specific counties in IN and OH)**

**Application Due Date: October 15, 2025**

Believe in Me is dedicated to **empowering children by helping them build the confidence needed to thrive**. Its Youth Empowerment Grants Program funds initiatives across the **Pacific Northwest (north Idaho, Oregon, Washington, and**

nearby communities) that align with five key pillars: **basic needs, love and belonging, community support, education, and enrichment**. Special priority is given to programs that serve marginalized youth facing challenges related to race, economics, family dynamics, **health, identity, culture, trauma**, or language barriers.



**Mentoring for Youth Affected by Opioid and Other Substance Use**

**Application Due Date: October 23, 2025**

This NOFO will enhance and expand **mentoring services for children and youth** affected by opioids and other substance use, as well as their families. Mentoring services may include **one on-one, group, or peer mentoring—or a combination of these approaches**. In addition to mentoring services, this NOFO may support supplemental activities that are consistent with the proposed mentoring model and have a clear connection to the mentoring program. Up to 20 percent of the total funds may be allocated for other non-mentoring direct services, such as mental health treatment, substance use treatment, or other supportive services identified and aligned with the project design.



**Reducing Recidivism for Female Juvenile Delinquents**

**Application Due Date: October 27, 2025**

This funding opportunity will support the **development, enhancement, or expansion of intervention programs** for female juvenile delinquents.



**Community and Schools Youth Drug Prevention Program | Office of Juvenile Justice and Delinquency Prevention**

**Application Due Date: October 27, 2025**

This funding opportunity **supports the delivery of substance use prevention programs for youth in schools and extracurricular settings** in coordination with local law enforcement and **community coalitions**.



**Empowering Youth Through Five Pillars (ID, OR and WA)**

**Application Due Date: October 31, 2025**

Believe in Me is dedicated to **empowering children by helping them build the confidence needed to thrive**. Its Youth Empowerment Grants Program funds initiatives across the **Pacific Northwest (north Idaho, Oregon, Washington, and nearby communities)** that align with five key pillars: **basic needs, love and belonging, community support, education, and enrichment**. Special priority is given to programs that serve marginalized youth facing challenges related to race, economics, family dynamics, **health, identity, culture, trauma**, or language barriers.



**Student, Teachers, and Officers Preventing (STOP) School Violence Program**

**Application Due Date; November 3, 2025**

This NOFO **supports programs designed to prevent and reduce school violence** by implementing training, developing school threat assessment teams and/or intervention teams to identify violence risks, introducing technologies like anonymous reporting tools, or applying other school safety strategies that assist in preventing violence. **The goal is to equip K–12 students, teachers, and staff with tools to recognize, respond to, and prevent acts of violence.**



**Strengthening Diverse Communities**

**Application Due Date: December 31, 2025**



The GEICO Philanthropic Foundation provides grants to **nonprofit organizations nationwide that deliver programs to support and uplift diverse communities**. Its funding priorities include expanding access to education, particularly in STEM, early childhood learning, and safety. The Foundation also invests in community engagement efforts that address issues such as **financial literacy**, food insecurity, environmental conservation, animal welfare, and **health and wellness**. In addition, it supports organizations advancing equity, justice, diversity, and inclusion to create fairer opportunities for all.

## FORECASTED FUNDING STREAMS



### Research Grants for Preventing Violence

**Estimated Post Date: September 30, 2025**

**Estimated Due Date: December 1, 2025**

This initiative is intended to support effectiveness research to evaluate innovative programs, practices, or policies to **address risk for interpersonal violence and suicide among groups experiencing a high burden of these issues**. Innovative approaches are those that have not been rigorously evaluated for effectiveness in reducing interpersonal violence or suicide. Analyses examining how the approach affects different populations that are most impacted by these issues are a priority. Funds are available to conduct studies **focused on preventing interpersonal violence or suicide involving youth or young adults** (ages 10–24 years), including child abuse and neglect, **intimate partner violence**, **sexual violence**, **suicide**, and **youth violence**.

**(ED Note: If you apply for this funding and include a Dibble program, we would be happy to contribute training and materials for the evaluation)**



### New Investigators in Conducting Research Related to Preventing Interpersonal Violence Impacting Children and Youth

**Estimated Post Date: September 30, 2025**

**Estimated Due Date: December 1, 2025**

The goal is to support scientists in becoming independent researchers. Applicants must propose a research project that **focuses on at least one of the following NCIPC research priorities related to interpersonal violence and suicide affecting children and youth** (birth to age 17). Applicants are encouraged to explore **multiple forms of interpersonal violence and/or suicide among children or youth, community factors that increase the risk of interpersonal violence and/or suicide, and the practical relevance of the research for prevention and intervention efforts.**

**(ED Note: If you apply for this funding and include a Dibble program, we would be happy to contribute training and materials for the evaluation)**



**Mind and Body Interventions to Restore Whole Person Health via Emotional Well-Being Mechanisms**

**Estimated Post Date: October 14, 2025**

**Estimated Due Date: December 15, 2025**

The National Center for Complementary and Integrative Health (NCCIH) intends to promote a new initiative by publishing a Notice of Funding Opportunity (NOFO) to solicit applications for research on how mind and body interventions (e.g., mindfulness meditation, yoga, acupuncture, massage, and other brain and/or body based interventions) **improve whole person health (WPH) via emotional well-being (EWB)**, consistent with the NIH priority to address the health needs of the American people and improve their well-being.



**Interrupting the Cycle of Violence Against Women Through Targeted Approaches: The We Care Initiative**  
**Department of Health and Human Services**

**Estimated Post Date: January 27, 2026**

**Estimated Due Date: April 27, 2026**

This initiative will solicit applications to support research employing a range of research designs and methods to expand the evidence base on approaches that address the context of people's lives and living conditions to **prevent, treat, and eliminate violence against women (VAW) to improve health outcomes** for all.