

PREP Topics	Love Notes	Relationship Smarts PLUS
<p><i>Listed below is a description of how and where Love Notes and Relationship Smarts PLUS addresses five (5) of the six topics required in the PREP funding. Topics overlap in some lessons.</i></p>		
<p>Healthy Relationships <i>Positive Self-Esteem Relationship Dynamics Friendships Dating Romantic Involvement Marriage Family Interactions</i></p>	<ul style="list-style-type: none"> • Lesson 1: Relationships Today • Lesson 2: Knowing Yourself • Lesson 3: My Expectations – My Future • Lesson 4: Attractions and Starting Relationships • Lesson 5: Principles of Smart Relationships • Lesson 6: Is it a Healthy Relationship? • Lesson 7: Dangerous Love • Lesson 8: Decide, Don't Slide • Lesson 13: Through the Eyes of a Child 	<ul style="list-style-type: none"> • Lesson 1: Who Am I and Where Am I Going? • Lesson 2: Maturity and What I Value • Lesson 3: Attractions and Starting Relationships • Lesson 4: Principles of Smart Relationships • Lesson 5: Is it a Healthy Relationship? • Lesson 6: Breaking Up and Dating Violence • Lesson 7: Decide, Don't Slide! Pathways to Success • Lesson 10: Sexual Decision-Making • Lesson 12: Unintended Pregnancy Through the Eyes of a Child
<p>Adolescent Development <i>Knowledge and Healthy attitudes & values about adolescent growth, development</i></p>	<ul style="list-style-type: none"> • Lesson 2: Knowing Yourself • Lesson 13: Through the Eyes of a Child 	<ul style="list-style-type: none"> • Lesson 1: Who Am I and Where AM I Going? • Lesson 2: Maturity and What I Value • Lesson 12: Unintended Pregnancy Through the Eyes of a Child
<p>Parent-Child Communication</p>	<p>Each and every lesson of Love Notes has a Trusted Adult-Teen Connection activity to engage discussion with caring adults. These innovative connection activities provide information and talking points for parents or caring adults on each of the topics while also inviting them to add their own wisdom so that conversations and support on these very important topics continue.</p>	<p>Each and every lesson of Relationship Smarts PLUS has a Trusted Adult-Teen Connection activity to engage discussion with caring adults. These innovative connection activities provide information and talking points for parents or caring adults on each of the topics while also inviting them to add their own wisdom so that conversations and support on these very important topics continue.</p>

PREP Topics	Love Notes	Relationship Smarts PLUS
Educational and Career Success	<ul style="list-style-type: none"> • Lesson 3: My Expectations – My Future • Lesson 8: Decide, Don't Slide! Pathways to Success • Lesson 9: Communication and Healthy Relationships • Lesson 10: Communication Challenges and More Skills 	<ul style="list-style-type: none"> • Lesson 1: Who Am I and Where AM I Going? • Lesson 2: Maturity and What I Value • Lesson 7: Decide, Don't Slide! Pathways to Success • Lesson 8: Communication and Healthy Relationships • Lesson 9: Communication Challenges and More Skills
Healthy Life Skills <i>Goal Setting & Decision-making</i> <i>Communication, Negotiation, Interpersonal Skills</i> <i>Stress management</i>	<ul style="list-style-type: none"> • Lesson 1: Relationships Today • Lesson 2: Knowing Yourself • Lesson 3: My Expectations – My Future • Lesson 8: Decide, Don't Slide! Pathways and Sequences Towards Success • Lesson 9: Communication and Healthy Relationships • Lesson 10: Communication Challenges and More Skills • Lesson 11: Let's Talk About Sex • Lesson 12: Let's Plan for Choices • Lesson 13: Through the Eyes of a Child 	<ul style="list-style-type: none"> • Lesson 1: Who Am I and Where Am I Going? • Lesson 2: Maturity and What I Value • Lesson 7: Decide, Don't Slide! Pathways to Success • Lesson 8: Communication and Healthy Relationships • Lesson 9: Communication Challenges and More Skills • Lesson 10: Sexual Decision-Making • Lesson 11: Pregnancy, STIs, and HIV • Lesson 13: Teens, Technology, and Social Media